



COURTNEY FLOWERS

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Summary

Compassionate and dedicated Family Nurse Practitioner seeking a FNP position in an outpatient clinic or hospital setting. With over 4 years of clinical experience in diverse settings, offering excellent patient assessment skills and a dedication to providing holistic, high-quality care. Passionate about building relationships with patients and families to create a sense of trust and care.

Skills

- Clinical care standards
- Physical assessments
- Lab result evaluation
- Preventative care
- Electronic health records systems
- Treatment planning
- Communication
- Coordinating referrals
- Patient Management
- Inpatient and outpatient care
- Home visits
- Critical care
- Patient education and counseling
- Medication and IV administration
- Psychiatric and Mental Health Care
- Emotional awareness

Experience

Delta Specialty Hospital | Memphis, TN
Psychiatric Registered Nurse
03/2018 - *Current*

- Delivered outstanding care to patients with various diagnoses and managed care from treatment initiation through to completion.
- Informed patients and families of effective treatment options and at-home care strategies, enhancing long-term outcomes.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
- Facilitated therapeutic communication, conflict resolution and crisis intervention by redirecting negative behaviors and helping patients regain or improve coping abilities to prevent further disability.
- Trained new nurses in proper techniques, care standards, operational procedures and safety protocols to optimize performance and safety.
- Responded to crisis situations when severe mental health and behavioral issues arose.

Memphis Mental Health Institute |
Memphis, TN
13 Week Contract Registered Nurse
12/2017 - 03/2018

- Administered medication and treatments to patients to observe and record responses.
- Provided direct quality care to patients by monitoring, recording and evaluating psychiatric conditions.
- Coordinated with medical and paramedical professionals to provide appropriate input and effectively formulate and implement treatment plans for patients.
- Explained useful coping methods to relieve depression and anxiety, including meditation and yoga.
- Conducted therapy for mentally ill patients in group and individual settings to assist patients in achieving normalcy.

Baptist Memorial Health Care Corporation
| Desoto, MS

Registered Nurse, Intensive Care Unit

08/2016 - 12/2017

- Delivered age-appropriate medical care for adult, adolescent and geriatric ICU patients.
- Developed and implemented patient care plans based on physicians' instructions and generally accepted nursing practices.
- Performed frequent checks on life support equipment and made necessary adjustments to preserve optimal patient conditions.
- Provided skilled, timely and level-headed emergency response to critically-ill patients.
- Collected blood, tissue and other laboratory specimens and prepared for lab testing.

Education and Training

Whitehaven High School | Memphis, TN

High School Diploma

Baptist College of Health Sciences | Memphis

Bachelor of Science in Nursing

08/2016

University of Memphis | Memphis, TN

Master of Science in Family Nurse Practitioner

05/2021

Accomplishments

*Deans List (2016)

*Daisy Award (2016)

*Daisy Award (2017)

*240 clinical hours in Advanced Adult Health in FNP program; 120 clinical hours in Advanced Pediatrics in FNP program; 120 clinical hours in Women's Health

*ANP Certified