Anjel Ridgel

Experience, Professional Care giver

St. Louis, MO 63115 ridgel.anjel@gmail.com - 3145373978

Experience in the areas of Independent living, Skill Nursing, Memory Care for Alzheimer's Disease and Dementia, also short term rehab, acute care and hospice

Willing to relocate: Anywhere

Authorized to work in the US for any employer

WORK EXPERIENCE

CNA - Certified Nursing Assistant

Ascension Health - St. Louis, MO - 2016-05 - Present

I'm responsible for Memory, Alzheimer, Dementia Unit. I will assist resident with daily activities of life. Complete stop and Watch with any residents changes. Daily Vitals signs/weights. Attend dining meals in the dining room. Use Gait belts with all transfers.

Care Partner

Sara Community - Bridgeton, MO - 2015-04 - 2016-03

Providing personal care to residents. Showering. Using Conversion Chart, to ensure the right measurement of fluids. Notify nurses if there are any abnormal changes in the residents

Oncology Patient Care Tech

Barnes Jewish Hospital - St. Louis, MO - 2012-12 - 2015-03

Oncology Unit PCT

Displayed strong clinical skills in assessing vital signs, performing lab draws, and glucose checks, and providing pre and post operative care.

Ensured the accurate, timely flow of information by maintaining through patients records and updating healthcare team on patient's status.

Select Specialty Hospital St. Charles Mo

8/2012-11/2013

CNA

Acute Care Setting. Preserve patient's dignity and minimize discomfort while carrying out duties such as bed pan changes, diapering, emptying drainage bags and bathing. Commended for chart accuracy, effective team collaboration, patients relations and consistent delivery of empathetic care. Collect and test specimens.

Abbey Care Center Saint Louis Mo

7/2011-8/2012

CNA

Provided nursing assistance to residents in a 120 bed long term care facility. Assisted residents with activities of daily living including bathing, dressing, and grooming.

EDUCATION

Daruby School

2011

Diploma

Sumner High School 2005

CERTIFICATIONS/LICENSES

CPR FIRST AID

2017-03 - 2019-03

CNA Certification

2011-09 - Present