Megan Renkema

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NICU Utilization Management Nurse at Optum

Seattle, Washington, United States Medical Practice

Previous positions

Case Management Nurse at Cambia Health Solutions

Registered Nurse at Seattle Children's

Education

Grand Valley State University, Bachelor of Science, Registered Nursing/Registered Nurse

Background

Experience

NICU Utilization Management Nurse

Optum

November 2015 – Present(4 years)

- Complete concurrent review of inpatient NICU stays and readmissions

- Facilitate discharge planning

- Educate families and ensure safe transitions to home

- Adhere to URAC and NCQA standards and requirements

- Coordinate with the entire health care team including providers, hospitals, and health plans

- Prioritize caseload and manage workload independently

- Implement client-specific policies and procedures

- Review benefits as needed to facilitate transition to lower level of care

- Escalate cases to Medical Director per policy

- Ensure turn around times are met consistently

- Communicate timely with facilities via phone, fax, and email to obtain clinical information for review and notify of medical necessity determinations

- Maintain accurate documentation of all activities pertaining to case

- Train new employees

- Create resources for team related to pediatric skilled nursing facilities and plan-specific needs

- Assist team members with utilizing various tools for organization and time management

- Lead Job Aid Committee

Case Management Nurse

Cambia Health Solutions

October 2014 – November 2015(1 year 1 month)

- Assist members with identifying resources

- Empower members to make informed health care decisions

- Adhere to URAC standards and requirements

- Coordinate care

- Assist with discharge planning

- Promote quality and cost-effective outcomes

- Manage workload independently

- Assess member’s specific needs and develop care plan to meet member’s specific needs

- Prioritize caseload

- Provide education related to medications, diseases, and benefits

- Assist member’s with preparing for upcoming provider appointments and procedures

- Assist in training other case managers in specialized benefit

Registered Nurse

Seattle Children's

June 2013 – October 2014(1 year 4 months)

Neonatal ICU RN

- Provide family centered care

- Utilize the nursing process to care for critically ill neonates in a Level IV NICU

- Provide specialized care for a variety of different diagnoses

- Collaborate with a multidisciplinary staff

- Function as a Barcode Medication Administration Superuser

- Support research and obtain research samples

- Adapt readily to a constantly changing environment

- Communicate with a variety of team members about patient status and needs

- Prioritize individual care needs for each patient

- Utilize critical thinking skills to care for medically complex patients

- Collaborate as a team member to maximize patient care

- Provide assistance in emergency situations

- Provide care to PICU patients and preop cardiac patients as needed

Registered Nurse

Shands Jacksonville

February 2011 – May 2013(2 years 3 months)

Neonatal RN

- Remain calm and professional during times of critical need

- Readily develop rapport with families, staff, and physicians

- Provide compassionate care to patients and their families

- Introduce new ideas to provide families with an exceptional experience

- Educate fellow staff members on new equipment

- Provides and documents nursing care by planning, organizing, and directing the nursing functions of patients on the unit

- Initiates, implements, and documents patient care plans

- Administers and documents medications and intravenous solutions according to established policies

- Evaluates and documents patient progress toward care plan goals and makes necessary revisions

- Directs workflow in the absence of the Nurse Manager or on off shifts and assists in directing and coordinating nursing and patient care activities

- Communicates in a professional manner with other members of the health care team

- Maintains patient confidentiality and acts in an ethical manner at all times

- Participates in on-going education to expand and enhance professional development

- Supports research and the implementation of evidenced based best practices

Registered Nurse

Spectrum Health

November 2007 – January 2011(3 years 2 months)

Neonatal RN

- Adopt and implement new ideas to streamline processes and increase productivity, quality, efficacy, and safety

- Participate in personal performance improvement activities

- Participate in peer performance evaluations

- Mentor student nurses during their unit observation

- Provide support and guidance to other nurses floating into the unit

- Participate in quality improvement surveys and evaluate patient bedsides

- Utilize time management and organizational skills

- Proven record of reliability and responsibility

- Build rapport with families and coworkers to facilitate a positive environment

- Care for premature and ill neonates in a level III NICU utilizing the nursing process

- Develop, implement, review, and change interdisciplinary care plans each shift

- Provide holistic, family-centered care to the patients and their families

- Educate caregivers on appropriate care for the neonate upon discharge

- Collaborate with a multitude of disciplines and work effectively as a team

- Advocate for the patients and their families

Education

Grand Valley State University

Bachelor of Science, Registered Nursing/Registered Nurse

2004 – 2007

Activities and Societies

Graduated Magna Cum Laude

Sigma Theta Tau, Phi Kappa Phi Honor's Society

Skills & Expertise

Cpr Certified

Microsoft One Note

PALS

CCM

Nursing

Time Management

Cerner

Confidentiality

Nursing Process

NRP

Identifying Resources

Critical Thinking

MCG

Registered Nurses

IV

Computer/Technical Literacy

Discharge Planning

Microsoft Outlook

Microsoft Office

Neonatal Nursing

Nursing Care

Medication Administration

Healthcare

Medical Necessity

NICU

Microsoft Word

Epic

Certified Case Manager