Personal Information

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| Last Modified: | 8/5/2019 1:59:35 PM |

 Work History

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| Company Name: | Columbia-St | 06/02/2014 - Present |
| Job Title: | Clinical Nurse Specialist | |
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| Company Name: | Cardiovascular Associates | 01/01/2001 - 08/31/2003 |
| Job Title: | RN Extender/ Research Coordinator | |
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| Company Name: | St Francis Hospital | 01/01/1997 - 01/01/2001 |
| Job Title: | RN/ Cardiac Cath Lab | |
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| Company Name: | Milwaukee County Medical Complex/ John L Doyne | 01/01/1994 - 12/31/1996 |
| Job Title: | RN/ Trauma Intensive Care Unit and Cardiac ICU | |
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 Education

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| School: | Alverno College | Graduation Date: |  |
| Major: |  | | |
| Degree: | None | | |
| School: | Marian College | Graduation Date: |  |
| Major: |  | | |
| Degree: | Bachelor's Degree | | |

 Additional Skills And Qualifications

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| Recent Job Title: | null | Recent Wage: | 0 per |
| Security Clearance: | No |  |  |

 Desired Position

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| Desired Wage: | per | Desired Employment Type: |  |
| Desired Travel: |  | Desired commute: |  |
| Desired Relocation: | No | |  |

 Resume

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| Catherine Zyniecki   W128S8762 Harrington Court, Muskego WI 53150  Home (414)377-9059 Cell: (414)397-3302 catzyniecki@yahoo.com   Professional Background  MSN prepared Registered Nurse, Clinical Nurse Specialist with vast experience in the ICU setting providing expert, critical care to diverse populations. Clinical Nurse Specialist in an ICU with most recent focus on reducing clinical variation, improving patient outcomes, decreasing complications and reducing patient length of stay in the Critical Care, Cardiovascular and PCI population across Ascension Wisconsin through care optimization and staff support.  Skill Highlights   Strong Clinical experience with critically ill cardiac, medical and neuro patients  Experience with advanced support devices such as IABP, CVVH, TTM devices, Rapid infuser, Neuro drain and ICP measuring devices. Use and education. Project lead and co-lead on diverse topics in collaboration with multiple disciplines   CNS in ICU and emergency department Mentor and coach new staff CV surgery expertise Created Order sets and clinical pathways for CV surgery and multiple critical care topics   Clinical research experience Passionate patient advocate Incorporate and implement best practice into daily care in collaboration with other professions  Relevant Experience  Currently leading the Development of Critical Care Optimization Model (CCO) to standardize the quality care delivered in the vulnerable, critical care population in ICU and intermediate/progressive care units. This work includes order sets, implementation of best practice in 10 focus areas throughout 13 hospitals in Wisconsin. Implementation and education began April 2019. Collaborated with State pharmacy team to optimize use of Precedex and reduce withdrawal/ setting up appropriate use criteria for CV and other ICU patients Reviewed new products as they were introduced for these populations. Heart hugger garment implementation to improve patient outcomes and decrease pain and SSI in post-op CV patients throughout Wisconsin. Research/QI on reduced opioid use in CV population supporting the use of On-Q Pump. Lead the team in creation of statewide CV education for nurses new to caring for open heart post-op patients. Collaborated with the state education team. Active member of STS outcomes committee, CVL outcomes committee and Heart and Vascular committee. These teams look at cases, review data and discuss and implement ways to improve cardiovascular services to deliver improved care to our patients. Clinically supported All Saints ICU with implementation of awake weaning and reduced the use of Fentanyl as sedation by 85% in 5 months. Re-educated and supported daily weaning processes, use of standard order sets and use of minimal sedation as evidenced by research from ABCDEF bundle out of Vanderbilt University. Lead successful improvement in blood glucose control in CV population with adjustment in insulin protocols, PDSA cycles and education to staff within CSM. Lead for the Cardiovascular and PCI CPR teams working on variation and cost reduction while improving patient care and outcomes. These teams are diverse with health care representatives from multiple departments from each of the Ascension hospitals that provide cardiovascular services. Our Main objective is to create safe, quality care that is the same from one facility to another through order sets and evidence-based practice. IPOC Steering committee and work group. Lead the clinical aspects of this team on the building of evidence based electronic plans of care for CSMM and CSMO in the Cerner system. Collaborated with IT, IS and the developers of the system as well as with nursing partners from our units to tackle the challenges of unit workflow and our current blended system. Implementation of electronic care plans successfully went live February 2018. DAR note education, implementation and support to inspire nursing practice and documentation while creating a system to meet TJC requirements for documentation of the plan of care. This system cleared CSMM of TJC findings and ultimately supported CSMO to have a clean survey with nursing documentation. Lead the Portland Protocol implementation in the ICU and intermediate care units. Created education and collaborates with other CNSs in the organization to educate other units throughout the system. This collaboration included the implementation of a two-nurse-verify system of safe medication handling. Lead the development and implementation of the Nurse tech program to educate nursing students in our system with an interest in critical care. The goal was to decrease their orientation time after graduation by offering them the critical care education up front to use throughout their Nurse Tech time. This program was successful and has implications for other units. Presented at WIACNS CNS/CNO Breakfast in September 2017. ABCDEF bundle re-implementation team with a focus on the 'awake' piece of the bundle. Also responsible for the Mobility piece of the bundle while under the direction of Anne P. I created education including a music video to educate the whole inter-professional team. Presentations on this topic were given at the 2015 CNO/CNS breakfast, nursing professional development series at CSM in May 2016 and at Building Bridges conference at Marquette University in 2016. Cardio-help liaison between CV surgeons and CSM. Education and development of policy and order sets. Past Co-Chair of the Institute of Critical Care. This medical staff, interdisciplinary committee oversees all aspects of critical care medicine as well as nursing care delivery in all critical care areas. Clinical Nurse Specialist June 2, 2014 to present Columbia-St. Mary's/ Ozaukee until January of 2018. At All Saints in Racine with a focus on six Wisconsin Ascension hospitals in Collaboration with the CV service line.  From January 2019 to present part of the Care Transformation team with a focus on DRG improvement of practice, use of best evidence in care delivery with an impact to decrease LOS, decrease waste and inefficiencies and reduce complications.  I was hired into this role while still in graduate school with my CNS/MSN. While in school I assisted other CNSs with their project work such as Sepsis and more so, the ABCDEF Bundle work. I was very involved in unit support and hardwiring of nursing practice. See above for relevant experience as a Clinical Nurse Specialist  RN Staff and Charge Nurse  July 2004 to May 2014  Prohealthcare - Waukesha, WI  Charge nurse for 24 bed ICU. As a charge nurse, clinical expert and resource for the unit, I maintained the safety of our patients by proper staffing and assigning of our patients to nurses of varying skill sets. Offer support and expertise to other units with patients when the need presented itself. Coordinate with Emergency room to expedite the transfer of the critically ill as well as offering assistance to them in times of high acuity and high volume. Respond and lead Rapid Response calls and Code 4 situations.  Clinical III project involved care plans the ICU. Before CPM and EPIC, I developed care plans using Nursing Diagnosis with the ICU population in mind. Based on NIC, NOC and NANDA. I educated and implemented these changes in our unit. Auditing before the launch and after education and implementation helped re-educate and fine tune where needed. I had the opportunity to view the product prior to launch and gave feedback on workflow.  Interim ICU Educator in the absence of our APN. I coordinated the orientation of nine nurses of which 8 were new to ICU and 7 were graduate nurses. I spent some of that time researching techniques and evidence about new graduates and their special needs not only as new nurses but as new in such a high acuity area.  Clinical III committee for which this group of clinical experts is responsible for ICU education/yearly skills competency/ emphasis on IABP and CPM-Care Practice Model care planning system.  Received the Nursing Excellence Award in 2010  Adjunct Nursing Faculty at Carroll University Spring 2009 to Spring 2012    Responsible for sophomore level nursing students and their clinical skills in Health assessment lab and Nursing fundamentals lab.  RN Extender/ Research Coordinator 2001 until August 2003 Cardiovascular Associates - Milwaukee, WI  RN/ Cardiac Cath Lab 1997 until 2001 St Francis Hospital  RN/ Trauma Intensive Care Unit and Cardiac ICU 1994 until 1996 - Hospital closed Milwaukee County Medical Complex/ John L Doyne  Education and Training  Alverno College Fall of 2012 to December 2015 MSN: CNS/CNE  Marian College 1993 Fond du Lac, WI, United States Nursing/ BSN  Certifications  BLS - Basic Life Support CCRN Certification/ AACN member since 2009 APNP AGCNS-BC Advanced Cardiac Life Support (ACLS) NIHSS Certification Member and Secretary WIACNS  Community Service  President of Auxiliary to Milwaukee Fire Department/ Chair of Firefighter Cancer Prevention Initiative and member for 18 years Helping Tree chair at St. Josephat's parish Zyniecki Family ICU Christmas visits since 2009 Girl scout troop leader Group mission work camp since 2016, one week each summer |