
TRACY MARS

ROCK ISLAND, IL 61201

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PROFESSIONAL SUMMARY

Caring Registered Nurse with dedicated service in various types of long-term, Med-Surgical, Telemetry. Provide individualized care plans and helps patients meet goals by delivering direct and effective patient care. Committed to increasing patient satisfaction. Proven to remain calm under pressure and skillfully handle difficult patients and high-stress situations. Consistently developing strong relationships with patients and families through empathetic communication, respectful attitude and excellent customer service.

SKILLS

- Procedure Assistance
- Preventive Healthcare
- Monitoring Vital Signs
- Medication Administration
- Creative Problem Solving
- Accurate Documentation
- Critical Thinking
- Patient Condition Monitoring

WORK HISTORY

GENESIS MEDICAL CENTER

Registered Nurse, Medical-Surgical Unit | Silvis, IL | March 2021 - Current

- Ordered and analyzed diagnostic tests to identify and assess patient conditions.
- Managed care from admission to discharge.
- Provided direct patient care, stabilized patients and determined next course of action.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Performed emergency medical procedures such as BLS, ACLS and other condition stabilizing interventions.
- Collected blood, tissue and other laboratory specimens and prepared for lab testing.
- Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches.
- Monitored patient condition by interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.
- Monitored patient vital signs to perform thorough condition assessments.

NURSES PRN

Licensed Practical Nurse /Registered Nurse | Appleton, Wisconsin | November 2019 – 10 2021

- Managed patient care through closely monitoring respiration, blood pressure and blood glucose levels.
- Cared for wounds, provided treatments and assisted with procedures.
- Educated patients and caregivers on medical diagnoses, treatment options, chronic disease self-management and wound management.
- Comforted and counseled patients and families throughout care process.
- Monitored and tracked patient vitals to keep team informed of changing conditions.
- Collaborated with interdisciplinary team of healthcare and social service providers to address patients' needs through effective intervention and care planning.

ILLINI RESTORATIVE CARE

Licensed Practical Nurse | Silvis, IL | November 2017-March 2021

- Cared for wounds, provided treatments and assisted with procedures.
- Gathered lab specimens, ordered testing and interpreted results to diagnose patients.
- Educated patients and caregivers on medical diagnoses, treatment options, chronic disease self-management and wound management.
- Obtained biological specimens for ordered tests and prepared for laboratory transport.
- Used aseptic techniques to provide sterilized wound care and dressing applications.
- Assisted with admissions, appointments, transfers and discharges.
- Obtained patient vital signs and input/output measurements from inpatients.

FRIENDSHIP MANOR NURSING HOME

Licensed Practical Nurse | Rock Island, IL | June 2019 - March 2021

- Monitored, tracked and conveyed important patient information to healthcare staff to help optimize treatment planning and care delivery.
- Managed patient care through closely monitoring respiration, blood pressure and blood glucose levels.
- Cared for wounds, provided treatments and assisted with procedures.
- Gathered lab specimens, ordered testing and interpreted results to diagnose patients.
- Educated patients and caregivers on medical diagnoses, treatment options, chronic disease self-management and wound management.
- Obtained biological specimens for ordered tests and prepared for laboratory transport.
- Used aseptic techniques to provide sterilized wound care and dressing applications.
- Assisted with admissions, appointments, transfers and discharges.
- Obtained patient vital signs and input/output measurements from inpatients.

EDUCATION

ASSOCIATE OF SCIENCE NURSING

Carl Sandburg College

Galesburg, IL | May 2017

Certification

ALS