Kelly Elise Ambrookian BS, MSN, RN

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LICENSURE / CERTIFICATIONS

Registered Nurse Licensure - Illinois Board of Nursing Expires 05/31/2024

License Number: 041.476849

Registered Nurse Licensure – Wisconsin Board of Nursing Expires 02/29/2024

License Number: 247624-30 (Compact License)

Basic Life Support CPR/AED Provider - American Heart Association Expires 02/25/2024

NIH Stroke Scale - English Group A - V5 - General Certification Completed 07/2022

NIH Stroke Scale - English Group B - V5 - General Certification Completed 07/2022

New Graduate Residency Program Certification Completed 07/2020

Ebola Level 2 PPE certification Completed 12/2019

EDUCATION

Rush University Jan 2017 - Dec 2018

Master of Science in Nursing

Generalist Entry Master's: Clinical Nurse Leader

Master's Thesis Project: "Improving Infant Safe Sleep Practices on 6 Kellogg"

The University of Wisconsin - Madison

Aug 2008 - Dec 2014

Bachelor of Science Biological Aspects of Conservation

Certificate in Environmental Studies

WORK EXPERIENCE

Lume Wellness March 2022 – Present

RN- IV Vitamin Therapy & Boosters (Per-diem)

- * Prepare and administer intravenous therapies using and intramuscular injections using aseptic technique
- * Obtain and document client medical history and perform vitals assessment prior to beginning treatment
- * Monitor clients throughout treatment and intervene appropriately when necessary
- * Comply with HIPPA and protect client privacy

- * Provide client education regarding treatments and post-treatment care
- * Assist with other spa services including hyperbaric oxygen chamber therapy and cryotherapy

Henry N. Ambrookian, Jr., D.D.S., Oral & Maxillofacial Surgeon Sept 2013 – Present Perioperative Registered Nurse & Oral & Maxillofacial Surgery Assistant (Per-diem)

- * OMS Surgical Assistant since 09/2013; RN and OMS Surgical Assistant since 03/15/2019
- * Provide pediatric and adult pre-operative, peri-operative and post-operative care for surgical procedures including, biopsies, tooth extraction, dental implants, and jaw-reconstruction
- * Utilize therapeutic, culturally competent communication and teaching techniques for a variety of patients under the direction of the surgeon to improve patient health outcomes
- * Assist with intravenous sedation tasks including placing intravenous catheter and monitor equipment, monitoring patient vital signs using telemetry, end-tidal CO2, pulse-oximetry and blood pressure cuff, and administering intravenous medications (Fentanyl, Versed, Decadron) safely under guidance of surgeon
- * Manage daily clerical activities and sensitive documents in accordance with HIPAA guidelines to ensure operational efficiency
- * Hold operating room privileges at The Medical College of Wisconsin and Froedtert St. Joseph's Hospital, West Bend, WI

AMITA St. Joseph's Hospital Same Day Surgery

Jan 2021 - June 2021

Registered Nurse-Perioperative Services (Pre-anesthesia, Recovery/PACU & Phase II)

- * Performed thorough review of patient charts, H&P's, consent forms, and allergies before orthopedic, eye, GI, general, urology, gynecological, ENT and plastic surgical procedures
- * Provided safe, culturally-competent care
- * Assessed and documented physical assessment and vital signs in Epic EMR
- * Monitored patients post-anesthesia/procedure and intervened when necessary
- * Provided patient education, ensured patient safety and advocated for patient rights
- * Performed preoperative and discharge teaching; provided thorough RN handoff to oncoming RN and/or unit RN post-procedure

Rush University Medical Center 10 East MICU Registered Nurse 1

Dec 2019 - Dec 2020

- * COVID frontline RN starting 03.13.20.; Prone team educator and team member
- * Provided compassionate, culturally competent, evidence-based care to critically ill patients with a variety of acute and chronic cardiac, pulmonary, hematologic, hepatic, skin, renal and neurologic, and developmental disorders
- * Titrated and monitored multiple high-risk vasoactive, paralytic, analgesic, glucose-stabilizing, thrombolytic and anticoagulation medication infusions
- * Performed extensive wound care and skin management
- * Frequently performed thorough physical/ neurological/ psychosocial assessments
- * Utilized nurse-driven protocols and critical thinking

- * Provided extensive life-saving interventions and wound care at the bedside
- * Monitored invasive equipment systems including arterial lines, PICC lines, central lines, SwanGanz catheters, bladder pressure catheters, intravascular cooling systems, and implantable ports
- * Managed, supported and assisted with the discontinuation of, invasive airway management devices
- * Set up and monitored life-support equipment including cardiac monitors, transducers, Bairhuggers, pressure lines, therapeutic hypothermia equipment, invasive oxygen delivery devices, mechanical ventilators, traches, pulse oximetry and end-tidal CO2 systems
- * Performed prescribed diagnostic procedures at the bedside; Assisted with bedside surgicalprocedures while maintaining a sterile field
- * Prone committee member
- * Provided post-mortem care

Rush University Medical Center, 9 North Atrium

Sep 2018 - Nov 2018

General Medicine Immersion Student (completed 204 clinical hours)

- * Established caring, therapeutic relationships with adult patients and families from diverse socio-economic and cultural backgrounds
- * Competently assessed English, Spanish, and Chinese patients for physical and psychosocial needs using culturally appropriate communication techniques and resources
- * Actively advocated for patient needs and coordinated care as a member of the interdisciplinary healthcare team
- * Utilized EPIC to create safe, evidenced-based, patient-specific care plans for individuals with the following diagnoses - epilepsy, stroke, autonomic dysreflexia, cerebral palsy, vertebral osteomyelitis, PTSD, depression, anxiety, respiratory distress syndrome, HTN, diabetes, ESRD, congenital heart defects, GI anomalies, anemia, HIV, sickle-cell disease, heart failure, apnea, and liver disease
- * Went above and beyond to support patients and their families

COMMUNITY ENGAGEMENT

"Move for Kids 5K Walk" First Aid Volunteer - Lurie Children's Hospital May 2019

- * Utilized friendly and kind demeanor to perform physical assessments on pediatric and adult competitors
- * Provided age-appropriate communication and treatment
- * Triaged participants with more serious injuries to emergency medical care providers and first responders

Rush Preemie Picnic and NICU Graduation Student Volunteer Sep 2017 - 2018

* Assisted children of all ages, their families, and caregivers create developmentally appropriate arts and crafts, and play carnival games

* Utilized culturally competent communication techniques to provide parents of NICU graduates with child safety materials specific to their child's needs

March of Dimes Fundraising Volunteer - RUMC

Sep 2017 - 2018

* Utilized outgoing, inviting personality and genuine interest in pediatric healthcare to raise money for Rush's NICU March of Dimes team amongst healthcare professionals and hospital visitors

"Be the Match" Bone Marrow Registry Volunteer - RUMC

Sep 2017 - 2018

* Ran registry booth and enrolled more than 20 individuals to bone marrow registry

Rush Buddies Student Volunteer

Mar 2018 - Dec 2018

- * Provided safe, nurturing, and supportive companionship to neonatal and pediatric patients on Rush's NICU, PICU and general pediatric units
- * Engaged patients in therapeutic, developmentally appropriate activities including reading, drawing, holding, and feeding
- * Gave parents respite away from the bedside while ensuring their child was never alone

RUMC Birthing Class Student Volunteer

Mar 2018 - Jun 2018

- * Assisted instructor and expectant mothers with breathing, positioning, and teaching demonstrations
- * Observed and monitored expectant mothers for changes in physical and psychosocial state

PROFESSIONAL ASSOCIATIONS

Sigma Theta Tau - Gamma Phi Chapter; American Nurses Association; American Association of Critical Care Nurses; Delta Gamma Fraternity