**Laura J. Harnowski**

 **1443 Woodsdale Ave**

**Suamico, WI 54173**

**920-366-7986**

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**Work Experience:**

**Aviva, Green Bay, WI**

**Registered Nurse**

**October 2021-current-** Working as an infusion nurse. Starting IV’s, documenting vitals, chart completion, then cleaning the area when the patient is finished. We infuse vitamins and ketamine in this clinic.

**OSMS, Green Bay, WI**

**Registered Nurse**

**June 2019-current**

**June 2019-current-** Working peri-op, PACU, short stay and extended stay with patients who have undergone orthopedic surgery. We conduct total joints, knee scopes, hip scopes, hands and feet, and fractures to name a few. We take care of patients of all ages. We start IV’s and preop the patient for surgery. During recovery we manage their pain, while managing their sedation level. During the short stay or extended stay phase we make sure their pain is manageable, while making sure they are safe to be discharged. Educating the patient and family throughout their stay is my goal to help them feel as comfortable as possible in a stressful time. We educate about surgery, how to care for themselves after surgery, and what to expect in the weeks ahead while making sure the patients pain is manageable. Along with patient care we do chart prepping for the next day’s surgery, follow-up phone calls and calling the next day patients with their surgery time. We need to be excellent at multi-tasking and working in a fast pace environment.

**Bellin Health, Green Bay, WI**

**Registered Nurse**

**August 2010-July 2019**

**August 2010-October 2011**- Orthopedic Unit; Caring for post-operative orthopedic patients - Educating patients throughout hospital stay. Teaching patients and their families about care at home; including dressing changes, infection control, pain medications and pain control and when to notify MD - Completion of admissions - Float help to other units - Communicating patients needs to physician.

**November 2011-July 2019-** Maternity Unit; Caring for patient during pregnancy, labor, postpartum, newborn care, and during a loss. Admitting patients, evaluating patients in triage, discharging patients, assisting patients in labor, recovering patient after vaginal and cesarean birth, being a circulator in the OR for cesarean section, tubal ligations, and D&Cs, assisting surgeons during unscheduled cesarean section. Educating patients during pregnancy, labor and postpartum. During postpartum, taking care of mother and baby. Educating mother about proper infant care, behavior, feedings, and reasons to call MD. Educating mother about care for herself and reasons to call the MD. Assisting with breastfeeding.

**St. Vincent Hospital, Green Bay , WI**

 **Phlebotomist**

**November 2006-August 2010**

Venipuncture for lab work on inpatient floors and outpatient lab · Performing and ordering EKG’s on inpatients and outpatients ·Trained in performing EKG’s on neonates and pediatrics · Performing urine specimens - Performing occult blood specimens Performing urine pregnancy tests · Use of computer to coordinate patient care · Reviewing physicians orders to order lab specimens · Educating patients and families regarding procedures performed · Trained in neonates, pediatrics, and arterial draws ·Communicating results to physicians

**December 2009:** Nursing– Associate Degree**,** Northeast Wisconsin Technical College – Green Bay , WI

**December 2017**: Nursing-BSN, Bellin College of Nursing – Green Bay, WI

**Registered Nurse:** 172501-30

**ACLS:** 2020-renews 2022

**PALS certified:** 2020-renews 2022

**Phlebotomist:** 2005-current Certification number: #067145

**CPR Certification:** 2023

**References available upon request**