

ALLIE BOWDEN

alliebowden20@yahoo.com | 1-423-371-0928 | American Fork, Utah 84003-1909

Summary

Knowledgeable Travel ICU Registered Nurse with over 5 years of experience in delivering comprehensive patient care in the critical care setting. Advanced skill working with diverse patient populations. Demonstrated fostering relationships and coordinate with healthcare professionals to advance patient care. Transitions into operations smoothly and flexes to meet differing routines and protocols.

Skills

- Patient assessments
- Medication administration
- Privacy and confidentiality
- Life-sustaining machines
- IV drug therapy management
- Staff Development and Precepting

Experience

- 04/2021 - Current
Restore Hyper Wellness
Riverton, Utah
RN, Lead Nurse
 - Educated patients, caregivers, and families on diagnoses, treatment and disease prevention.
 - Followed protocols regarding quality assurance, biohazards, infection control, charting and emergencies.
 - Coordinated, tasked and supervised nurses and ancillary staff based on staffing requirements.
- 07/2017 - 03/2021
TaleMed Medical Staffing
Travel Registered Nurse, ICU

3 Level I Trauma, Surgical, and Medical ICU's including Zuckerberg San Francisco General Hospital, Intermountain Medical Center, and Chandler Regional Medical Center.

 - Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care.
 - Performed assessment planning, implementation and evaluation of care for assigned patients.
 - Implemented and monitored care plans and evaluated, recorded and communicated individual patients' conditions.
- 07/2019 - 07/2020
University of Tennessee Medical Center, Level I
Knoxville, TN
Trauma Intensive Care Registered Nurse
 - Perform RN duties for critically ill trauma, orthopedic, oral, maxillofacial, neurosurgery, and post-operative patients.
 - Assess patient and identify problems while managing various treatment and care interventions.
 - Provide trauma specific patient care stabilizing critical patients, performing mass fluid resuscitation, titrating intravenous critical drips based on hemodynamic monitoring values.
- 04/2018 - 06/2019
ICU, Providence Milwaukie Hospital
Portland, OR
Intensive Care Registered Nurse
 - Provide direct care to the critically ill patient with debilitating conditions or injuries while titrating critical intravenous medications, assisting with bedside procedures.
 - Ensured implementation and maintenance of protocols were followed based on evidenced based practice and patient centered care.

05/2016 - 07/2017

Mountain States
Health Alliance
Johnson City, TN

Intensive Care Registered Nurse

- Provide direct care to the critically ill patient with debilitating conditions or injuries.
- Assessed patients' response to treatment and suggested ways to combat side effects.
- Improved patient outcomes and quality of care by determining and suggesting changes to processes.

Education

05/2016

Bachelor of Science in Nursing

East Tennessee State University

- Magna Cum laude graduate
- Sigma Theta Tau International Member
- Alpha Lambda Delta Nursing Honor Society Member
- Daisy Award Recipient

Certifications

Active Registered Nursing License in Tennessee (Compact)

Basic Life Support (BLS) Certification

Advanced Cardiac Life Support (ACLS) Certification