



CHARLES SINHDA

REGISTERED NURSE

CONTACT

414.745.0144
LSINHDA@YAHOO.COM

EDUCATION

B.S. NURSING, ELECTIVE STUDIES MINOR

Alverno College
2014 - 2017

LICENSES & CERTIFICATIONS

Wisconsin State Professional Registered Nurse Licensure
04.2017 - Expires 2022

NDNQI (National Database of Nursing Quality Indicators) Pressure Ulcer Certification
09.2017 - Present

NIH Stroke Scale Test Certified
09.2017 - Present

Basic Cardiac Life Support, American Heart Association
08.2019 - Expires 08.2021

Crisis Prevention Intervention Certified (CPI)
04.24.2016 - Present

SUMMARY

- 3+ years of nursing assistant/patient technician experience
- 2+ years of Professional Nursing experience
- Clinical experience in mental and behavioral health unit and Med/Surgery
- Outstanding communication and human service skills
- Seeking an RN position

WORK EXPERIENCE

SCHOOL NURSE

MPS Milwaukee Parkside School of Arts | 08.2020 - present

- Managed daily cares for children with special needs, g tubes and diabetic patients
- Work interprofessionally with staff and parents developing care management plans for children in school
- Respond to injury and emergent school health settings

REGISTERED NURSE/CHARGE

Premier Health | 05.2020 - 04.2021

Weighless MD

- Completed thorough health assessments and education to patients
- Worked collaboratively with other care team members to provide custom care to patients
- Provide safe care procedures including: SculpSure treatments, weekly IM injections, and counseling

REGISTERED NURSE

Maxim Health – Waukesha County and Sensia | 05.2020 - 04.2021

Disease Investigator + Team Lead

- Coordinated screenings for health facilities and essential food service facilities, complete with contact and disease investigation and tracing in response to COVID-19
- Coordinate a team of disease investigators and contact tracers for documenting, educating, and training employees and patients related to COVID-19 and other public health issues



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WORK EXPERIENCE (continued)

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Maxim Health – Milwaukee Public Schools | 10.2019 - 04.2020

Health Care Coordinator

- Managing and coordinating care of children entering MPS
- Completing annual health screenings requirements and cooperate with interprofessional teams in managing childcare services and health services

REGISTERED NURSE

Acadia Rivershore Comprehensive Treatment Center | 01.2019 - 01.2020

Addiction Management and Treatment

- Dispense daily medications to a large population in the community
- Assess and manage the safety and care for patients in active withdrawals and addiction
- Aid in directing nursing care with care team in a substitute supervisory role

REGISTERED NURSE

Aloria Health | 04.2018- 12.2018

Psychiatric Residential & Eating Disorders

- Provided patients' basic restorative and personal care to promote higher wellness
- Ensured patient safety by maintaining patient awareness and frequent assessments
- Managed, documented and diagnosed assessments of vital signs, activity, and behavior



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PERSONAL SKILLS

Communication

Kindness

Intuitive

Receptive

Empathetic

Caring

Attentive to detail

Passionate

CLINICAL EXPERIENCE

FROEDTERT MEMORIAL LUTHERAN HOSPITAL

9200 W Wisconsin Ave. Milwaukee, WI 53226 | Fall 2017

4NE- GI UNIT | Internship

- Managed complete care for 3-4 patients
- Collaborated and communicated with care staff maintaining safe and effective care through interactions for patients
- Developed effective nursing care skills, knowledge, and abilities

FROEDTERT MEMORIAL LUTHERAN HOSPITAL

5SW. 9200 W Wisconsin Ave. Milwaukee, WI 53226 | Spring 2017

Spinal Cord Injury Unit

- Conducted system interviews and recorded health history and physical examinations on patients each week for abnormalities; implemented nursing diagnoses and interventions
- Notified Registered Nurse or instructor of any observation and patient conditions for further interventions, and recorded real time data on EPIC software
- Conducted basic nursing tasks including assessments, medication administration, and procedures

AURORA ST. LUKE'S HOSPITAL

11S. 2900 W Oklahoma Ave. Milwaukee, WI 53215 | Fall 2016

Ortho- Spine Cord Injury Unit

- Developed critical clinical skills, vitals, head to toe assessments, bladder scans, chart reviews, and medication administration
- Established a comfort level of communication, collaboration and social interaction skills with patients and healthcare team
- Participated in care team report handoffs