Eileen Wood-Suarez

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Registered Nurse at Forsyth Medical Center

Greensboro, North Carolina, United StatesHospital & Health Care

Previous positions

R.N. - Floor Nurse at Bermuda Commons Nursing & Rehabilitation Center

R.N. - Home Health Caretaker at Independent - Private Duty

Education

Guilford Technical Community College, Associates Degree in Nursing, Nurisng

Background

Summary

Continuous improvement-minded R.N., with a strong background in General Med-Surge and human services. Population experience includes in-hospital direct/indirect patient care; geriatric, psychiatric, and special needs adults in varied settings. Organized, efficient, and effective with the ability to prioritize while multi-tasking. Main focus as a nurse: safety, identifying problems early with immediate intervention, prevention, respect, and health promotion. Most enjoyed and talented aspect of nursing: empowering patients through education, inspiration, and encouragement.

Main Objectives: to provide the best care possible while following organizational policies and procedures; to obtain my Medical Surgical Credentials; to continue enhancing my R.N. skills through on-going education; to empower patients and improve their outcomes through education and encouragement; to provide team-member support and to be a role model; to achieve my B.S.N.

Specialties: Telemetry

Experience

Registered Nurse

Forsyth Medical Center (Novant Health Affiliate)

March 2011 – Present(8 years 8 months)

Medical-Surgical Telemetry Floor Nurse.

R.N. - Floor Nurse

Bermuda Commons Nursing & Rehabilitation Center

November 2010 – March 2011(4 months)

\* Safe, timely, and knowledgeable medication administration for up to 28 residents.

\* Consistently implements the nursing process, prioritizing effectively.

\* Skilled teaching of personnel when needed along with strong, positive communication. Works closely with C.N.A. personnel supervising and delegating with a team approach, and role models a genuine caring spirit.

\* Caring approach with strong customer service delivery and acts as an effective team member.

\* Develops, contributes, and inspires effective strategies adapted by other team members.

\* Common feedback from both residents and staff: “Very caring.” “Please come back tomorrow.”

\* Recognizes early signs of distress and responds appropriately for best outcomes.

R.N. - Home Health Caretaker

Independent - Private Duty

October 2009 – February 2011(1 year 4 months)

Maintain safety and provide excellent care to an immobilized senior lady in her home. Provide comfort, meals, hydration, toileting, skin care, and companionship on a part-time, prn basis. Implement redirection when needed to reduce agitation. Provide mental stimulation, and foster positive, humorous, and fun communication creating a light-hearted atmosphere. Carry out safe pivot transfers to and from wheel chair. Maintain good communication with family. Take initiative to carry out miscellaneous household tasks when client is resting or occupied.

Unit Secretary & Cardiac Monitor Technician

Moses Cone Health System

September 2007 – September 2010(3 years)

oOperations support in a fast-paced 16-bed telemetry thoracic surgical floor while prioritizing, multitasking, and working closely with all unit personnel.

oVigilant cardiac monitor surveillance; accurate cardiac strip interpretation; timely report of lethal cardiac rhythms and cardiac rhythm changes in order to prevent further complications.

oEffectively performed crisis support role including code blue/rapid response situations. CPR certified.

oExecuted my role effectively, professionally, and promptly responding to call bells, unit phones, and incoming personnel /visitors while providing timely, succinct relay of relevant, pertinent information.

oFamiliarity with routine tests, physician’s orders, and accurate, timely intranet input of physician’s orders.

oEfficiently maintained facility operation through timely processing of patient transfers, discharges, admissions by effectively utilizing an intranet-based system.

oMaintained high standards and routinely kept neat, organized patient charts. Prepared charts for admissions.

Associate Degree Nursing Student

Guilford Technical Community College

August 2008 – May 2010(1 year 9 months)

Clinical Experience:

Two rotations were spent at High Point Regional Health Systems

Six rotations were spent at Moses H. Cone Memorial Hospital

During my last rotation, I was fully caring for and administering medications to three patients.

Orthopedics - three rotations

Urology/Telemetry - one rotation

General Med-Surge - one rotation

Obstetrics - one rotation

Pediatrics - one rotation

Behavioral Health - one rotation

I liked all of my clinical settings and especially pediatrics, post-partum, and urology/telemetry.

Nurse Technician I + 4 (CNA I + additional certifications)

Moses Cone Health System

January 2005 – September 2007(2 years 8 months)

oProvided tertiary care to acute/chronic populations with a neurological focus on a 39-bed med-surge unit.

oEffectively identified and reported patient status changes that deviated from baseline resulting in swift response and treatment that might have otherwise lead to negative outcomes. Ensured high safety standards using good judgment by observing all precautionary protocols, anticipating patient needs.

oEffectively and calmly responded to crisis situaitons as directed by team-members.

oMaintained accurate, timely report and documentation of collected data (vital signs, I&amp;Os, CBGs, and activities). Relayed important, thorough, accurate information to oncoming CNA resulting in continuity.

oProvided quality care for patients through hygiene, bed linen changes, safe ambulation as ordered, and monitored and/or assisted with nutritional status/needs.

oProjected a professional, competent demeanor while communicating a caring spirit to both patients and staff through demonstrating fidelity, effective listening, and delivering timely, appropriate, sincere responses.

oProvided shadowing opportunities and support to newly hired CNAs.

Reason for leaving: pursued additional trainings independently, resulting in job growth within same company to Unit Secretary / Monitor Technician with salary increase.

Education

Guilford Technical Community College

Associates Degree in Nursing, Nurisng

2006 – 2010

Guilford Technical Community College

Consistently acted as team leader in all group projects resulting in highest project grades.

Activities and Societies

North Carolina Association of Nursing Students

Lesley University

To be completed, Human Services - Counseling Psychology

Lesley University

I would like to complete this degree as I already earned 68 credits with a 3.9 GPA. I have always enjoyed psychology and feel it is important to understand people as a nurse. Nurses have a chance to make a difference for their patients every day both physically and emotionally. I believe the mind and body work together.

Skills & Expertise

Cpr Certified

BCLS Certification

Nursing

Sterile Technique Certification

Clinical Research

ACLS Certification

ACLS

Healthcare

Basic EKG Interpretation

Oral/N.G. & Gastostomey Tube Feeding Certification

Capillary Blood Glucose Obtainment

Certified Nursing Assistant

CPR Certified

Intravenous Care Certification

Introduction to Medical Terminology