Maheen Arastu

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| Name: | Maheen Arastu |
| Phone: | 832-641-8756 |
| Email: | maheenarastu@gmail.com |
| Location: | US-IL-Elmhurst-60126 () |
| Last Modified: | 4/9/2019 11:27:27 AM |

 Work History

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| Company Name: | St. Davids North Austin Medical Center | 04/01/2018 - Present |
| Job Title: | Operating Room Charge Nurse | |
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| Company Name: | Post Anesthesia Care Unit, St. Mary's Hospital | 10/01/2015 - 04/04/2019 |
| Job Title: |  | |
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| Company Name: | Holy Family Medical Center | 10/01/2015 - 04/04/2019 |
| Job Title: |  | |
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| Company Name: | Rush University Medical Center | 02/01/2016 - 03/31/2018 |
| Job Title: | Operating Room Registered Nurse | |
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| Company Name: | Texas Nerve and Paralysis Institute | 10/01/2010 - 12/31/2013 |
| Job Title: | Clinic Coordinator | |
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 Education

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| School: |  | Graduation Date: |  |
| Major: |  | | |
| Degree: | None | | |
| School: | American Heart Association | Graduation Date: |  |
| Major: |  | | |
| Degree: | None | | |
| School: | Resurrection University | Graduation Date: |  |
| Major: |  | | |
| Degree: | Bachelor's Degree | | |

 Additional Skills And Qualifications

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| Recent Job Title: | Operating Room Charge Nurse | Recent Wage: | 0 per |
| Security Clearance: | No |  |  |

 Desired Position

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| Desired Wage: | per | Desired Employment Type: |  |
| Desired Travel: |  | Desired commute: |  |
| Desired Relocation: | No | |  |

 Resume

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| MAHEEN ARASTU maheenarastu@gmail.com 2415 Berkshire Way, Cedar Park, Texas 78613 Cell Phone: (832) 641-8756  SUMMARY OF QUALIFICATIONS  Participated in 1000+ clinical hours in a variety of clinical settings and operating room.  Outstanding organization and time management skills.  Able to chart patient records efficiently on EPIC and Meditech while maintaining HIPPA protocol.  Fluent in Hindi and Urdu to provide culturally competent care.  Use evidence based practice to provide quality care.  LICENSES &amp; CERTIFICATIONS  Registered Nurse - Licensed in Illinois and Texas  American Heart Association Basic Life Support for Healthcare Providers EDUCATION Bachelor of Science in Nursing Resurrection University, Chicago, IL Dean's List - Summer Semester 2015  PROFESSIONAL EXPERIENCE St. Davids North Austin Medical Center, Operating Room Charge Nurse - April 2018 - Present  Maintain collegial/working relationships with nursing staff and physicians to ensure quality patient care and communicate effectively with patients, patients' families and all members of the patient care team.  Perform scheduling both intra- and inter-departmentally as requested by physician orders.  Care and mange specimens and cultures as directed by set policies and procedures.  Participate in ongoing quality assurance program that met or surpassed hospital/JCAHO standards for patient and staff safety.  Assisted in preparing surgery schedules and planning the perioperative care for surgical patients. Rush University Medical Center, Operating Room Registered Nurse - February 2016 to March 2018  Ensure OR readiness by maintaining stringent quality standards and safety precautions.  Circulate and assist in cardiac, thoracic, general, ENT, and a variety of other cases including adults and pediatrics.  Administer medications and pain management in accordance with care plan instructions.  Maintain supplies and assured cleanliness/sterility of surgical area.  Evaluate, plan and assess the nursing care needs of patients during, before and after the entire surgical procedure. Texas Nerve and Paralysis Institute, Clinic Coordinator - October 2010 to December 2013  Reviewed methods of treatment with parents and patients using specific diagnosis protocols created and implemented by Dr. Rahul Nath, world-renowned peripheral nerve surgeon.  Followed-up with patients following surgery to ensure proper wound care and recovery.  Completed patient demographics, medical history, and patient evaluations, verified consent forms, testing orders, letters of medical necessity, preauthorization requests, and physician referrals.  CLINICAL EXPERIENCE Post Anesthesia Care Unit, St. Mary's Hospital - Fall 2015  Recovered patients undergoing cardiac, general, orthopedic, and gynecologic surgeries both inpatient and outpatient.  Educated client and responsible guardian of post-operative instructions, including infection, post-operative complications, preventative measures, and medication administration. Intensive Care Unit, Holy Family Medical Center - Fall 2015  Performed head-to-toe assessments, wound care, administer medications, and deliver care with minimal supervision.  Coordinated care in collaboration with a wide array of healthcare professionals and performed approved therapeutic or diagnostic procedures based upon patients' clinical status.  LEADERSHIP &amp; VOLUNTEER EXPERIENCE Resurrection University Student Nursing Association (RUSNA), Secretary - 2014 to 2015  Coordinated meetings, volunteer opportunities, and fundraisers for RUSNA.  Completed certified disaster drill training provided by Red Cross.  Attended various seminars on evidence based practice and ethical practice nursing.  Chicago Marathon Race Medical Tent - October 2016  Aided in treatment of patients with tachycardia, hypothermia, cramps, wounds and lacerations. |