Janelle Crossman

425-899-2790

janelle.crossman@gmail.com

<https://www.linkedin.com/in/janelle-crossman-b5b1277b/>

Registered Nurse

Kirkland, Washington, United StatesHospital & Health Carevia LinkedIn

Previous positions

Clinical Experiences at Student Nurse

Apprentice Midwife at Sacred Waters Community Birthing Center

Education

Oregon Health and Science University, Bachelor's degree, Nursing

Background

Experience

Registered Nurse

Evergreen Healthcare

January 2014 – Present(5 years 10 months)Kirkland, Washington

Family Maternity Center - Labor & Delivery, Postpartum, Antepartum

Preceptor as of June 2015

Clinical Experiences

Student Nurse

2012 – 2013Portland, OR

Providence St. Vincent, Labor & Delivery, Portland, OR

Summer 2013

Senior Practicum. 300 hours providing nursing care to newborns and antepartum, intrapartum, and postpartum patients. Observational experiences on postpartum unit and with lactation consultant. Attended childbirth education, breastfeeding, and newborn care classes. Researched evidence-based practices for newborn care guidelines on the unit. Presented staff teaching project on sexually transmitted diseases during pregnancy and birth.

New Avenues for Youth, Portland, OR

Spring 2013

Population-Based Care Rotation. Completed 150 hours working with homeless youth in downtown Portland. Developed and implemented health education workshops.

Central City Concern, Urgent Care, Portland, OR

Spring 2013

Leadership Rotation. Worked with organization to assess needs of low-income clients. Developed and administered surveys to identify areas needing improvement.

OHSU, Labor & Delivery, Mother-Baby, Portland, OR

Winter 2013

Leadership Rotation. Evaluated nursing leadership, management, and policy on the units. Identified systems-level barriers and proposed ideas to implement change.

Acute Illness Rotation. Completed 220 hours providing nursing care for newborns and antepartum, intrapartum, postpartum, and gynecological patients. Observational experiences in the NICU and with the lactation consultant.

Providence St. Vincent, Cardiology, Portland, OR

Fall 2012

Chronic Illness Rotation. Completed 150 hours providing nursing care to patients with cardiac diseases and other co-morbidities.

Apprentice Midwife

Sacred Waters Community Birthing Center

2010 – 2011Eugene, OR

- Assisted in 20 births and 285 prenatal and postpartum appointments

- Experienced home births, water births, hospital births, C-sections, and miscarriages

- Assisted in breastfeeding and birthing classes, created and distributed advertising, trained new students, created client handouts, and attended health fairs

Midwifery Volunteer

Oregon Midwifery Council

2010 – 2011Eugene, OR

- Promoted midwifery at health fairs and other local events

- Answered questions about midwifery, birth, and pregnancy

- Assisted prospective future midwives in accessing resources

Research Assistant

University of Oregon

2009 – 2011Eugene, OR

- Transcribed and reviewed interviews for over 500 hours for mother-infant attachment study

- Completed research ethics training, maintained database, and trained research assistants

Student Nursing Assistant

Sacred Heart Medical Center

2010 – 2010Springfield, OR

- Completed Oregon Certified Nursing Assistant clinical hours

- Bathed, fed, and provided personal care

- Provided care in oncology, neurology, and orthopedics

Certified Nursing Assistant

Stollwood Convalescent Hospital

2007 – 2008Woodland, CA

- Vital signs, feeding, bathing, catheter care, recreational activities and physical therapy

- Provided specialized care in adjacent Alzheimer’s facility

Certified Nursing Assistant

California In-Home Supportive Services

2007 – 2008Davis, Ca

- Cared for a woman at home in her late 90s with Alzheimer’s

- Prepared meals, assisted with toileting, administered medications, transported client to appointments, and planned recreational activities tailored to her needs

- Assisted in care under the direction of hospice until her death

Nursing Assistant Volunteer

Sutter Davis Hospital

2007 – 2007Davis, CA

- Prepared rooms, restocked supplies, transported equipment, copied forms, filed labs, cleaned rooms after discharge, and assisted in patient and family requests

- Created maternal and newborn informational packets, sewed newborn hats

Education

Oregon Health and Science University

Bachelor's degree, Nursing

2012 – 2013

Oregon Health and Science University

University of Oregon

Bachelor's degree, Psychology

2008 – 2011

University of Oregon

Skills & Expertise

Hospitals

PowerPoint

Research

Healthcare

Microsoft Word

Certifications

Registered Nurse

Washington State Board of Nursing, License

March 2015 – March 2016

BLS for Healthcare Providers

American Heart Association, License

April 2014 – April 2016

Neonatal Resuscitation Program

American Academy of Pediatrics, License

April 2014 – April 2016