

Sarah Carlson

RN, BSN; Specialty: Burn ICU/Stepdown ICU

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Authorized to work in the US for any employer

Work Experience

Registered Nurse (RN, BSN)

Blake Medical Center - Bradenton - Bradenton, FL

March 2022 to Present

- Burn specific wound care - to include such things as bedside debridement, fluid resuscitation, managing critical care drips, wound vac changes/maintenance, wound documentation, etc.
- Assesses, utilizing age specific data, the patient's physical, psychosocial, and spiritual status in a comprehensive manner
- Demonstrates accurate assessment skills, appropriate to the age of the patient, based on scientific facts and principles
- Performs initial assessment and completes required documentation within organizational standards
- Demonstration of sound decision-making in emergency scenarios based on patient conditions such as vital signs, patient presentation, and assessments.
- Performs and documents ongoing assessments including observation, physical examination, laboratory/test results, and patient response to procedural intervention
- Assist in the appropriate care of traumas, cardiac arrests, strokes, and other triage/emergent situations
- Provide assistance and patient care for intubations, code blues, auto transfusions, CVC/IJ insertions, mechanical ventilation, and more as outlined under RN scope of practice
- Coordinates communicate between doctors/PA/APRN and patients/Family members to keep everyone updated on test results, treatment recommendations, and next steps
- Participates in the identification and clarification of patient needs, as evidenced by participation in multidisciplinary care planning, to achieve optimal patient outcomes
- Incorporates patient teaching/discharge planning to promote optimal patient outcomes
- Coordinates and documents appropriate discharge planning and referrals to ensure continuity of care after discharge
- Management of CE/relevant certifications via seminar attendance, in-house trainings, online CE courses, etc.
- Maintain up-to-date knowledge on most current policies/procedures/equipment as they pertain to the critical care area

Registered Nurse (RN, BSN)

Sarasota Memorial Hospital - ICU - Venice, FL

September 2021 to March 2022

- Assesses, utilizing age specific data, the patient's physical, psychosocial, and spiritual status in a comprehensive manner

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 - Maintain up-to-date knowledge on most current policies/procedures/equipment as they pertain to the critical care area
- Additionally, continuation of all duties performed while in Nurse Extern II role at ASMC (Milwaukee, WI)
 - Completion of SMH RN Graduate Residency Program rotation/training + Critical Care rotation/ECCO training

Deputy Medical Examiner Investigator II (LTE, Avg. 0.5 Am/pm/on Call)

Washington County Sheriff's Department - Medical Examiner's Office - West Bend, WI
July 2018 to June 2021

- Responds to death calls and documents the death scene. Examines deceased and the circumstances of the death
- Performs the death scene investigation, determines cause and manner of death; determines need for autopsy, toxicology, x-ray, etc; determines need for detectives, crime lab, District Attorney, etc., administers death notification and pronouncements, interviews witnesses, and documents death scenes
- Photograph, fingerprint, collect toxicology samples, obtain DNA, samples, and other physical evidence from the body
- Identifies the deceased and notifies next of kin personally or in conjunction with other law enforcement and judicial agencies
- Obtains personal data and medical history of the deceased by examining documents and interviewing relatives, friends and acquaintances of the deceased
- Fields family questions and concerns regarding deceased individuals
- Collects, maintains and disposes of evidence; obtains samples and specimens; maintains and sorts records and documents; maintains, sorts and reviews photographs
- Arranges for performance of pathological or medicolegal examinations and other tests, including autopsies, as individual situations warrant, and may accompany body to and observe the autopsies
- Provides court testimony as appropriate. Testifies as an expert witness when requested concerning the facts and conclusions disclosed by autopsies, physical examinations and any other tests performed

- Maintains complete files on all cases reported to the Medical Examiner's office. Maintains a log and statistical data on all cases reported to the Medical Examiner's Office. Completes forms, prepares and presents reports; Keeps appropriate records
- Prepares and provides cremation authorizations, permission to embalm, disinterment permits and death certificates as required; Prepares and submits reports, documentation and correspondence including Medical Examiner's reports, traffic fatality reports and firearm death reports

Nurse Extern II/CNA

Aurora Sinai Medical Center - ICU - Milwaukee, WI

July 2019 to May 2021

Performed head-to-toe assessments, performance of 5 P's with each interaction

Electronic documentation of all patient information to patient's EHR via EPIC software, to include updates to MAR

Insertion/removal of Foley catheters, provision of colostomy care/maintenance

Administration of medication via listed routes: PO, SQ, IM, IV, IVPB, topical, sublingual and inhalation

Assessment of medication compatibility utilizing both UpToDate and Micromedex for reference

Preparation of IV tubing and medications; assembly/maintenance of Alaris infusion pumps, to include programming of infusion rates; triple check performed prior to start each medication and periodically throughout shift

Provision of therapeutic communication and applicable education to both patient and patient's family/caregiver(s)

Evaluation of patient outcomes; assist primary RN in creation/revision of individual patient care plans

Assist attending with: patient intubation, placement of central line

Assist RN with: CoreTrak placement, SWAN maintenance, proning of patient

Lab draws off arterial/central lines

Performance of sterile CVC dressing changes

Participation in QA activities and implementation of QA measures to ensure that hospital, JCAHO, and other quality standards/regulations met

Initiation of communication with attending physicians; sought interdepartmental collaboration regarding care plans and implementation of procedures to ensure best outcomes for the patient

Development of crisis management skills and supportive techniques for use with families facing difficult decisions

- Under direction of RN and as determined by site/unit requirements, removal of IVs/urinary catheters, provision of post mortem care, perform phlebotomy, ECGs, bladder scans and other skills as allowed under state regulations

- Collect information on patient's conditions/treatments and relay report back to RN/Primary care provider

- Note any physical/mental changes in patient, i.e. skin breakdown, open wounds, bruises, neurological changes, speech changes, etc. by charting into the EPIC system

- Take vitals signs utilizing Dinamap equipment and/or including manual blood pressures and glucometer readings

- Collects urine, stool, and sputum specimens and performs point-of-care testing as indicated using approved process for accurate specimen labeling and identification

- Coordinates tests and treatments with and/or between various departments for patients on nursing units

- Maintains a working knowledge of functions and services offered by all diagnostic and treatment departments to facilitate the scheduling of tests and treatments

- Maintains working knowledge of EHR system and other computer systems for ordering patient and unit supplies and equipment. Processes daily patient charges and/or related procedures through the system.
- Care for patients on contact precautions; practice policies and procedures of infection prevention by: demonstrating hand hygiene, knowledge of sterile and aseptic procedures, proper disposal of contaminated materials, and utilization of proper attire when in direct contact with patients in isolation.
- Assist with admissions, transfers, and discharges of patients, to include complete inventory of personal belongings
- Maintenance of standard precautions with each interaction; ensure consistent safety of all patients at all times
- Assist with/perform all ADLs
- Assist with food orders and feeding
- Recognize/follow all dietary and therapeutic restrictions, ensure patient specific care plan is followed
- Assisting patient's with ambulation
- Ensure cleanliness of all patient areas including linen changes and waste removal

LTA - Blood Bank/Histology

Wisconsin Diagnostic Laboratories/Froedtert Hospital - Milwaukee, WI

June 2017 to October 2018

- Utilization of EPIC/PPI/ORV tracking systems for retrieval of specimen/patient information
- Completion of deviation and exception-to-policy reports per quality policy and procedures
- Field questions/assist nursing and medical staff in relation to patient care questions and procedures
- Set-up/send appropriate products as requested by medical floors/OR/ER
- Maintain calm demeanor in dealing with high stress situations (massive support, unexpected OR patient, etc)
- Perform routine scheduled maintenance on all Bank equipment, including, but not limited to -80 upright freezers, various centrifuges, biosafety cabinet, and cryostat
- Perform routine scheduled specimen inventory and quality tracking on whole blood, LRBC blood, whole plasma, concentrated plasma (i.e. cryo), and platelets; Maintain/order products from BCW to ensure proper stock levels within the department
- Learn the EPIC and LIM software system used by WDL Blood Bank and manage data input and reports needed for QA/QC
- Manage small to large scale project related to the Blood Bank and process improvement, quality, growth, and reporting
- Triage specimens, label, assign, and queue for Blood Bank MLT for testing/processing
- Follow standard operating procedures and documentation policies to maintain a compliant, effective inventory

QA Specialist

Wisconsin Pharmacal Co. - Jackson, WI

October 2015 to June 2017

- Review and release of product batch records
- Management of process change requests and orders
- Ensures standard operating procedures (SOP's) stay current and align with corporate and regulatory requirements
- Management of new and existing employee training records and updates; Executes training/awareness related to GMP standards
- Management of CAPAs/NCMRs/PDs within the QCBD system

- Processing and investigation of OOS results and customer complaints
- Preparation of documentation for internal/external audits
- Review of laboratory documentation and notebooks
- Review of laboratory test results both internal and external
- Management of data input used for APR report generation
- Maintenance of QA system to ensure compliance with company and cGMP standards
- Reviews lot release documentation and facilitates compliant release process for corresponding market
- Responds to questions from authorities/customers to ensure timely product release

Education

Bachelors of Science Degree in Nursing

Concordia University-Wisconsin - Mequon, WI

March 2020 to April 2021

Masters of Science Degree in Forensic Science

National University - La Jolla, CA

September 2017 to September 2018

Bachelors of Science Degree in Biology/Animal Science

University of Wisconsin - River Falls, WI

September 2010 to May 2013

Skills

- Critical Care Experience
- ICU Experience
- Nursing
- Aseptic Technique
- Primary Care Experience
- Crisis Management
- EMR Systems
- Medication Administration
- Laboratory Experience
- Quality Assurance
- Hospital Experience
- Infection Control Training
- Vital Signs
- Venipuncture
- QA/QC
- Epic
- Triage
- Phlebotomy
- Experience Administering Injections

Certifications and Licenses

NIH Stroke Scale

Advanced Cardiovascular Life Support (ACLS)

Basic Life Support (BLS)

Registered Nurse (RN)

RN Compact License