

PARIS GILES BSN, RN

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SUMMARY

- Organized, self-aware team player
- Solution-oriented with exceptional critical thinking skills
- Service-driven leadership
- Active listener and adaptive communicator
- Goal-oriented

EDUCATION

Bachelor of Science in Nursing, Resurrection University, Chicago, IL, May 2020

LICENSURE AND CERTIFICATION

Registered Nurse (RN) Licensure expires: 05/31/2024 – Illinois Board of Nursing
Basic Life Support/CPR (BLS) – The American Heart Association, expires: June 30, 2023

Advanced Cardiac Life Support (ACLS)- The American Heart Association, expires in December 2022

Pediatric Advanced Life Support (PALS)- The American Heart Association, expires in November 2023

Crisis Prevention Intervention (CPI)

WORK HISTORY

Registered Nurse, Emergency Room, Advocate South Suburban Hospital August 2022-
Current

- Collaborated with various ER professionals to ensure effective patient care.
- Applied expertise in prompt patient condition assessment on patient arrival at the ER during initial phases of acute illness or trauma.
- Monitored, documented, and communicated patients' conditions using computerized documentation systems.
- Maintained medical documentation in a thorough manner.
- Performed laboratory duties, including urinalysis, throat cultures, nasal swabs, etc.

- Maintained a safe medical environment.

- Performed medical procedures, such as EKG, venipuncture, cardiac monitoring, taking vital signs, urinalysis, UCG testing, or administering medications.

Registered Nurse, Emergency Room, St Bernard Hospital January 2022-July 2022

- Immediately stabilize incoming patients
- Insert IVs, foley catheters, and draw blood
- Monitor vital signs for changes
- Create and maintain patient records in Meditech
- Educate patients on their discharge and follow-up instructions
- Give report to the floor for patients that are admitted
- Delegate appropriate tasks to personnel
- Worked as a team to ensure safe patient outcomes

Registered Nurse, Emergency Room October 2021-December 2021, South Shore Hospital

- Assess acutely ill patients
- Stabilize incoming patients
- Administer medications as prescribed
- Monitor vital signs for changes
- Create and maintain incoming patient records in Meditech

Registered Nurse, Emergency Room May 2021- October 2021 Advocate Trinity Hospital

- Immediately stabilize incoming patients
- Administer medication as instructed by the physician
- Triage incoming patients based on level of injury or illness
- Help transfer stable patients to other units
- Work as a team with the emergency staff to help patients
- Create and maintain incoming patient records

Registered Nurse, PCU/E.R. November 2020-May 2021 West Suburban Hospital Oak Park, IL

- Assess acutely ill patients
- Float between the floor and emergency room on a constant basis
- Member of the progressive care unit fall team
- Monitor critical vital signs, detect changes and perform interventions when needed
- Monitoring and administering prescribed medication and performing titration of drug doses
- Charting in the patient's chart using Cerner
- Collaborate with other members of the healthcare team and specialists ●
- Performing diagnostic assessments on changes in measurements as well as

designated interventions

Mental Health Technician, July 2019- August 2020 Silver Oaks Behavioral Hospital New Lenox, IL

- Assess and provide therapeutic communication skills for various patients
- Educated patients on positive coping skills that would help to improve their lifestyle
- Provided safety and security to patients by rounding every 10-15 minutes

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- Engaged with patients professionally in order to facilitate good patient outcomes

Patient Care Technician, August 2009-March 2018 Alexian Brothers Behavioral Hospital Hoffman Estates, IL

- Performed vital signs and EKGs, collect specimens as needed
- Strong organizational and communication skills
- Provided therapeutic listening and encouraged patients to participate in group therapy
- Skilled in Cerner software
- Assisted patients with ADLs

Certified Nursing Assistant, May 2008- July 2009 South Elgin Rehab South Elgin, IL

- Assist patients with ADL's as needed
- Performed vital signs and reported observations to the nurse
- Worked with the nursing team to provide a safe environment for patients

Certified Nursing Assistant, July 2008- November 2008 Maplewood Rehab Elgin, IL

- Assisted patients with ADL's as needed
- Performed vital signs and reported to the nurse
- Providing comfort care, encouraging and motivating patients

Certified Nursing Assistant, June 2007- July 2008 HCR ManorCare Palos Heights, IL

- Maintained positive relations and compassion with patients and their family members

- Consulted with patients while dressing and providing perineal care
- Recorded and observed patients information with accuracy

CLINICAL EXPERIENCE

Student Nurse – Completed [938] Total Clinical Hours, August 2018–December 2019

Professional Role Transition/Telemetry, Magnet Recognition Nursing Floor, Amita Health St Mary of Nazareth Hospital, Chicago, IL; Medical-Surgical I, Amita Health Resurrection Medical Center, Chicago, IL; Medical-Surgical II, Edward Hines Jr. VA, Hines, IL; Psychiatric & Mental Health, Amita Health St Joseph Hospital, Chicago, IL; Labor and Delivery, Amita PARIS GILES

Health St Mary of Nazareth Hospital, Chicago, IL; *Fundamentals of Nursing*, Amita Health St. Francis Hospital, Evanston, IL; *Community Health*, Search Inc., Chicago, IL ● Technical proficiency in Epic electronic health record systems (EHR) and VistA EHR for The Department of Veterans Affairs (VA)

- Provided total patient care in a [4] patient step– up training program
- Maintained electronic health records with objective, comprehensive and concise charting
- Reviewed medical charts and physician orders
- Administered intravenous and non-intravenous medications
- Identified correct patient for the procedure by checking requisition and patient ID
- Monitored patient conditions during treatments, procedures, and activities ●

Performed head-to-toe patient assessments

- Applied 5-lead ECG with special watch over the care of patients with cardiac conditions
- Implemented nursing care plans
- Coordinated patient care
- Maintained HIPPA compliance by keeping patient information

confidential **ACADEMIC PROJECTS**

Individual Capstone Project/Improved Delegation Communication, (Professional Role Transition – NUR4642) Amita Health St Mary of Nazareth Hospital, Chicago, IL

Team Leader/Organizer

- Identified a need for improved delegation – communication between certified nurse assistants and registered nurses on a telemetry unit
- Collaborated with nursing teams to improve delegation– communication ● Implemented an uncomplicated and quick reference point for ongoing patient care tasks ● Project resulted in coordinated nursing care and improved patient satisfaction with care