# CASSIE PALIK

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# SKILLS

- Critically ill patient care including but not limited to shock, ARDS, DKA, HHS, Withdrawals, COVID-19, CVA, STEMI/NSTEMI, and TTM.
- Experience with NxStage CRRT.
- Ultrasound guided IV placement.
- Novice experience with IABP.
- Pyxis and MedSelect
- PLUM, Sapphire, and Alaris IV pumps
- Proficient with EPIC system
- Proficient telemetry interpretation
- Compassionate communication
- Chronic Disease Management
- Infection Control Measures
- Pain Management
- Dementia Knowledge
- Patient Care Coordination
- MS Office
- Infection Control and Aseptic Procedures
- HIPAA Compliance
- Family advocacy
- Team management

# PROFESSIONAL SUMMARY

Hardworking nursing professional bringing ample experience delivering exceptional care to a variety of patients. Knowledgeable about wholistic and patient centered care. Skilled at maximizing patient comfort and safety while meeting strict cost control standards. Well-organized and forward-thinking in managing patient needs. Talented veteran with great understanding of both a team driven environment and leadership roles.

# WORK HISTORY

## Ascension All Saints

### Intensive Care Unit - Registered Nurse

Racine, WI • 05/2020 - Current

- Continuously monitoring patient condition while managing and updating team members on rapidly changing stability or acuity.
- Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom reoccurrence.
- Delivered outstanding care to patients with various diagnoses and managed care from treatment initiation through to completion.
- Identifying changes in hemodynamic status and implementing appropriate interventions.
- Monitored patients' respiratory status and ventilator operation and made adjustments to promote stabilization.

## Aurora St Luke's Medical Center

#### Medical-Respiratory Intensive Care Unit - Nurse Extern Milwaukee, WI • 01/2020 - 05/2020

- Continuously monitored patients' status and made adjustments to promote stabilization.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Communicated with healthcare team members to plan, implement and enhance treatment strategies.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.

# LICENSES/CERTS

- Registered Nurse- WI
- BLS
- ACLS
- NIH

# EDUCATION

## Marquette University

Milwaukee, WI • 08/2020

Master of Science: Nursing

University of Wisconsin -Milwaukee Milwaukee, WI • 08/2018

*Bachelor of Science*: Information Studies

## Aurora Medical Center

#### Intensisive Care Unit - Cardiac Procedures Tech Kenosha, WI • 03/2019 - 02/2020

- Assisted patients with mobility needs, including moving to and from beds, organizing wheelchairs and preparing assistive devices.
- Conferred with multidisciplinary healthcare team to help effectively manage patient conditions with regular testing and vitals assessments.
- Delivered individualized patient care to critically ill patients by recording vital signs, documenting observations, and evaluating patient needs.

## **United States Marine Corps**

Intelligence Analyst 03/2008 - 12/2012

- Collected information about enemy strengths, movements and activities.
- Developed recommendations to assist commanders and agencies in their decision-making process.
- Produced multi-source intelligence reports.
- Reported on incidents, suspensions and other concerns to supervisory personnel.
- Applied new and advanced tools and techniques to intelligence cycle, addressing complex challenges with emphasis on big data analytics and data visualization.
- Led groups of marines in various environments
- Molded team and embraced change to adapt within dynamic market.