

# Kristain Johnson

## **Registered nurse**

Charlotte, NC 28227

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To obtain a position in a hospital facility that will aide in enhancing myself as a registered nurse and allow me to grow in a professional manner providing quality care utilizing my skills and acquiring meaningful experience.

Authorized to work in the US for any employer

## Work Experience

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### **Registered Nurse, LDRP**

Novant Mint Hill Medical Center - Charlotte, NC

November 2021 to Present

- Registered Nurse on a LDRP unit (labor, delivery, recovery and postpartum room)
- Triage labor patients
- cares for women and their infants before, during, and after birth.
- Stabilize, monitor, & treat newborns
- Complete newborn 24 hour screening
- Breastfeeding education
- Educate new parents about the care of their newborns.
- Managed patient care before, operating room and during recovery in PACU during cesarean deliveries, supporting the mother in a stressful situation.
- Maintained accurate, detailed reports, and records using EPIC.
- Modified patient treatment plans as indicated by patients' responses and conditions.
- Administered prescribed medications and monitored vital signs.

### **Registered Nurse Home Health**

Beacon Care - Charlotte, NC

April 2021 to March 2022

36 Hours/Week (FULL-TIME)

- Provide services to disabled clients in their homes
- RN Duties include such administering medication, charting, wound care, noticing changes in health condition, assisting with activities of daily living, and attend doctor's appointments
- Airway management of clients with tracheostomy and ventilators
- Delegates certain responsibilities to home health aid or CNA, if present
- Management of PEG tube, tube feeding, and colostomy care
- Initiate and manage urinary and suprapubic catheter

### **Registered Nurse NICU**

Southeastern Regional Medical Center - Lumberton, NC

October 2019 to April 2021

- Level II NICUs provide critical care to premature and sick newborns who need advanced care, including respiratory support, diagnostic and imaging studies, and access to medical specialists.
- Experience with caring for infant with (jet) ventilators, oscillators, high flow nasal cannula, CPAP, NOVA, UVC, UAC, RAM cannula administer nasogastric feedings, administer orogastric feedings, and manage PICC lines
- Retrieve blood specimens for lab analyzation via heel stick, venipuncture, or arterial puncture
- Patient charting system: EPIC
- Retrieve urine and stool specimens for lab to analyze
- Communicate changes in patient and lab results to neonatologist and other members of medical team
- Formulate nursing care plans and assess, plan, implement, and evaluate the effectiveness of treatments in these plans.
- Ensure that infants are breathing and maturing properly
- Administering medications (IV,PO,IM), monitoring vital signs and providing vital nutrients to newborns.
- Offer support to the parents. This parental support can range from emotional encouragement to advising parents on how to take care of an infant when they are discharged home.
- Communicate with and educate parents on day-to-day operations as well as home-care procedures.

### **Registered Nurse**

Canyon Hills Treatment Facility - Raeford, NC

June 2019 to October 2020

-12-24 Hours/Week (PRN)

- General knowledge of behavioral patterns and attitudes common with children and adolescents serves in psychological patient population (adolescent boys ages 5-18 years old)
- Knowledge of pediatric psychiatric medication and doses
- Administer medication (PO, sublingual)
- Assessment of psychiatric behaviors
- Ability to deal patiently and fairly with staff, patients, and family
- Ability to maintain effective and efficient working relationships and present an atmosphere of teamwork
- Ability to maintain focus and function efficiently during patient crisis, psychiatric episode behavior, or suicidal/homicidal situations
- Effectively implement protocol for patients exhibiting suicidal behavior
- Consistently aware of health and safety needs of all staff and patients
- Demonstrate great oral, written, and documentation skills

### **Registered Nurse**

Catawba Valley Medical Center-Neonatal Intensive Care Unit - Hickory, NC

August 2019 to November 2019

- 36 Hours/Week (FULL-TIME) TRAVEL
- Level III NICUs provide critical care to premature and sick newborns who need advanced care, including respiratory support, diagnostic and imaging studies, and access to medical specialists.
- Experience with caring for infant with (jet) ventilators, oscillators, high flow nasal cannula, CPAP, NOVA, UVC, UAC, administer nasogastric feedings, administer orogastric feedings, and manage PICC lines
- Retrieve blood specimens for lab analyzation via heel stick, venipuncture, or arterial puncture
- Retrieve urine and stool specimens for lab to analyze
- Communicate changes in patient and lab results to neonatologist and other members of medical team
- Formulate nursing care plans and assess, plan, implement, and evaluate the effectiveness of treatments in these plans.
- Ensure that infants are breathing and maturing properly

- Administering medications (IV, PO, IM), monitoring vital signs and providing vital nutrients to newborns.
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- Communicate with and educate parents on day-to-day operations as well as home-care procedures.

### **Registered Nurse**

Childrens healthcare of Atlanta Primary Care Clinic - Atlanta, GA  
January 2019 to June 2019

-40 Hours/Week (FULL-TIME)

- Assists physicians/nurse practitioners in providing care to patients ages newborn-18 years old and families.
- Administer vaccinations and medications age and weight appropriate to patients by mouth, subcutaneous, intramuscular, and intradermal.
- Collect labs specimens as ordered by healthcare provider
- Provide education and discharge to patient and family members
- Conduct hearing and vision examinations for ages 4 years and older
- Bladder elimination & urine specimen collection by Straight Catheterization
- Collection of blood specimen/blood cultures by venipuncture
- Delegate tasks to secondary staff members such as medical assistants and licensed practical nurses
- Experience with EPIC, GRITS (GA Registry of Immunizations Transactions & Services), & Reports (GA newborn screening testing & report system)

### **Registered Nurse NICU**

Southern Regional Medical Center-Neonatal Intensive Care Unit - Riverdale, GA  
June 2017 to June 2019

- 36 Hours/Week (FULL-TIME) JUNE 2017-DECEMBER 2018
- 12-24 Hours/Week (PRN) JANUARY 2019-JUNE 2019
- Level III NICUs provide critical care to premature and sick newborns who need advanced care, including respiratory support, diagnostic and imaging studies, and access to medical specialists.
- Experience with caring for infant with ventilators, oscillators, high flow nasal cannula, CPAP, UVC, UAC, and PICC lines
- Formulate nursing care plans and assess, plan, implement, and evaluate the effectiveness of treatments in these plans.
- Ensure that infants are breathing and maturing properly.
- Administering medications, monitoring vital signs and providing vital nutrients to newborns.
- Offer support to the parents. This parental support can range from emotional encouragement to advising parents on how to take care of an infant when they return home.
- Communicate with and educate parents on day-to-day operations as well as home-care procedures.

### **Registered Nurse**

Celebrity Body Sculpting-Cosmetic Surgery - Union City, GA  
November 2016 to January 2019

-12-24 Hours/Week (PRN)

- Care for patients undergoing elective cosmetic procedures/major reconstructive surgery such as: Liposuction, Fat transfer to breast or buttocks, Abdominoplasty, Brazilian butt lift, breast augmentation
- Provide patient care and assistance with a variety of perioperative settings to improve or enhance the patient's appearance.
- work directly with plastic surgeon and surgical tech in the operating room

- Monitor patient vital signs, positioning, post-operative dressings, and compression garments, before, during, and after procedure.
- Administered conscious sedation medications per MD orders while monitoring patient
- Mix tumescent fluid per MD orders
- monitor patients' recovery after procedures, administer medications/IV fluids, and change bandages.
- Bladder elimination by Foley Catheter Insertion/ Straight Catheterization
- Start IVs
- Collection of blood specimen by venipuncture
- Review pre- and post-operative instructions with patient and patient's family

### **Registered Nurse**

Vida Flo - Atlanta, GA

February 2017 to March 2018

- 12-24 Hours/Week (PRN)
- IV Hydration Treatments and Vitamin Injections
- Communicate with patients in which treatment he or she should choose according to their lifestyle
- Daily Client Interaction including wellness assessment exam, monitoring of basic vital signs and medical history, conducting IV therapy treatments and injections, and recording patient medical history.
- Ability to follow Medical Director's Standing Orders, Protocols, and Procedures in daily operations and conduct.
- Comprehension of medications and compound vitamins offered in our clinic with the ability and knowledge to discuss appropriate recommendations with clients based on their needs and goals.
- Follow strict HIPAA compliance and conduct with all duties.
- Provide trustworthy feedback and after-sales support.

### **Registered Nurse**

Piedmont Henry Hospital-Emergency Department - Stockbridge, GA

August 2016 to June 2017

- 36 Hours/Week (FULL-TIME)
- Assist with checking-in patient's by completing the triage process
- Chart patient medical information within Epic electronic charting software
- Completing head-to-toe assessments
- Triage, assess, monitor, & complete transfer arrangements for psychiatric patient's
- Report abnormal findings to ER doctor
- Assist in admitting patient to hospital
- Transporting patients to other departments
- Start IVs
- Bladder elimination by Foley Catheter Insertion/ Straight Catheterization
- Collection of blood specimen/blood cultures by venipuncture

### **Nurse Tech**

Houston Medical Center- Float Pool - Warner Robins, GA

October 2015 to July 2016

- 12-24 Hours/Week (PRN)
- Assisted with patient care in Intensive Care Unit (ICU), cardiology, pulmonary, post-partum, & general medical-surgical departments
- Record patient information within Meditech electronic charting software
- Ensure patients are clean & comfortable

- Obtain vital signs/blood glucose -Report abnormal findings to RN
- Assist patients with activities of daily living
- Place leads for telemetry monitoring

### **Nurse Extern**

Houston Medical Center-Emergency Department - Warner Robins, GA  
December 2015 to May 2016

- 12-24 Hours/Week (PRN)
- Observation/Shadow ER nurses
- Record patient information within Meditech electronic charting software
- Start IVs
- Bladder elimination by Foley Catheter Insertion/ Straight Catheterization
- Collection of blood specimen/blood cultures by venipuncture

## Education

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### **Bachelor of Science in Nursing**

Georgia Southwestern State University - Americus, GA  
May 2016

### **Associate of Science in Pre-Nursing**

Atlanta Metropolitan State College - Atlanta, GA  
May 2012

### **High School Diploma**

Booker T. Washington High School - Atlanta, GA  
May 2009

## Nursing Licenses

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### **RN**

## Skills

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- EMR Systems
- Laboratory Experience
- Primary Care Experience
- ICU Experience
- Nursing
- Critical Care Experience
- Hospital Experience
- Ventilator
- Epic
- Medication Administration
- Patient Care

- Experience Administering Injections
- Triage
- Tube Feeding

## Certifications and Licenses

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**BLS Certification**

**ACLS Certification**

**Neonatal Resuscitation Program (NRP)**