

SOPHIA ROLAND DIORU. BSN, RN
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Objective

To obtain a registered nurse position at a healthcare facility, where I can use my clinical knowledge and expertise to improve patient care and management, while using evidence based practice and excellent communication skill to provide quality nursing care and discharging duties effectively.”

Skills

- Good team worker
- Excellent critical thinking skill
- Excellent written and verbal Communication skills
- Excellent nursing supervisory skills
- Good Clinical skills with the ability to coordinate patient care upon careful assessment and evaluation
- Ability to provide nursing intervention using the nursing process
- Excellent time management skill while delivering great nursing care
- Ability to receive orders clearly, read back and implement orders appropriately
- Great organizational skill and detail oriented
- Ability to multitask, prioritize and delegate task to staff efficiently and effectively
- Empathetic, compassionate, and professional in delivering of patient needs
- Always maintaining Patients’ privacy according to the provisions of HIPAA.

Professional Experience

REGISTERED NURSE (RN)

Travel Nurse/ Per Diem in Acute Care Setting (Med Surgical/Tele.)

12/2021- till current.

- Monitor patient’s condition and provide care according to the plan of care to achieve set goals
- Managed and maintained patient data base in EMR software
- Establish IV access to take blood samples and administer IV therapy
- Pain management using PCA pumps/IM/IV/PO
- Remove secretion by suctioning using aspiration technique in patients with endotracheal tubing
- Observe and interpret patient’s symptoms and communicate them to physicians
- Collaborate with physicians and nurses to devise individualized care plans for patients
- Perform routine procedures (Vital signs, glucose monitoring administering injections etc.) and document.
- Adjust and administer patient’s medication via IV/PO/SQ/IM
- Provide treatments according to physician’s orders
- Monitor intake and output in patients with cardiac, renal and gastroenteric conditions.
- Provide safe patient environment always
- Assist patients with ADLS, bed bath, bathing, dressing, maintaining personal hygiene, active and passive range of motion, walking, standing, repositioning in bed.
- Educate patients and their families on disease process, med/surg procedures, medication, incentive spirometers
- Assist with bedside med/surg procedure such as thoracentesis, G-tube, N-tube, Chest Tube placement.
- Ensuring patient safety at all times.

INTERIM DIRECTOR OF NURSING

Frankfort Terrace Nursing Home, Frankfort, IL
03/2022

01/2022-

- Responsible for planning, organizing, staffing, administering, and directing a broad program of nursing services for all licensed units including Medicare unit
- Work with the director of nursing to identify and resolve departmental deficiencies and assist in implementing the correction plans.
- Implement, monitor, and evaluate all major nursing programs (Including but not limited to: Skin, Nutritional, Accident & Incidents, Falls, Psychotropic Medications, Admissions, Discharges, Rehab, ADL programming, Care Planning, MDS's, Restraints; Abuse and Neglect, Severe Mental Illness, Medicare Compliance, Medical Records, Quality Improvement Monitoring, Risk Management.
- Coordinate weekly Skin, Nutrition, Accident/Incident Quality Assurance meetings and Medicare meetings
- Assist facility administrator with Plans of Correction, Informal Dispute Resolutions and/or Waiver Request(s) for submission to the IDPH and other regulatory agencies as instructed.
- Randomly complete medication pass audit to ensure compliance
- Ensure that all aspects of resident care plans are implemented and maintained. Make recommendations for care plan changes to the IDT per professional standards.
- Identify patterns/trends of nursing service problems via the Quality Improvement Process.
- Develop internal plans of correction(s) for problem areas and utilize quality assurance tools.
- Managed and maintained for the facility infection control programs. Directly report, track and update pandemic policy and procedure in line with CDC, state and local health department requirements. Responsible for infection outbreak control.
- Assist in coordinating nursing services and ensure state standards of quality care are adhered to
- Participates in pre-survey preparation (annual survey, recertification.

ASSISTANT DIRECTOR OF NURSING (ADON)

Community Care Center, Chicago, IL

12/2020- 12/2021

- Responsible for planning, organizing, staffing, administering, and directing a broad program of nursing services for all licensed units including Medicare unit
- Work with the director of nursing to identify and resolve departmental deficiencies and assist in implementing the correction plans.
- Implement, monitor, and evaluate all major nursing programs (Including but not limited to: Skin, Nutritional, Accident & Incidents, Falls, Psychotropic Medications, Admissions, Discharges, Rehab, ADL programming, Care Planning, MDS's, Restraints; Abuse and Neglect, Severe Mental Illness, Medicare Compliance, Medical Records, Quality Improvement Monitoring, Risk Management.
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- Assist in coordinating nursing services and ensure state standards of quality care are adhered to
- Participates in pre-survey preparation (annual survey, recertification.

REGISTERED NURSE (RN)

Methodist Hospital South Lake (Med Surgical.)

11/2020-12/2021

- Monitor patient's condition and provide care according to the plan of care to achieve set goals
- Managed and maintained patient data base in EMR software

- Establish IV access to take blood samples and administer IV therapy
- Pain management using PCA pumps/IM/IV/PO
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- Observe and interpret patient's symptoms and communicate them to physicians
- Collaborate with physicians and nurses to devise individualized care plans for patients
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- Provide safe patient environment always
- Assist patients with ADLS, bed bath, bathing, dressing, maintaining personal hygiene, active and passive range of motion, walking, standing, moving in bed.
- Educate patients and their families on disease process, med/surg procedures and medication
- Assist with med/surg procedure such as thoracentesis, G-tube, N-tube, Chest Tube placement.

ASSISTANT DIRECTOR OF NURSING (ADON)

Elston Nursing & Rehabilitation - Chicago, IL.

2018-2019

- Set standards and performed clinical and administrative nursing duties.
- Makes daily clinical rounds observing, teaching, and interacting with staff
- Reviews care plans to ensure it matches residents needs and ensure staff is providing care according to the plan.
- Audits nurse's notes to ensure documentation is accurate, complete, and consistent, and done in a timely manner.
- Audits new admission and readmission documents to ensure all orders properly carried out.
- Coordinates with scheduling team/staffing agencies to ensure adequate staffing is in place to meet residents' needs.
- Conducts educational in-services periodically and as needed, to meet quality assurance and performance improvement.
- Maintains records of incidents and accidents, ensure reports are accurate and complete, proper protocols adhered, investigation, care plan meets and reflects the need of the resident.
- Provides educational training on various nursing topics.
- Investigates and reports incidents involving residents to the state in a timely manner
- Provided wound care as ordered
- Ventilator & Tracheostomy, foley, colostomy, G-tube and Peg tube care and maintenance
- Peritoneal Dialysis set up and monitoring as ordered by nephrologist.
- Pain assessment and management
- IV therapy and monitoring of IV site for any s/s infection/phlebitis
- Documentation of nursing care provided
- Maintain patient's safety

RN ProCare Home healthcare- Merrillville, IN

2016-2021

- Supervising and training home health Aides and CNAs
- Review nurses' visits note, and CNAs visit notes and return for correction
- Administers medication to patients and set up weekly medication
- Trach, G-tube, Foley and colostomy care and management
- Educate patients, family and care givers on disease process, complications, management and medications.
- Provides teaching on medication uses and side effects to report to health care provider immediately
- Assess, monitor, and document patient progress, symptoms, and vital signs on each visit.
- Educating about patient safety in the home.

NURSE SUPERVISOR LPN

Lakeshore Nursing & Rehab - Chicago, IL

2015- 2017

- Supervised nursing care and provides tools needed to provide quality patient care
- Administered medications and monitored for adverse reaction
- Admission, discharge, and transitioned patients
- Performs head to toe assessment and care plan with RN
- Administered bolus feeding via g-tube. Placement and Patency check.
- Pain management and monitoring
- Provides IV therapy and monitoring site for s/s of infection
- Provides Foley catheter care and management
- Accurate documentation of all nursing care provided.

LPN

01/2014 – 01/2015

Avantara Rehab and Nursing care center - Park Ridge, IL

- Provides quality care, based on high standards of professionalism and compassion.
- Evaluates effectiveness of treatments and care provided. Documentation of all nursing care.
- Maintains a clean and safe environment for the patient.
- Foley management and specimen collection, colostomy management and care
- Medication Administration to patient as ordered.
- Administered O2 therapy, neb treatment and monitor
- G-tube placement check and ostomy care and management
- Monitor IV/PICC line/midline and ensure IV site is clean and intact with no s/s of infection
- Performs minor wound care as ordered
- Reports critical lab results, diagnostic report and any change of condition to Physician
- Maintained patient privacy according to HIPAA guidelines.
- Supervised certified nurse by aides ensuring tasks are accomplished

EDUCATION/LICENSES/ CERTIFICATION

- Professional Registered Nurse License. (IL, IN, Compact state)
- Bachelor of Science, Nursing. Colorado Tech University
- IV certification
- BLS, ACLS, PALS
- Crisis Prevention Institute (CPI)
- EMR software- Home health/Hospital and LTC. (Axxess Point Click Care, Protouch,Epic)

REFERENCES

Available upon request