Mary Rotundo

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RN, Labor and Delivery at Whidbey Health Medical Center

Coupeville, Washington, United States Hospital & Health Care

Previous positions

RN, Labor and Delivery at CHENANGO MEMORIAL HOSPITAL

Inpatient Chemical Dependency Rehabilitation - New Horizons at BINGHAMTON GENERAL HOSPITAL

Background

Summary

Nursing for 34 years, including extensive background in Labor and Delivery, several years experience in outpatient community mental health, and both inpatient and outpatient chemical dependency rehabilitation. Certifications include NRP, ACLS, Advanced Fetal Monitoring, and STABLE. SCIP and de-escalation trained. Current RN licensure in Washington State and New York State.

Experience

RN, Labor and Delivery

WhidbeyHealth Medical Center

June 2016 – Present(3 years 5 months)Coupeville, Washington

Level I facility, duties include all aspects of labor and delivery. Triage and admission of women in active labor, those requiring inpatient care for preterm issues, scheduled inductions of labor and cesarean sections. Assist with epidural administration and operative delivery procedures. Also all aspects of low risk newborn and postpartum care and education regarding safe sleep, lactation and signs of complications in mother and infant post delivery.

RN, Labor and Delivery

CHENANGO MEMORIAL HOSPITAL

June 1998 – August 2015(17 years 2 months)Norwich, New York

Level I facility, duties include all aspects of labor, vaginal/surgical birth, post partum care of mother and newborn. Triage of patients and admission of active labor patients. Perform intrapartum nonstress testing, monitoring/coaching of labor patients, assisting with epidural anesthesia administration. Assisting with lactation establishment, newborn testing and all aspects of newborn care. Assisted pediatrician with circumcisions and post care. I designed a curriculum and taught childbirth classes for 4 years. I spoke in our local high school several times a year, educating students about pregnancy, labor and delivery. All duties were performed during 12 hour shifts, either day or night shifts. Maintained all educational requirements and certifications.

Inpatient Chemical Dependency Rehabilitation - New Horizons

BINGHAMTON GENERAL HOSPITAL

December 2009 – October 2012(2 years 10 months)Binghamton

24-bed inpatient chemical dependency rehabilitation unit, staffed with 2 RN's per shift, case management and a patient care technician. Duties were performed on 3pm-11:30pm shift. Administered medications and nursing care to patients in treatment for alcohol, heroin, methamphetamine, opiate and benzodiazepine dependency. Conducted educations in behavioral modification and coping skill enhancement. Supervised groups of patients during AA meetings on site, on walks out doors, and during free time in the evening hours. Conducted personal searches on patients during admission for contraband.

Community Mental Health Nurse

CHENANGO COUNTY

June 2007 – February 2012(4 years 8 months)Norwich

Sole RN working in an out patient setting, with 2 psychiatrists and psychiatric Nurse Practitioner. I had a small group of stable clients whom I met with on a regular basis for therapy sessions and 25 clients who were receiving injectable antipsychotic medications monthly. Duties included communicating with prescribers, transcribing orders, communicating with pharmaceutical representatives and the ordering/storing and inventory of the injectable medications. Also responsible for the storage, inventory and dispensing of sample medications supplied by various pharmaceutical companies. Admitted outpatient clients into substance abuse treatment and provided group therapy sessions regarding stress management and healthy lifestyles. Attended trainings and conferences for diagnosing and treatment of mental health disorders. SCIP and de-escalation trainings included.

Registered Nurse

Whidbey General Hospital

February 1995 – June 1998(3 years 4 months)United States

Worked 3-11:30 pm shift on 22 bed medical-surgical unit, and also floated to labor and delivery as need arose. Team nursing approach to care, with assignments ranging from 4-6 patients. Worked in conjunction with a CNA or LPN to deliver care to acutely ill or post-operative patients. Administered medications, treatments and all aspects of nursing care, communication with MD's and ancillary staff, patient and caregiver education regarding disease process, treatment avenues and expected time frame for recovery or lifestyle changes. Educate and precept new staff and nursing students. Also was on a team of nurses in the development of screens for computer documentation.

Education

State University of New York at Delhi

1983 – 1985

State University of New York at Delhi

State University of New York at New Paltz

Biomedical Ethics

1985 – 1986

State University of New York at New Paltz

Languages

Spanish

Skills & Expertise

Childbirth Education

Inpatient Care

Nursing

Hospitals

Compassion

Acute Care

Chemical Dependency

Behavioral Health

Community Education

Treatment

Labor and Delivery

Healthcare

Medicine

Case Management

Mental Health

Rehabilitation