Katherine Suhling

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BSN RN

Milwaukee, Wisconsin, United StatesHospital & Health Care

Previous positions

VALOR Student Nurse Intern at CLEMENT J Zablocki Va Med Ctr

Education

Marquette University, Bachelor of Science in Nursing (BSN), Nursing

Background

Summary

Marquette University College of Nursing graduate with a BSN RN currently working as a registered nurse in the operating room.

Experience

Registered Nurse

CLEMENT J Zablocki Va Med Ctr

September 2015 – Present(4 years 2 months)

VALOR Student Nurse Intern

CLEMENT J Zablocki Va Med Ctr

June 2014 – August 2014(2 months)Milwaukee, WI

Planned and provided nursing care to surgical patients under the supervision of registered nurse preceptors

Observed and participated in guiding patients through the preoperative and perioperative stages of surgery

Educated and supported patients preoperatively and perioperatively

Monitored and evaluated patients postoperatively in the post-anesthesia care unit

Education

Marquette University

Bachelor of Science in Nursing (BSN), Nursing

2011 – 2015

Marquette University

Graduated Magna Cum Laude

Activities and Societies

Sigma Theta Tau International Honor Society - Delta Gamma Chapter, American Nurses Association member, Wisconsin Nurses Association member

Warren Township High School

High School Diploma

2007 – 2011

Activities and Societies

Cum Laude, Schuler Scholar recipient, Student Council, National Honor Society, Head Student Athletic Trainer

Languages

English

Native or bilingual proficiency

Skills & Expertise

Leadership

Nursing

Time Management

Nursing Care

Teamwork

Healthcare

CPR Certified

Certifications

Basic Life Support (BLS)

American Heart Association | American Stroke Association, License

March 2014

Lifeguard (CPR)

Ellis & Associates, License

May 2010 – August 2013

Courses

Marquette University

Nursing of Communities Theory(NURS 4500)

Synthesis Practicum(NURS 4601)

Nursing Care of the Acutely Ill Adult Practicum(NURS 4301)

Nursing Care of the Acutely Ill Adult Theory(NURS 4300)

Nursing Care of Adults Practicum(NURS 3301)

Nursing Care of Adults Theory(NURS 3300)

Family Centered Nursing of Children Practicum(NURS 4401)

Introduction to Nursing Research(NURS 3200)

Family Centered Nursing of Children Theory(NURS 4400)

Nursing of Communities Practicum(NURS 4501)

Mental Health Nursing Practicum(NURS 3501)

Mental Health Nursing Theory(NURS 3500)

Childbearing Family Nursing Practicum(NURS 3401)

Childbearing Family Nursing Theory(NURS 3400)

Pathophysiology 2(NURS 3100)

Pharmacotherapeutics for Nursing Practice(NURS 2110)

Normal and Therapeutic Nutrition(HEAL 2045)

Rhetoric & Composition 2(ENGL 1002)

Women's Health(HEAL 1200)

Theory of Ethics(PHIL 2310)

Biochemistry for the Health Professions(BISC 2070)

Principles of Human Anatomy and Physiology(BISC 1015)

Human Microbiology(BISC 3115)

Nursing Leadership(NURS 4650)

Culture and Health(HEAL 1025)

Philosophy of Human Nature(PHIL 1001)

Health Assessment Laboratory(NURS 2000)

Introduction to Life-Span Developmental Psychology(PSYC 2101)

Health Assessment(NURS 2000)

Pathophysiology I(NURS 2100)

Dimensions of Professional Nursing(NURS 1000)

Chemistry for Health Professions(BISC 1060)

Honors & Awards

Dean's List

Marquette University College of Nursing

Strong academic performance with a semester GPA of 3.5 or above is the basis for this recognition. The Marquette nursing program is a rigorous and challenging program so this recognition signifies the recipient's accomplishment and commitment to their studies.

Schuler Scholar

Schuler Scholar Program

July 2008

The Schuler Scholar Program equips bright, motivated youth with the support they need to gain access to and succeed at highly selective colleges and beyond. The program believes that high-achieving, under-represented students will be successful in obtaining a degree from a top college if they are motivated, have access to academic and enrichment programs while in high school, are well-informed of college options, receive support from a wide network, and secure financial assistance.

Ignatius & Magis Scholarship

Marquette University

February 2011

These awards are competitive and determined by reviewing all information provided by an applicant as well as the overall applicant pool. The committee reviews a student’s academic work, rigor of curriculum, community service, leadership, and other factors. Freshman applicants who have excelled in the classroom, performed well on standardized examinations and those who can make a significant contribution to the Marquette community have received awards from Marquette.

Sigma Theta Tau International Nursing Honor Society Member

Sigma Theta Tau International

April 2014

The mission of the Honor Society of Nursing, Sigma Theta Tau International, is advancing world health and celebrating nursing excellence in scholarship, leadership, and service. STTI membership is by invitation to baccalaureate and graduate nursing students who demonstrate excellence in scholarship and to nurse leaders exhibiting exceptional achievements in nursing.

Organizations

Alpha Chi Omega

Vice President Membership Programming

November 2013 – November 2014

Coordinates and organizes membership programming events for the Theta-Omega Chapter. Sits as a chairwoman of the Risk Management Committee, along with other executive board and non-executive board members of the chapter. Leads and oversees three committees for the development of sisterhood, recruitment of members, and health and wellness of the chapter. Collaborates with fellow executive board members and collaborates with them in matters pertaining to the chapter at large.

Order of Omega

Present

Order of Omega is a leadership honor society for members of Fraternity & Sorority organizations. Order of Omega recognizes juniors and seniors who have exemplified high standards in the areas of scholarship, leadership, involvement within their respective organization and within the Fraternity/Sorority, campus, and local community. Members are selected from the top 3% of students at each institution.

Rho Lambda

Present

Rho Lambda, the National Sorority Leadership Recognition Society, honors those women within the sorority community who have exhibited the highest qualities of leadership and service to their Greek community and their sorority. They are women who have furthered the ideals and principles of the Greek community throughout their years of sorority affiliation.

Veterans Administration Nursing Academic Partnership (VANAP)

Student Member

June 2012 – Present

In 2013, the Department of Veterans Affairs chose the Marquette University College of Nursing and

Clement J. Zablocki VA Medical Center as one of six sites nationally to participate in the five-year VA

Nursing Academy Nursing Academic Partnership Program. The $5 million partnership incorporates

veteran-centric care into the College of Nursing’s pre-licensure curriculum to prepare all Marquette

nursing students to promote health, healing and social justice for veterans and their families with

compassionate, culturally based and spiritually reflective clinical practice.

As part of the VANAP program, the Marquette University College of Nursing and Milwaukee VA plan

to work together to advance research related to veteran care and host an annual veterans health

care conference. The College of Nursing also offers a veterans health care elective course open to all

Marquette students.

Undergraduate students interested in veteran-centric care can apply to the competitive cohort program, in which they will follow the College of Nursing’s pre-licensure curriculum but complete their five required clinical placements at the Milwaukee VA. The goal of the cohort program is to place graduates into nursing positions at the Milwaukee VA or another VA facility upon graduation.

National Honor Society

December 2010 – May 2011

Student Council

Community Service Officer

August 2007 – May 2011

LifeTeen Youth Group

August 2008 – May 2011

Participated in Catholic Heart Work Camp (CHW)

Small group leader for a weekend retreat

Attended volunteering events

Girl Scouts of the USA

Senior Girl Scout

1999 – 2007

Student Athletic Training

Head Student Athletic Trainer

August 2008 – May 2011

McCabe Hall Council

Floor Representative

August 2012 – May 2013

Represented floor mates who lived in McCabe Hall at weekly Council meetings. Planned and oversaw community events within McCabe Hall that were mutually decided upon with the Council.

Marquette University Office of Residence Life

Desk Receptionist

April 2013 – Present

Assists students and visitors during their stay at Carpenter Tower Hall. Regulates the safety of the building and ensures security for visitors’ entry to the building, along with enforcing university policy.

Volunteer Experience & Causes

Student Volunteer

Hope House of Milwaukee

November 2011 – December 2011(1 month)Children

The Hope House is a service organization whose mission is to end homelessness and create healthy communities. I supported the site coordinator in providing a safe atmosphere for the children after school by tutoring the children in math and reading. I also fostered the safe atmosphere by spending time with the children after tutoring, which included assisting the site coordinator in facilitating learning-based games.

Student Volunteer

My Good Mourning Place

November 2013 – December 2013(1 month)Children

My Good Mourning Place is a bereavement center designed to help children, teens, and families cope with a loved one’s death by facilitating the grief process in a supportive environment.

Initiated and maintained a therapeutic relationship with clients. Assisted trained facilitators in group programs and activities. Worked one-on-one with kids to provide support, understanding and education during the grief process.

Student Volunteer

Hunger Clean Up

October 2012 – Present(7 years 1 month)Environment

Hunger Clean-Up has grown to be Marquette’s largest day of service- bringing together approximately 1,500 individuals to volunteer with over 50 agencies each April. This stage is set by a dedicated team of student leaders committed to service who work in the fall and spring to mobilize their peers while increasing awareness, support, and resources for local programs addressing issues of poverty.

Student Volunteer

Make A Difference Day

April 2012 – Present(7 years 7 months)Environment

On the fourth Saturday in October, millions of Americans unite to do good for others on Make A Difference Day. Created by USA WEEKEND Magazine, we are proud to head this nationwide effort and recognize the everyday people whose contributions improve communities and better lives. As a student volunteer, I spend a Saturday morning helping older adults in the community prepare their homes for winter. With our help, they are able to stay independent, healthy and safe! Assists the elderly of the Milwaukee community in staying independent, healthy, and safe by completing their “to-do” lists. Works with fellow Marquette Students to enhance the appearance of lawns and also making the exterior of the elderly’s homes safe before the winter sets in.

Student Volunteer

Journey House, Inc.

September 2013 – January 2014(4 months)Education

Journey House is a community infrastructure that increases education, reduces unemployment and crime, strengthens families, and revitalizes neighborhoods using a self-help philosophy.

Collaborated with the “Girls in The House” program by providing mentoring, educational assistance, and support to impoverished teenage girls. Assisted a trained facilitator in educating the program attendees in the areas of health and wellness, service, and scholarship.

Volunteer

Drive Away Domestic Violence

October 2012 – Present(7 years 1 month)Civil Rights and Social Action

Drive Away Domestic Violence is an annual charity golf tournament benefitting the Milwaukee Women's Center. Raises awareness about domestic violence, both world- and community-wide, in cooperation with Alpha Chi Omega, Theta-Omega Chapter at Marquette University. Assists in raising funds for the Milwaukee Women’s Center. Collaborates with members of Alpha Chi Omega to help host the event.

Causes Katherine cares about:

Children

Health

Science and Technology