**Rachel Van**

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(920) 509-9415 rachel.van.rn@gmail.com

**SUMMARY OF QUALIFICATIONS**

* Working towards obtaining Bachelor’s degree through Concordia University
* Registered Nurse on Rehabilitation Unit for two long term care facilities
* Registered Nurse for Wisconsin Veterans Home in King (state facility)
* Familiar with Word, Excel, Access, PowerPoint, Outlook, and PeopleSoft
* Proficient in American Data Electronic Charting System (ECS)
* Leadership Training-proficient in public speaking
* CPR certified (Healthcare Provider)

**POPULATIONS SERVED**

* **Caregiver (4 years)**: Clients who had extreme behavioral issues; mental illness; suffered trauma/abuse; mental deficiencies; and some were at risk or listed for sexual offenses
* **CNA (2 years)**: Significant experience in working with residents that dealt with Alzheimer’s/dementia
* **RN (1+ year cumulative at three facilities serving the geriatric population)**:
  + Primarily, *Short-term Intensive Rehabilitation* *Unit*, for two long-term care facilities. I have worked for one, for-profit, and one non-profit nursing home; both Medicaid and Medicare certified
  + Wisconsin Veterans Home in King, state facility, serving the Alzheimer’s/dementia population

**SKILLS**

Patient treatments include, but are not limited to: Leadership; delegation; time management; medication administration; processing MD orders; advanced wound care (surgical and pressure sore); hip/knee/cranial/abdominal surgical incision care; advanced pain management; suture/staple removal; Wound V.A.C.; IV/PICC line care; IV (starts, fluid administration, and antibiotic administration); respiratory (COPD, pneumonia, asthma, oxygen therapy, nebulizers, inhalers, suctioning); tracheostomy care and suctioning; Foley/straight catheter insertion, care and irrigation; nephrostomy/urostomy care and irrigation; continuous bladder irrigation system; bowel and bladder management; neurological assessments; Transcranial magnetic stimulation monitor; diabetic management (blood checks, hypo/hyperglycemic treatments, insulin administration via subcutaneous and pump); antibiotic therapy; Profore compression wrap treatment; anticoagulant therapy and monitoring (Coumadin, Heparin, Vitamin K); LifeVest wearable defibrillator; bowel and bladder management; nasogastric tube insertion/suctioning; tube feedings (bolus/gravity drip and electronic pump); blood draws; infectious disease prevention, treatment and precautions; prevention of infection using aseptic and sterile techniques; familiar and willing to assist CNAs with cares and transfers (Hoyer, Sit-to-Stand, or ceiling lifts).

**ASSESSMENT SKILLS**

Include but are not limited to: ECS/electronic Medicare charting (various body system assessments); admissions; discharges; transfers/emergent/unresponsive resident; wound/surgical incision status; pain management; signs and symptoms of infection; infectious disease; antibiotic therapy follow-up; change of status; falls; neurological; cardiac; stroke; urinary; bowel and bladder; neuromuscular; care plans; MDS quarterly/annual reviews; e-MAR/e-TAR; labs; ability to analyze correlations between signs/symptoms/medications/labs/body system impairments to relay pertinent information to MD to diagnose and prescribe treatment; experience with resident, family, hospice, MD when dealing with death and dying.

**EDUCATION**

*Concordia University* Green Bay, Wisconsin

* *Bachelor’s Degree-*RN to BSN Courses taken-graduation to be determined

*Northeast Wisconsin Technical College* Green Bay, Wisconsin

* *Associate Nursing Degree/licensure* December 2011/March 2012
* *Licensed Practical Nurse Diploma/licensure* May 2010/January 26, 2011
* *Certified Nursing Assistant* October 18, 2006
* *Relevant Coursework*: Healthcare Customer Service, Medical Terminology, Nursing Skills and Advanced Skills
* *Reiki certification*- 13 hours of Continuing Education hours May 31-June 1, 2014

**SCHOLARSHIP**

* Loretta Wells Nursing Scholarship08/2011

**STUDENT WORKER** 05/2009-05/2012

Northeast Wisconsin Technical College, Green Bay, WI

* Welcome Center/Call Center- Enter student information and activate student accounts
* Campus Buzz coffee shop- Demonstrate excellence in service and hospitality utilizing invaluable interpersonal communication skills. Effective when working under pressure and manage time efficiently.
* Fall 2009 Writing Tutor-Provided support and guidance to students on proper writing and grammar technique
* Work Study (Special Needs department)-Assist with directing students to the appropriate resources and assisting counselors with provided accommodation materials for students

**LEADERSHIP AND STUDENT ORGANIZATIONS**

**Vice President**  04/2011-08/2011

**President** 08/2011-12/2011

**Student Nurses Association (NWTC)**

* Assisted with employing interest in starting up this student organization
* Wisconsin Student Nurses Association Annual Meeting & Conference

**Vice President** 10/2010-05/2011

**Student Senate (NWTC)**

* Proficient in public speaking
* Selected to attend Leadership Conference
* Member of Childcare Committee to promote interest in starting a childcare facility on campus

**COLLEGE CLINICAL EXPERIENCE/JOB SHADOWS**

* Three Medical/Surgical rotations at St. Vincent’s/Aurora hospitals (2010-2011)
* Operating Room rotation at St. Vincent’s (2010)
* Obstetrics rotation at St. Vincent’s (2010)
* 96 hour Preceptorship completed at St. Vincent’s Med/Surgical (under supervision of

Corina Heimke)

* St. Mary’s Birthing Center (2012-Job Shadow)
* St. Mary’s Surgical Operating Room and Outpatient Surgical (May 2013-Job Shadow)

**CAREER EXPERIENCE**

**Registered Nurse**

**St. Paul Elder Services**

* Proficient in electronic Medicare assessments/charting 12/2017-9/2018
* Proficient in ECS charting data system Kaukauna, WI
* Proficient with Electronic Medication/Treatment administration

**Registered Nurse**

**Maplewood Care Center**

* Proficient in electronic Medicare assessments/charting 10/2015-7/2016
* Proficient in ECS charting data system St. Paul, MN
* Proficient with Electronic Medication/Treatment administration

**Registered Nurse** 09/2013-12/2013

**Wisconsin Veterans Home at King***,* Waupaca, WI

* Proficient with Electronic Medication/Treatment administration
* Proficient in ECS charting data system

**Registered Nurse** 03/2013- 05/2013

**Woodside Lutheran Home-Rehabilitation Unit,** Green Bay, WI

* Electronic Medication/Treatment administration
* ECS charting data system-Medicare charting

**Registered Nurse** De Pere, WI

**Rennes Health and Rehabilitation Center** 06/2012-01/2013

* Proficient in electronic Medicare assessments/charting

**Certified Nursing Assistant** Green Bay, WI

**Woodside Lutheran Home** 12/2006-09/2008

* Strong emphasis on healthcare customer service
* Experience with providing quality, patient-focused care
* Strong interpersonal and communication skills both written and verbally
* Exemplary time management
* Willingness and flexibility to work additional hours on any shift

**Support Specialist (Caregiver)** Green Bay, WI

**Improved Living Services,** 05/2004-02/2008

* Medication administration, worked with insulin pump
* Assisted with ADLS, job, community and appointment support
* Analyzed behavioral and emotional circumstances for safety of all individuals
* Assisted in directing residents how to cope using behavioral modification techniques
* Organized, dependable, efficient and ability to multi-task
* Willingness and flexibility to work additional hours and overtime on any shift Bathing, grooming, toileting, other hygiene, and daily living activities, which may include administering medications.
* Using assistive devices such as Hoyer lifts, Sara lifts, wheelchairs, gait belts, and other repositioning equipment. Some clients may have medical needs/devices, such as feeding tubes, catheters and oxygen tanks. Training provided.
* Planning and participating in leisure activities with the individuals out in the community or within the home.
* Redirecting the individuals when exhibiting inappropriate behaviors.
* Transport and accompany individuals to activities as needed in company vehicles which may include a minivan or wheelchair van.
* Participating in grocery shopping and preparing meals and snacks.
* Cleaning assigned areas of the home as well as completing laundry.
* Documenting all pertinent information and reporting to a direct supervisor.