Antonia Gardiner

[antonia.noel@live.com](mailto:antonia.noel@live.com)

<https://resumes.indeed.com/resume/ecb1f961d9d39ceb>

11/11/2019

BSN, RN, EMT with four years experience in the medical field

Bellingham, WA

• One-year full time Registered Nurse experience; 10 weeks ER RN preceptorship experience in a Level II Trauma Center.

• Three years' acute care experience in Emergency Medical Services (EMS).

• Over 140 hours of volunteer experience in healthcare and related fields.

Authorized to work in the US for any employer

Work Experience

Registered Nurse

St. Francis of Bellingham Healthcare & Rehab Services - Bellingham, WA

December 2018 to Present

• Provide direct nursing care for 18 - 25 sub-acute rehabilitation patients and residents, particularly related to orthopedics, stroke, and cardiac rehabilitation.

• Monitor at-risk patients for complications requiring a higher level of care.

• Provide leadership to nursing assistive personnel through delegation and supervision.

• Nurse preceptor for on-boarding Registered Nurses and Licensed Practical Nurses.

• Prepare and administer medications and perform skilled nursing procedures including but not limited to aseptic wound care with or without wound vacs and dressing changes, treatment of decubitus ulcers, insertion and irrigation of suprapubic and foley catheters, suctioning techniques, enteral

feedings, administration of IV antibiotics, use of subcutaneous opioid infusion pumps during end-of-life care, and more.

Registered Nurse preceptorship

Desert Regional Medical Center - Palm Springs, CA

March 2018 to June 2018

• Oriented in Emergency Department policies, procedures, and Emergency Severity Index.

• Responsible for 3-4 patients under the guidance of a Registered Nurse preceptor.

• Use of the nursing process in the triage, assessment, and intervention of disabilities.

• Medication administration and utilization of procedural skills for necessary interventions

including but not limited to: peripheral IV insertion, foley catheter insertion, EKG

preparation and interpretation, chemical and electrical cardioversion, conscious

sedation, cardiopulmonary resuscitation, sepsis protocol, diabetic ketoacidosis protocol, TPA infusion, administration of blood products with and without rapid transfusion, trauma emergencies, psychiatric emergencies, and more.

Emergency Medical Technician

American Medical Response - Palm Springs, CA

April 2016 to June 2018

• Assist Paramedic with focused assessment and intervention of critical and acutely ill patients.

• Performance of CPR, positive pressure ventilation, administration of opioid reversal agents, transport of acutely ill and vented patients, psychiatric emergencies, and dialysis patients.

• Safe and lawful code-3 and code-2 ground transport.

• Triage and care of clients in high-volume events including the Coachella Valley Music and Arts Festival (2016 - 2018), Stagecoach Music Festival (2016 & 2017), and Desert Trip Music Festival (2016).

Wilderness Park Aide/Emergency Medical Responder

California State Parks, Mount - San Jacinto, CA

July 2015 to April 2016

Emergency medical response and intervention for medical and trauma events within the park including but not limited to hypo- and hyperthermia, strokes, cardiac events,

accidental falls, head trauma, fractures, etc.

• Educated visitors about safety and wilderness survival.

• Weekly skills training related to search and rescue, emergency medical response, wilderness survival, rescue rappelling, helicopter rappelling, & navigation.

• Maintained trails, stations, and wilderness for the protection and preservation of the park.

Education

Bachelor of Science in Nursing

California State University

June 2018

Certificate of Emergency Medical Services

College of the Desert - Palm Desert, CA

December 2015

Nursing Licenses

RN

Expires: April 2021

State: CA

RN

Expires: April 2020

State: WA

Skills

Registered Nurse (1 year)

Proficient in conversational & medical Spanish (5 years)

RN

Med Surg

Hospital

Staff Nurse

Awards

Nursing Department Honors

2018-06

Dean's List Recipient for 7 quarters

2018-06

Outstanding Undergraduate Student Award Nominee

2018-06

First Place Senior Project

2018-06

Awarded First Place for senior project, “How Many Pokes is too Many? Evidence for a Committed Vascular Access Team.”

2018 President's Volunteer Service Award, Gold Level

2018-04

For over 1000 group hours of community service.

Certifications and Licenses

TNCC

October 2018 to October 2022

Emergency Nursing Association

ENPC

October 2018 to October 2022

Emergency Nursing Association

ACLS

May 2018 to May 2020

American Heart Association

PALS

May 2018 to May 2020

American Heart Association

BLS Provider

October 2019 to October 2021

American Red Cross

Emergency Medical Technician

April 2018 to February 2020

Registry #E119544, California

Nonviolent Crisis Intervention Training

October 2018 to October 2020

Crisis Prevention Institute

Mandated Reporter Training

February 2019 to Present

Assessments

Nursing Skills: Clinical Judgment — Expert

October 2019

Assessing a patient's condition and implementing the appropriate medical intervention.

Full results: https://share.indeedassessments.com/share\_to\_profile/339d4141537c849d81a401eff48393beeed53dc074545cb7

Medical Terminology — Expert

October 2019

Understanding and using medical terminology.

Full results: https://share.indeedassessments.com/share\_to\_profile/023f833a43876ab2f2ed1aa9102c43c3

First Aid — Expert

October 2019

Treating common medical emergencies.

Full results: https://share.indeedassessments.com/share\_to\_profile/a018a749dea1a15efb903ba0bbaa940ceed53dc074545cb7

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

Additional Information

Volunteer Work:

Neonatal Intensive Care Unit Volunteer, “Baby Cuddler”

Desert Regional Medical Center

04/2017 – 03/2018

Activities Coordinator

Coyote Nursing Students of the Desert, CSUSB, Palm Desert Campus

04/2016 – 04/2018

• Recipient of the 2018 President’s Volunteer Service Award, Gold Level, for over 1000 group hours of community service.

• Coordinated and participated in over two-dozen student volunteer events for over 14 healthcare and community organizations, including California Care Force (2016 - 2018) and Oasis Flying Doctors (2017).