Donna Bowen, RN

Registered Nurse at University of Washington Medical Center

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<http://www.indeed.com/r/Donna-Bowen%2C-RN/26816711119ada24>

I am a highly motivated individual looking to advance my career as a Registered Nurse. I have a great deal of experience working in a fast paced, deadline-oriented environment that demands superior organization skills, and impeccable attention to detail. I am a trustworthy and ethical individual committed to superior patient and family care.

Work Experience

Registered Nurse

University of Washington Medical Center

2010 to Present

Registered Nurse / Critical Care Experience

I am currently employed at University of Washington Medical Center, Medical/Surgical/Transplant ICU. This is a 22-bed critical care unit where I have the privilege of delivering care to patients who have undergone liver, pancreas and/or kidney transplants, abdominal, vascular and other major general surgeries, and/or have adult respiratory distress syndrome, multi-system organ failure, septic shock, GI bleeding, complicated pregnancy, cancer, renal failure, or chronic obstructive pulmonary disease.

Nursing Technician

Harborview Medical Center

2008 to 2010

Corporate Manager / Administrative Supervisor

Silence Inc dba Midas Auto Service Experts

1996 to 2008

Teller

First Mutual Bank

1995 to 1996

Receptionist

Hickman Chiropractic

1994 to 1995

Education

Associates in Applied Science in Nursing

Lake Washington Technical College

January 2010

Awards

Employee of the Month

1999-04

Silence Inc. Founders Award / MVP

2001

Employee of the Year- Silence Inc.

2003

Lake Washington Technical College- RN program

2010-03

MAGNA CUM LAUDE & Phi Theta Kappa

Certifications and Licenses

Advanced Cardiac Life Support

2010 to 2019

Registered Nurse License

December 2010 to December 2020

BLS, ACLS

Additional Information

Skills & Experience

Patient Care Coordination

Demonstrates knowledge and care of patients in the primary setting that the RN is employed

Knowledge of medications and their correct administration based the patient and their clinical condition including the five rights.

Prioritize patient care based on acuity/urgency of patient needs

Able to interpret data about the patient's status in order to identify specific needs and provide care

Ability to formulate, coordinate and revise an individualized plan of care as indicated by the patient's response to treatment and evaluate overall plan daily for effectiveness.

Consistently treat patients and their families with respect and dignity. Identify and address psychological, cultural, ethnic and religious / spiritual needs of patients and their families.

Function as liaison between administration, patients, physicians and other healthcare providers.

Interacts professionally with patient/family and involves patient/family in the formation of the plan of care.

Nursing Process

Systematically assesses the need for and the delivery of nursing services that meet patient care requirements.

Ability to perform a thorough systematic assessment with focus on area specific patient needs/condition

Ability to adequately assess and reassess pain and utilize appropriate pain management techniques. Ability to educate the patient and family regarding pain management.

Ability to meet documentation standards and policies

Patient Safety & Teaching

Performs all aspects of patient care in an environment that optimizes patient safety and reduces the likelihood of medical/healthcare errors. Integrates patient and family education into the delivery of care. Complies with policies regarding safety and infection control.

Formulates a teaching plan based upon identified learning needs and evaluates effectiveness of learning, family is included in teaching as appropriate.

Enabling Operations

Coordinates patient care given by other therapies to achieve optimal positive patient outcome

Communicates appropriately and clearly to charge nurse, manager, co-workers, physicians and all members of the health care interdisciplinary team.

Demonstrates an ability to be flexible, organized and function well under stressful situations.

Demonstrates ability to use computer applications required for successful completion of job requirements.

Professional Growth

Assume responsibility for continued professional growth and sharing expertise with other team members.

Willingness to participate in professional organizations and develop/maintain professional growth

Willingness to participate in staff meetings and/or actively seeks to keep self-informed of information.

Nursing Technician Experience

I was employed at Harborview Medical Center in Seattle, WA for approximately 2 years as a Nursing Technician where I gained experience in hospital, acute care, and intensive care unit settings. I spent time on various floors/units including Neuro Trauma, Neuro ICU, Burns, Psych and Med/Surg. As a Nursing Technician I was able to perform a variety of tasks, including but not limited to, transporting patients, collecting specimens, ordering and stocking supplies, and coordinating clerical and reception activities. Additional duties included-

Assisting the RN in providing direct care

Delivery of direct patient care in various settings (ICU and Acute Care)

Take/record patient vital signs- report any changes in a patient's condition to the healthcare supervisor

Assist health care professionals in the assessment of patients- conducting electrocardiograms, blood sugar and lab monitoring, and other tasks within scope of practice

Communicate abnormal findings and changes in patient condition to the supervising RN