
WHITNEY DOUGLAS

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Summary

Competent and caring Nursing professional offering 7 plus years coordinating and carrying out patient care in high-volume emergency room environments. Offering excellent clinical knowledge and judgment combined with strong documentation, vitals monitoring and problem-solving abilities. Demonstrated ability to perform with speed and accuracy to assess patients, deliver treatments and delegate tasks. Proven history of advocating for patient needs and fostering top-quality care. Collaborative and motivational leader with expertise in training new nursing staff while providing top-notch service to Diverse patient populations. As well as 1 year in leadership serving as a compassionate Director of Nursing dedicated to maintaining highest standards of nursing practices and policies. Excellent leader, mentor and recruiter, supporting staff and local community. Demonstrates strong working knowledge of regulatory compliance along with proven results in managerial role.

Skills

- Clinical leadership and supervision
 - Triaging patient concerns
 - Staff Development and Precepting
 - IV Insertion and maintenance
 - Problem resolution
 - Planning and coordination
 - Ultra Sound IV
 - Cerner
 - Resource allocation
 - Trauma Nurse
 - Conflict resolution
 - Innovation
 - Multidisciplinary team collaboration
 - Schedule management
 - Staff supervision
 - Organization
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Experience

RN Staff Nurse/Emergency Room Registered Nurse **05/2021 to Current**
Aureus Medical Staffing

- Maintained open and clear communication with physicians to coordinate effective patient care.
- Triage and treated high-volume caseload in busy emergency room setting.
- Stabilized patients, determined health needs and provided direct patient care.
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Upheld patient safety standards by preventing unauthorized access or incorrect dosage administration.

Director of Nursing **06/2020 to 05/2021**
Sikeston Health **Warrensburg/Boonville, MO**

- Coordinated medical and health services in compliance with government regulations and policies set by board of trustees.
- Oversaw new nursing employee orientation process, including explanation of personnel policies and individual duties.
- Implemented changes needed to correct deficiencies found during government inspections.
- Reviewed incident reports for accuracy and proper notification to family, physicians and other agencies as required by regulations.
- Assessed competency of clinical staff to promote quality, continuity and safety.
- Administered executive supervision, exercising independent judgment to select proper course of action in policies and procedures.
- Drove process, efficiency and quality improvements.
- Budgeted, managed and scheduled staff of 45, fostering environment supportive of both staff and

patients.

- Directed daily operations at facility.

Emergency Room Charge Nurse

12/2014 to 07/2020

University Hospital of Missouri

Columbia, MO

- Maintained comprehensive patient care plans and monitored staffs' implementation of physician's orders.
- Identified areas in need of clinical improvement and implemented process changes to accommodate.
- Monitored delivery of patient care for entire unit, including implementation of care plans.
- Completed clinical tasks while adhering to defined policies and procedures.
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Imparted medical, operational and patient care knowledge to junior nurses to maximize performance and quality of team operations.
- Treated patients by administering various types of medications and therapies.
- Collaborated with physicians and nursing staff to deliver quality care.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Built and maintained excellent rapport with patients and loved ones.
- Delivered high-quality and compassionate treatment to all patients.
- Prioritized care based on clinician orders and current patient symptoms to optimize resource utilization.
- Collected lab specimens, ordering and interpreting diagnostic tests and lab results.
- Addressed unit staff concerns, including staffing ratios, resource management, allocation of responsibilities and optimized workload management.
- Boosted patient outcomes by prioritizing nursing tasks and assignments and accurately reporting on each patient's status.
- Trained new RN hires and ancillary staff members to meet patient service goals, champion standards of care and improve patient overall satisfaction.
- Facilitated patient flow during emergency situations, directing evacuations, admissions and transfers.

Emergency Room Nurse

01/2019 to 09/2020

Fitzgibbon Hospital

Marshall, MO

- Assisted licensed physicians in treating or evaluating patients as required to support treatment logistics and document cases in real time.
- Managed complete processing of patients, including initial admission, preliminary diagnosis, treatment, documentation and discharging.
- Followed standard procedures for collecting personal information, contacting relatives and transferring patients better accommodated at outside facilities.
- Triage incoming patients and communicated with doctors to encourage timely attention to urgent situations.
- Instructed patients and caregivers or friends on proper care of injuries after treatment, educating on proper medication use, dressing changes and signs of complications.
- Proposed interpretations of symptoms, suggested interventions and target outcomes in advance of physician consultation with patients.
- Cared for patients of all ages, giving special attention to newborn and geriatric patients with age-specific needs and risks.
- Answered patient questions and provided take-home materials for further information.
- Conducted patient assessments and diagnostic tests to provide physician with important patient health information.
- Delivered quality care and comfort to patients with heart failure, pulmonary hypertension, pulmonary embolisms and end-stage renal disease.
- Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions.
- Assessed patient conditions, monitored behaviors and updated supervising physicians with observations and concerns.

- Administered scheduled medications and therapies intravenously, rectally, orally, subcutaneously and via intramuscular injections while overseeing pain management plans.
- Observed strict safety measures, including checking medication dosages before administration to patients.

Staff Registered Nurse

09/2015 to 12/2018

Western Missouri Medical Center

Warrensburg, MO

- Communicated with primary care physicians or emergency care providers to relay patient needs.
- Evaluated and adjusted life support equipment, tubing and peripheral devices providing critical assistance to fragile patients.
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries.
- Executed appropriate steps for patient treatment following careful review of physician medical regimen.
- Administered oral, IV and intra-muscular medications and monitored patient reactions.
- Administered scheduled medications and therapies intravenously, rectally, orally, subcutaneously and via intramuscular injections while overseeing pain management plans.
- Inserted and managed central, arterial and PICC lines.
- Observed strict safety measures, including checking medication dosages before administration to patients.
- Coordinated with healthcare team to establish, enact and evaluate patient care plans.

LPN

07/2012 to 08/2015

I-70 Medical Center

Sweet Springs, MO

- Observed, charted and reported developments in patient health condition in 12-bed hospital.
- Educated clients, patients and caregivers on medical diagnoses, treatment options, chronic disease self-management and wound management.
- Triage patients by phone and provided general assistance for basic and advanced needs.
- Cleaned and sanitized rooms and equipment using aseptic technique to prevent infection and cross-contamination.
- Researched and studied client diagnoses to identify care needs, effectively contributed to nursing plan developments and facilitated patient education.
- Documented patient intake information, including medical histories, current symptoms and vitals such as height and weight.
- Examined and addressed lacerations, contusions and other physical symptoms in need of further attention.
- Managed wound care, gave respiratory treatments and helped with non-invasive procedures.
- Responded to patient alarms and needs-assessment requests to identify course of treatment.
- Promoted patient satisfaction by assisting with daily living needs such as bathing, dressing, toileting and exercising.
- Worked with healthcare team, including social workers, physical therapists and speech therapists, to assess patient needs, plan and adjust plans of care and actualize nursing interventions to promote and restore patient health.
- Communicated concerns regarding clients' status, care and environment to nursing supervisors, clinical care supervisors and case managers.
- Guaranteed exceptional care quality by correctly administering medication, inserting and caring for catheters, dressing and changing wounds and assisting with personal hygiene.
- Counseled clients, patients and families and provided emotional and psychosocial support.
- Answered patient and family questions to educate on optimal treatment procedures.
- Collected and documented vital signs to track current patient conditions.
- Monitored patient's respiration activity, blood pressure and blood glucose levels in response to medical administration.

Licensed Practical Nurse

08/2010 to 05/2012

Warsaw Health and Rehabilitation

Warsaw, MO

- Researched and studied client diagnoses to identify care needs, effectively contributed to nursing plan developments and facilitated patient education.
- Documented patient intake information, including medical histories, current symptoms and vitals such as height and weight.
- Examined and addressed lacerations, contusions and other physical symptoms in need of further attention.
- Documented patient intake and dietary requirements and assisted with feeding.
- Managed wound care, gave respiratory treatments and helped with non-invasive procedures.
- Responded to patient alarms and needs-assessment requests to identify course of treatment.
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Education and Training

Bachelor of Science: Nursing

UCM

08/2021

Warrensburg, MO

Associate of Arts: Nursing

Lincoln University

12/2014

Jefferson City, MO

LPN

BTEC

07/2009

Boonville, MO

Accomplishments

2018 UMH Role Model of the Emergency Department Award

2019 UMH Role Model of the Emergency Department Award

2020 UMH Great Catch Award involving pt safety and outcome

Certifications

- BLS
- ACLS
- ENPC
- TNCC
- CEN
- PALS