Krista Abaya, RN BSN

Registered Nurse Medical/Surgical - ISLAND HOSPITAL

Eastsound, WA

360-931-4490

Kristaabaya@gmail.com

Updated: October 31, 2019

<http://www.indeed.com/r/Krista-Abaya%2C-RN-BSN/5fb8181d3ef00f40>

Work Experience

Registered Nurse Medical/Surgical

ISLAND HOSPITAL

Anacortes, WA

July 2019 to Present

• Assesses, plans, implements, and evaluates patient care to meet each individual patient needs

• Provides primary care to complex medical, neurological, surgical, and cardiac patients

• Works closely with physicians to deliver optimum patient care

• Uses time management skills to coordinate patient admissions, transfers, and discharges in a safe manner

• Proficient in administering critical intravenous medications and monitoring patient response

• Applies the nursing process to identify healthcare interventions to ensure positive patient outcomes

• Educates patients and their families on lifestyle and behavior changes

Registered Nurse Progressive Care Telemetry

ADVENTIST HEALTH HOSPITAL

Portland, OR

June 2018 to June 2019

• Experienced in physical assessments, administration of medications, and assisting physicians with bedside procedures

• Collaborated with physicians and other interdisciplinary team members to identify patient treatment needs

• Managed and titrated critical medication drips including diltiazem, nitro, heparin, and dobutamine

• Supervised and delegated care to other team members

• Handled preparing patients for tests, echocardiograms, and the operating room

• Trained and oriented new hire nurses and nursing students

Registered Nurse Outpatient Dialysis

FRESENIUS MEDICAL CARE

Vancouver, WA

February 2016 to July 2018

• Demonstrated nursing assessments and documented care in healthcare record

• Recognized patient status that varied from normal and reported to physician and team for input

• Sharpened skills in meeting direct patient care needs while utilizing policies and procedures

• Delegated patient care tasks to patient care technicians and licensed practical nurses

• Constructed nursing care plans with patients and interdisciplinary team to help improve patient care

• Directed clinic anemia management, reducing patient anemia by 20% for the year

Education

Bachelor of Science in Nursing in Nursing

WESTERN GOVERNORS UNIVERSITY - Salt Lake City, UT

December 2017

Associates of Science in Nursing in Nursing

SOUTHERN ADVENTIST UNIVERSITY - Collegedale, TN

December 2015

Nursing Licenses

RN

Expires: October 2020

State: WA

Skills

Registered nurse

Rn

Acls

Cardiac

Cardiac life support

Excel

Microsoft outlook

Outlook

Word

Cerner

Meditech

Epic

Additional Information

• Proficient with MS applications; Word processing, Excel spreadsheets, and Microsoft Outlook

• Experienced with Electronic Medical Record systems including; Cerner, Epic, and Meditech

CREDENTIALS AND LICENSES

• Registered Nurse (RN) License of Oregon and Washington

• Advanced Cardiac Life Support (ACLS) AHA

• Basic Life Support (BLS) AHA