Monica Binder

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Registered Nurse at Froedtert Health Community Memorial Hospital

Pewaukee, Wisconsin, United StatesHospital & Health Care

Previous positions

Certified Nursing Assistant at Community Memorial Hospital (CMH)

Rehabilitation Technician Sports Medicine at Froedtert Hospital

Education

Alverno College, Bachelor of Science (B.S.), Registered Nursing/Registered Nurse

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Background

Summary

To demonstrate my knowledge and experience as a Registered Nurse and as a member of the healthcare team. My goal is to provide exceptional care to patients and to be a nurse leader involved with the healthcare team.

Experience

Registered Nurse Telemetry and Medical Surgical Unit

Froedtert Health Community Memorial Hospital

June 2013 – Present(6 years 5 months)Froedtert and Medical College of Wisconsin, Community Memorial Hospital

Collaborate with Physical Therapist, Occupational Therapist, Wound Ostomy Nurse Specialist, Nurse Case Manager, Social Worker, Surgeons, Medical Doctors, and Imaging Technicians to provide effective care. Administer blood transfusions and monitor patients. Effectively communicate with Spanish, and Hmong speaking patients using technology and interpreters. Post- operative monitoring. Wound assessment and dressing changes. telemetry monitoring. Preceptor for students.

Certified Nursing Assistant

Community Memorial Hospital (CMH)

April 2013 – May 2015(2 years 1 month)Menomonee Falls, WI

Completed activities of daily living with patents. Used time management skills to complete tasks and provide patient care.

Rehabilitation Technician Sports Medicine

Froedtert Hospital

May 2010 – June 2014(4 years 1 month)Froedtert and Medical College of Wisconsin

Coached patients through therapy exercises. Assisted therapists with patient treatments such as deep tissue massage and electric stimulation.

Student Nurse Postpartum Mom and Baby Unit

Aurora Health Care

January 2014 – May 2014(4 months)Sinai Samaritan, Milwaukee, WI

Complete Mom and Baby assessments during postpartum time

Administer vaccines for newborns

Communicate with diverse patient population

Educate Moms and families about postpartum care for Mom and Baby

Student Nurse

Columbia St. Mary's

August 2013 – December 2013(4 months)

Complete shift assessments and teachings about medications

Communicated with healthcare providers to collaborate on patient care

Student Nurse Oncology and Medical Surgical Unit

Froedtert Health

August 2012 – December 2012(4 months)Menomonee Falls, WI

Educated patients and families on End-Of-Life and Hospice care

School Student Nurse

St. Jacobi Ev. Lutheran Church & School

January 2012 – May 2012(4 months)Forest Home, Milwaukee, WI

Teach grades Kindergarten-7th grade about healthy lifestyles

Develop age appropriate lesson plans

Lice screenings

Vision screenings

Student Nurse

Clement Manor, Inc.

January 2012 – May 2012(4 months)92nd and Howard Ave, Milwaukee, WI

Teach elderly about healthy lifestyles

Promote range of motion and socializing

Assist in activities with patients that were involved in adult day services

Special Education Aide and Summer School Classroom Aide

WAUKESHA PUBLIC SCHOOLS

July 2009 – August 2009(1 month)Waukesha, WI

Assisted with teaching adaptive physical education classes

Physical Therapist Aide

Groves Physical Therapy Inc

January 2008 – May 2008(4 months)Saint Paul, MN

Provided patient care by setting up modalities such as electric stimulation.

Personal Care Attendant

FahrenHEIGHT360

January 2007 – May 2008(1 year 4 months)Saint Paul, MN

Assisted pediatric and adult clients with pool physical therapy sessions.

Swimming Instructor Levels 1-6

Pewaukee Park and Recreation

June 2007 – September 2007(3 months)Pewaukee, WI

Demonstrate proper swimming and stroke technique

Effectively facilitate classroom

Motivate all children to work towards a common goal

Maintain a safe learning environment

Communicate with parents, other swim instructors, and lifeguards

Education

Alverno College

Bachelor of Science (B.S.), Registered Nursing/Registered Nurse

2010 – 2014

Alverno College

Alverno College Student Nurses Association

Certified Children's Vision Screener by Prevent Blindness America

Alverno College Academic Scholarship

Activities and Societies

Alverno College Student Nurses Association, Attend chapter meetings of Sigma Theta Tau International Honor Society of Nursing

University of Minnesota-Twin Cities

Bachelor of Science (B.S.), Kinesiology and Exercise Science

2004 – 2009

University of Minnesota-Twin Cities

-Alpha Gamma Delta member

-Pre-Physical Therapy club member

-Courage Center Volunteer, Inpatient Rehabilitation Center where I provided focused patient care to burn victims

Activities and Societies

Alpha Gamma Delta, Pre-Physical Therapy Club, Study Abroad in Stockholm, Sweden

Karolinska institutet

Study Abroad, Kinesiology and Exercise Science

2009

Karolinska institutet

Languages

English

Native or bilingual proficiency

Skills & Expertise

Epic Systems

Analysis

Nursing

Valuing in Decision Making

Social Interaction

Postpartum

Telemetry

Sports Medicine

Customer Service

Oncology Nursing

Teamwork

Medical/Surgical

Problem Solving

Healthcare

End-of-life care

Rehabilitation

Certifications

Wisconsin Nurse Aide

, License

Certified Children's Vision Screener

Prevent Blindness, License

NIHSS- English Group A-V3 (NIH stroke scale)

, License

Special Education Program Aide

Wisconsin Department of Public Instruction, License

BLS for Healthcare Providers (CPR and AED) Program

American Heart Association | American Stroke Association, License

Nurse Residency Program

Froedtert and Medical College of Wisconsin, License

June 2014

AccuVein Illumination Skills

, License

February 2016

Honors & Awards

Alverno College Academic Scholarship

Organizations

Alpha Gamma Delta

Chapter Member

Present

Alverno College Student Nurse Association

Member

January 2010 – December 2013

Alpha Gamma Delta

Publications Coordinator Officer Position

January 2007 – May 2007

Volunteer Experience & Causes

Physical therapy volunteer, adaptive sports volunteer

Courage Center

September 2008 – December 2008(3 months)Health

Work with clients on exercises, range of motion, flexibility, and strength

Communicate effectively with nurse, physical therapists and clients

Motivate clients to attend and successfully complete physical therapy session

Use therapy equipment safely

Work with inpatient and outpatient clients

Volunteer in rehabilitation and physical therapy

Aurora Health Care

June 2009 – September 2009(3 months)Health

Assist physical therapists with evaluations and treatment sessions

Work with a variety of populations and diagnoses to increase strength, range of motion, and flexibility

Assisted with modalities, orthotic fittings, clean treatment rooms, demonstrate exercises.

Physical therapy rehabilitation volunteer

Oconomowoc Memorial Hospital

December 2008 – January 2009(1 month)

Assist physical therapist with treatment and evaluation appointments

Work with rehabilitation equipment including ultra sound, traction, and light beds