Arianna Griffin

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LDRP Registered Nurse

Seattle, Washington, United StatesHospital & Health Carevia LinkedIn

Previous positions

Nursing Student at Clinical Experience

Redhawk Ambassador - Student Manager at Seattle University Office of Admissions

Education

Seattle University, Bachelor’s Degree | Cum Laude, Nursing

Background

Summary

I am a recent graduate of Seattle University where I earned a Bachelor of Science degree in Nursing and minored in Studio Art. I earned my Registered Nurse license in September 2016 and successfully completed my RN Residency in Postpartum and Labor and Delivery at EvergreenHealth's Family Maternity Center in April 2017 and March 2018, respectively.

In addition to my strong academic performance, I am proud of my successful clinical experiences that have provided me a rich spectrum of work within nursing and patient care, enriched my compassion for others and fostered my professional growth and development. I have a strong commitment to life-long learning, patient advocacy, leadership, and holistic family-centered care.

Experience

Registered Nurse

EvergreenHealth

January 2017 – Present(2 years 10 months)Greater Seattle Area

Labor & Delivery | Postpartum; Mother/Baby

Full-time RN staff on a 36 bed unit that performs 350+ deliveries a month, on average. Provide care for mothers and newborns in triage, labor, and post-partum settings.

- Carry out evidence-based, personalized, and culturally-sensitive care for a diverse population of patients with a foundation of AWHONN perinatal standards.

- Accurately interpret EFM with NICHD standards; provide real time-resuscitative efforts and reassess plan of care based off of accurate interpretation of EFM.

- Provide timely and accurate communication to and collaborate with physicians during delivery, treatment, and surgical procedures.

- Manage patient's pain including epidural and patient controlled analgesia administration.

- Educate patients and family with accurate, baby-friendly certified information on labor, pain management, newborn care, and breastfeeding techniques.

- Appropriately monitor, record and communicate patient condition utilizing electronic EFM documentation software.

- Safely operate advanced Philips wireless fetal and maternal monitoring equipment.

- Successfully completed two seperate 12 wk residencies for Postpartum and Labor/Delivery.

Certifications

- NRP Certified Jan 2017

Nursing Student

Clinical Experience

September 2014 – August 2016(1 year 11 months)

Senior Practicum: Swedish First Hill; Postpartum 4S, 4SW, 6SW (168 Hours)

Med-Surge II: Medical Surgical, Orth. Rehab, Psych., Community, and Maternity Rotations; [Completed abroad in Västerås, Sweden and Köping, Sweden] (60 Hours)

Family Maternity Nursing: Providence Everett; Labor and Delivery, Antepartum, Postpartum, NICU, Triage (100 Hours)

Psychiatric: Harborview Medical Center; 5WB, 5WA, PES (65 Hours)

Pediatrics: Seattle Children’s Hospital; 4 River, 3 River (60 Hours)

Medical Surgical I: Highline Medical Center; 6-Birch & 4-Alder, Post-Surgical,Oncology, Telemetry (100 Hours)

Gerontological: Providence Marionwood: Nursing Unit, Hospice (60 Hours)

Redhawk Ambassador - Student Manager

Seattle University Office of Admissions

September 2012 – August 2016(3 years 11 months)Seattle University Office of Admissions

Managed tours and other admissions activities for prospective students and families; organized trainings for a team of 30 students, and provided visitors to the University with a genuine and personalized experience.

Education

Seattle University

Bachelor’s Degree | Cum Laude, Nursing

2011 – 2016

Seattle University

Activities and Societies

Redhawk Ambassador, Teacher's Assistance, Writing Center Consultant, Peer Mentor in the Office of Multicultural Affairs

Mälardalen University

Bachelor’s Degree, Nursing

2016 – 2016

Mälardalen University

Semester-long Nursing Exchange program through Seattle University at Mälardalens högskola in Västerås, Sweden.

Chugiak High School

High School

2007 – 2011

Activities and Societies

Senior Class President, Student Government, Military Base Volunteer

Languages

English

Skills & Expertise

Leadership

Communication

Nursing

Time Management

Hospitals

Microsoft Office

Customer Service

Nursing Care

Healthcare

Microsoft Word

Bedside Manner

Holistic Care

Infection Control

Patient Advocacy

Certifications

NRP

American Heart Association | American Stroke Association, License

February 2019 – February 2021

Honors & Awards

Mary Mahoney Professional Nurses Organization Scholar

MMPNO

September 2015

The primary mission of the Mary Mahoney Professional Nurses Organization (MMPNO) is to provide financial aid and scholarships to students of African heritage who pursue studies leading to careers in professional nursing.

Seattle University Nursing Global Engagement Scholar

Seattle University CON

January 2016

Dean’s List

Seattle University

Maintained Dean's List distinguishment throughout my education at Seattle University from September 2011 to August 2016.

Volunteer Experience & Causes

Student Volunteer at the Lytle Center

Swedish First Hill

October 2014 – November 2015(1 year 1 month)Health

Collaborated within a unique community for new and expecting mothers and their families by

providing information about classes and assisting with the daily functions of the center.

Peer Mentor

OMA-Connections Leadership Program

September 2013 – June 2014(9 months)Social Services

Led a group of 6 new students of color through activities immersed in campus life and led discussions around diversity, social justice, and cultural acceptance.

Volunteer Teaching Assistant

Children’s Literacy Project (Youth Initiative); Bailey Gatzert

October 2011 – June 2012(8 months)Social Services

Assisted teachers in kindergarten and second grade classrooms. Guided students during projects, writing assignments, and helped to facilitate reading periods.