Courtney Amble

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Registered Nurse at Wheaton Franciscan Healthcare

Brookfield, Wisconsin, United StatesHospital & Health Care

Previous positions

Student Nurse Preceptee at Children's Hospital of Wisconsin

Student Nurse at Milwaukee School of Engineering

Education

Milwaukee School of Engineering, Bachelor of Science Nursing, Minor in Psychology,

Background

Summary

I am a motivated and teachable health care professional who strives to provide safe, excellent, and compassionate care to patients and families as a Level II Neonatal Intensive Care Registered Nurse at Wheaton Franciscan Healthcare's St. Joseph's Hospital.

In the NICU, I have gained valuable experience in neonatal resuscitation, management of central lines, monitoring and care of unstable patients, safe handling of medications, implementation of speech therapy and occupational therapy plan of cares, and promoting development care. Time management, communication skills (with both fellow providers and patient's family members), and clinical judgement are all skills that have been strengthened from my experiences as a Level II NICU RN.

My personal view of nursing is it is a career of stewardship, where patients, families and communities are put above self through compassion, integrity, teamwork, excellence, and innovation. It is a profession founded on service where the goal is to respect the dignity of each individual that enters in my care and through a trusting relationship, work together towards achieving the individual's highest level of health, wellness, and quality of life.

I have a passion for learning and look for experiences to grow in my nursing knowledge and abilities. Future professional goals of mine include becoming a Level III Neonatal Intensive Care Nurse, being a preceptor to new employees and students, and to one day have a Masters in Nursing graduate degree.

Experience

Registered Nurse - Neonatal Intensive Care

Wheaton Franciscan Healthcare

June 2014 – Present(5 years 5 months)Milwaukee, WI

Promote the health and wellness of premature and full terms infants born with complex health needs. This is achieved through the delivery of safe and developmentally appropriate care, advocacy, collaboration, and a spirit of excellence and passion.

Student Nurse Preceptee

Children's Hospital of Wisconsin

March 2014 – May 2014(2 months)Milwaukee, WI

Under the supervision of two experienced preceptors, floated to the hospital's three ICU's (respiratory/surgical, cardiac, and neonatal). Sharpened clinical judgement, time management, communication, and teamwork skills. Gained valuable experience in the management of pediatric and neonatal patients with complex acute and chronic health and wellness needs.

Student Nurse

Milwaukee School of Engineering

December 2011 – May 2014(2 years 5 months)Greater Milwaukee Area

Over 700 valuable hours of clinical experiences in the following areas:

-Children's Hospital of Wisconsin - ICU Float Unit, West 11 (GI & Respiratory Medical Unit)

-Aurora St. Luke's Medical Center - Cardiac Intensive Care Unit, OR, PACU, Day Surgery

-Aurora Sinai Medical Center - Neonatal Intensive Care Unit, Labor & Delivery, Postpartum Unit

-Waukesha County Mental Health Complex - Behavioral Health

-Cass Street Elementary - School Nurse

-St. Joan Antida High School - Health Fair

-Repairers of the Breech - Primary Care to Homeless Population

-Froedtert Memorial Lutheran Hospital - Neurological Rehabilitation Floor

-All Saint's Hospital - Adult Medical/Surgical Floor

-Milwaukee Catholic Home - Geriatric, Assisted Living

-Capital West Academy - Pediatric Vision Screening

-St. Ann's Center for Intergenerational Care - Infant, Pediatric, & Well-Elder Community Experiences

Over 100 valuable lab hours, including simulations, of the following clinical situations:

-Newborn, pediatric, adult, and geriatric assessment

-Domestic violence

-Laboring women

-Care of post-cesarean section patient

-Care of post-partum hemmorrhage

-Pediatric patient with respiratory & neurological disorders

-Pediatric patient with pneumonia, asthma, and cerebral palsy

-Adult patient with myocardial infarction (heart attack)

-Adult patient with heart failure, hemodynamic instability, and cardiac rhythm instability

-Adult patient in home hospice

-Code Four

Student Nurse Intern - Neonatal Intensive Care Unit

Mayo Clinic Health System

June 2013 – August 2013(2 months)La Crosse, WI

Worked 32+ hours/week in a level-III neonatal intensive care unit. Working with experienced preceptors, I utilized and enhanced my clinical judgement and skills, living out Mayo's mission, vision, and values in my daily practice. Specific skills strengthened include: newborn assessments, TPN administration, IV therapy, oral and IV medication administration, oxygen therapy, blood administration, central lines care, nasogastric and orogastric tube care, use of incubator, feedings, thermoregulation, and documentation, utilizing the nursing process in every care provided. Patient teaching skills increased through 6 discharge teaching experiences and interacting with parents on a daily basis. Professional communication skills sharpened through use of SBAR at end of shift reports.

Program also provided valuable shadow experiences in emergency department, adult intensive care unit, and nurse anesthesia.

Camp Counselor (Seasonal)

St. Sebastian P.A.L. Summer Camp

June 2011 – August 2013(2 years 2 months)Milwaukee, WI

Worked 35+ hours / week as a day camp counselor during the summer months. Engaged and supervised 10 - 35 children through activities in a fun & friendly way with a team of 1 - 6 other counselors. Applied communication, teamwork, creativity, patience, time-management, safety and hands on leadership skills.

Private Tutoring

St. Sebastian School & Parish

June 2012 – May 2013(11 months)Milwaukee, WI

Work 3 hours/week tutoring an eighth grade student in Algebra, Geometry, Science, English and American history. Communication, organization and leadership skills are applied in the creation of creative lesson plans that focus on increasing student’s academic understanding and confidence.

Cashier, Cook, Trainer

Gilles Frozen Custard

May 2008 – August 2010(2 years 3 months)Milwaukee, WI

Worked 20+ hours / week as a cashier, cook, and trainer. Trained 8 other individuals. Applied communication, organization, customer service, training, management and teamwork skills.

Education

Milwaukee School of Engineering

Bachelor of Science Nursing, Minor in Psychology

2010 – 2014

Milwaukee School of Engineering

MSOE Presidential Scholarship Recipient

High Honors Deans List Student

Nursing Honor Society - Induction Class of May 2013

Activities and Societies

Student Nursing Association (Treasurer)

Student Nursing Advisory Board (Class Representative)

Wisconsin Student Nurses Association (Member)

National Student Nurses Association (Member)

Pius XI High School

2006 – 2010

Class Rank: 6th out of 250

Activities and Societies

Volleyball, Basketball, Cross Country, Track & Field, Kiwanis Club

Languages

English

Native or bilingual proficiency

Projects

Operations Committee

June 2015

On a team of 10 members, this committee oversees many of the logistics of the 80 nurses who staff the NICU at St. Joseph's Hospital. Items such as vacation time, scheduling, holiday rotations are regulated and reviewed to meet the current needs of the unit and staff. Committee also spearheads charity drives, such as collections taken up by the staff for local causes and charities.

Team Members (1): Courtney Amble

Senior Professional Change Project

January 2014 – June 2014

Working with 1 partner, gathered research that analyzed the best evidence-based practice on how to safely administered expressed breast milk. Goal of project was to increase awareness and strengthen compliance with the breast milk verification protocol at a local Level III Neonatal Intensive Care Unit (NICU). In addiction, conducted a survey among Registered Nurses'​ (RN's) working at a local Level III NICU analyzing RN's perceptions on what is the best expressed breast milk administration practice. Survey results were compared to found research. Project found that both research and current practicing RN's see bar code scanning of expressed breast milk to be the most effective means of safe administration. Posters were hung in NICU reinforcing expressed breast milk administration protocol along with a poster highlighting why safe administration of expressed breast milk is important for the health and safety of neonates. Goal of project was achieved. Conducted survey approved by Milwaukee School of Engineering's Institutional Review Board.

Team Members (2): Courtney Amble, Hoffmann Kassandra

Nursing Research Integrated Review

November 2012 – February 2013

Conducted a thorough literature review investigating what is the current most effective monotherapy pharmacological substance used in practice to treat neonates born with Neonatal Abstinence Syndrome (NAS). Research concluded that opioids are the most effective monotherapy treatment option to treat NAS due to their manageable side effects and acceptable duration of treatment.

Team Members (1): Courtney Amble

Skills & Expertise

Event Planning

Horizon Health Information System

Cpr Certified

Statistics

Pediatrics

Leadership

Oncology

Nursing

Time Management

Patient Safety

Nursing Education

Hospitals

ICU

Team-oriented

IV

Microsoft Excel

Public Speaking

Clinical Research

Microsoft Office

Customer Service

PowerPoint

Research

Patient Education

Teamwork

Pediatric Nursing

Medical/Surgical

Psychology

Medication Administration

Healthcare

Microsoft Word

EPIC Health Information System

Patient Advocacy

Rehabilitation

Certifications

Neonatal Resuscitation Program Provider

American Heart Association & American Academy of Pediatrics, License

March 2016 – March 2018

Basic Life Support (CPR & AED) for Healthcare Providers

American Heart Association, License

December 2014 – December 2016

Courses

Milwaukee School of Engineering

Microbiology(BI 256)

Nursing Care of Clients with Complex Episodic Health Challenges (CICU & NICU Clinical Rotations)(NU 4710)

Chemistry(CH 200)

Nursing Leadership and Professional Orientation I(NU 4960 & 4970)

Organic Chemistry(CH 222)

Biochemistry(CH 223)

Anatomy & Physiology I, II, & III(BI 172, 273, & 274)

Pathophysiology I & II(NU 290 & 391)

Pharmacology I & II(NU 2810 & 382)

Nutrition(NU 260)

Clinical Elective (Children's Hospital of Wisconsin - Float Unit)(NU 485)

Synthesis of Nursing Care(NU 486)

Contemporary Issues in Nursing(NU 333)

Healthcare Economics(MS 2225)

Nursing Research(NU 390)

Principles of ECG(NU 3100)

Health Assessment of the Individual (Across the Lifespan Clinical Rotation)(NU 2010)

Bioethics(HU 332)

Medical Terminology(NU 220)

Nursing History & Theory(NU 200)

Professional Nursing Practice(NU 210)

Transcultural Nursing(NU 300)

Health Assessment of Family and Community (Community Clinical Rotation - part I)(NU 2020)

Primary Dynamics of Professional Nursing Care (Geriatric Clinical Rotation)(NU 2520)

Episodic Health Challenges I (L&D, Postpartum, NICU, PACU, OR, & Day Surgery Clinical Rotation)(NU 330)

Episodic Health Challenges II (Adult Medical-Surgical Clinical Rotation)(NU 331)

Nursing Statistics(MA 315)

Chronic Health Challenges (Adult Medical-Surgical & Rehabilitation Clinical Rotation)(NU 340)

Nursing Care of the Community (Community Clinical Rotation - part II)(NU 360)

Mental Health Challenges (Mental Health Clinical Included)(NU 4600)

Cell Biology & Genetics(BI 102)

Complex Chronic Health Challenges (Pediatric Clinical Rotation)(NU 4700)

Honors & Awards

Presidential Scholar Recipient

Milwaukee School of Engineering

March 2010

Received full-tuition scholarship to Milwaukee School of Engineering due to leadership qualities, academic achievements, and community involvement. Application process included interviews, writing an essay, and having a ACT score of 28 or higher and a GPA of at least 3.8 in high school. I assist with this honor by interviewing scholarship candidates for the upcoming academic year.

Dean's High Honor List

Milwaukee School of Engineering

Honor awarded to students who maintain at least a 3.70 cumulative GPA.

Guest Speaker - Winter 2013 Bridging Ceremony

MSOE Nursing Honor Society

December 2013

In December 2013, was selected by the organization's board to be the student speaker at the Winter Bridging Ceremony, an event hosted by MSOE's Student Nursing Honor Society and Student Nursing Association to mark the transition of underclassmen into the start of their clinical rotations. Selection process was based on leadership qualities, involvement on campus, strong academic standing, and public speaking skills. In my speech, provided the underclassmen nursing students with an insight as to what to expect in clinical rotations and challenged them to take advantage of all learning opportunities.

Organizations

Student Nursing Honor Society

Member

May 2013 – Present

With other members of this chapter, attend professional development events throughout the year. In December 2013, was selected by the organization's board to be the student speaker at the Winter Bridging Ceremony, which is an event hosted by MSOE's Student Nursing Honor Society and Student Nursing Association to mark the transition of underclassmen into the start of their clinical rotations. Selection process was based on leadership qualities, involvement on campus, strong academic standing, and public speaking skills. In my speech, provided the underclassmen nursing students with an insight as to what to expect in clinical rotations and challenged them to take advantage of all learning opportunities.

Student Nursing Advisory Board

Class of 2014 Representative

January 2012 – Present

Participate in quarterly meetings with nursing faculty and fellow representatives to collaborate on the development of Milwaukee School of Engineering’s Nursing program.

Student Nursing Association (MSOE Chapter)

Treasurer

May 2012 – Present

As treasurer, managed the association's $3,000 budget and assisted 4 fellow officers in planning monthly meetings and promoting chapter's events.

Wisconsin Student Nursing Association

Member

September 2012 – Present

In January of 2013, attended the state conference with 13 fellow members from MSOE's chapter.

National Student Nursing Association

Member

September 2012 – Present

Volunteer Experience & Causes

Tutor

Our Next Generation

March 2012 – November 2012(8 months)Education

Volunteer 1 hour/week at local non-profit after school program for youth, assisting them with homework, building personal and academic confidence, and fostering relationships.

Participant

Youth Works

June 2010Poverty Alleviation

Spent 1 week repairing homes, volunteering at a local senior center, day care center, and YMCA, and building relationship with the community of Benton Harbor, Michigan with 50 fellow students.

Treasurer

American Cancer Society Youth - Pius XI High School Relay for Life

September 2009 – May 2010(8 months)Health

Core team member responsible for managing $17,000 in donations and organizing 24-hour cancer research walk-a-thon that included 200+ participants.

Causes Courtney cares about:

Children

Economic Empowerment

Education

Health

Disaster and Humanitarian Relief

Science and Technology