

TAMMY SMITH  
7922 51st Ave Court West Lakewood, WA. 98499  
(253) 312-3890 [tammyjsmith@aol.com](mailto:tammyjsmith@aol.com)

**OBJECTIVE:** Registered Nurse, fully vaccinated and boosted, passionate about diversity, equity and inclusiveness, seeking a position in PRE-OP and/or PACU where I am able to use my skills and strengths while being part of a dynamic team.

**Skills and Strengths:**

- \*Energetic, compassionate, devoted to respectful patient care and patient safety
- \*Exceptional organizational, planning and time management skills
- \*Strong analytical and critical thinking skills; uses sound judgement in stressful situations
- \*Strong professional, verbal, written and interpersonal communication skills
- \*Trained in Trauma Informed Care

**Experience and Responsibilities**

- \*10+ years experience in CRITICAL CARE to include PACU, EMERGENCY AND CARDIAC CARE**
- \*Monitoring Vital Signs to include heart rhythm, blood pressure, pulse, temperature, oxygenation & pain
- \*Identifying and managing care for post-op and anesthetic complications such as aspiration, respiratory challenges, hyper/ hypotension, hyper/hypo glycemia, urinary retention, anxiety, pain and nausea;
- \*Cardiac monitoring and understanding of cardiac rhythms and arrhythmia; ACLS certified
- \*Working collaboratively with physicians, surgeons, anesthesiologists, internal medicine, respiratory therapists, imaging, lab & social work to discuss and identify patients needs and take appropriate action
- \*Providing emotional support and encouragement for patients and their families
- \*Assisting physicians with exams, procedures and treatments; wound care and NG tube experience
- \*Starting and maintaining IVs, accessing ports and lab draws; administering blood products
- \*Safely administering IV, IM and PO medications/ vaccines; monitoring for effectiveness/ adverse effects
- \*Completing head to toe assessments, obtaining medical histories, documenting allergies & medications
- \*Assessing, planning and implementing appropriate care, then evaluating results
- \*Assessing patient's knowledge of their diagnosis and providing appropriate discharge teaching, including wound care, medication administration, diet, follow up care & possible complications
- \*Completing computerized and paper documentation relating to admission, care and discharge
- \*Training resident and student nurses as well as job shadowing high school students
- \*Delegating appropriate tasks as appropriate; lead and charge nurse responsibilities as needed
- \*Acting with kindness, compassion and integrity & respecting all cultures, backgrounds & faiths

**EDUCATION:**

- \*Pierce College, Puyallup, WA Associates Degree, Registered Nurse 2006
- \*Clover Park Technical College, Lakewood, WA LPN Program, 2003
- \*University of Puget Sound, Tacoma, WA Bachelor of Arts, Business Administration 1993

**PROFESSIONAL EXPERIENCE:**

- |   |   |
|---|---|
| Skilled Nursing, Hospital to Home         | <b>SNAPNURSE travel nursing Oct 2021-March 2022</b> |
| Office of Forensic Mental Health Services | <b>BHA State of Washington-2019-Nov 2021</b>        |
| PRE-OP and Post Anesthesia Care Unit:     | <b>Allenmore Hospital April 2013-Aug 2018</b>       |
| Cardiac Care Unit                         | <b>Good Samaritan Hospital April 2011- 2013</b>     |
| Emergency Department:                     | <b>St Clare Hospital Feb 2007-Jan 2011</b>          |

**LICENSE/ CERTIFICATIONS:**

Washington State Nursing License: RN00169188      current : BLS, ACLS, PALS

**REFERENCES:** Greg Burrows 253-230-3484 (cell)  
Andrea Maria Dawa  
Chris Mitchell

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