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OBJECTIVE

To obtain employment in a nursing setting in which I can utilize my leadership and communication skills

PROFESSIONAL EXPERIENCE

Strogers H cook county hospital

Contract with cross country

Jan 2022 - present

Medical surgical floor 1:4

- weight, temperature, blood pressure, pulse, and respiration.
- Provided primary patient care and treatments, such as dressing wounds, treating bedsores, giving enemas, douches, and performing gcting as a charge nurse and serving as clinical resource
- Administered prescribed medications, started intravenous fluids, and documented patients' charts by recording food and fluid intake and output.
- Measured and recorded patients' vital signs, such as height, catheterizations.
- Performed assessments; provided intravenous therapy; complex wound care; monitored various drainage devices, etc.
- Collaborated daily with physicians and health care teams to achieve optimum patient care.
- Established strong relations with physicians built on trust and knowledge of patient care.
- Demonstrated ability in managing critical situations and making care-based decisions.
- Educate patients and their families on disease processes,

Amita Health St. Joseph Hospital

Jan 2020- Present

Psychiatry floor/charge nurse 1:6

- Provides therapeutic interactions with patients to assist them in identifying sources of anxiety and depression in locked unit
- Coordinates with other nurses and mental health workers to provide appropriate input and effectively formulate and implement treatment plan for the patient
- Identifies behavioral problems to make suitable recommendations.
- Provides assistance, suggestions and conducts clinical supervision of patient care during specific shifts.
- Provides psychosocial interventions, behavioral therapy, family therapy and milieu therapy
- Experience with patient screening, transfers, admissions, daily assessments, and discharges as well as medication administration in both routine and emergency situations.
- Manages over 25 incidents of patient violence via use of de escalation techniques, psychotropic medications, and physical restraints.

Holy cross hospital (agency) Nov 2021-Jan 2022

Psychiatry medical unit

- Maintains clinical expertise by providing direct patient care, aweight, temperature, blood pressure, pulse, and respiration.
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- Established strong relations with physicians built on trust and knowledge of patient care.
- Demonstrated ability in managing critical situations and making care-based decisions.
- Educate patients and their families on disease processes, medical-surgical procedures, and other aspects of therapeutic regimens, including medication and pain management techniques.
- Provides services for individual patients and on identified patient care areas to facilitate optimal patient outcomes.

Northwestern Memorial Hospital

March-2020-Jan 2021

ER RN I: 6

- Provided nursing care within Level 1 Trauma Center.
- Collaborated with various ER professionals to ensure effective patient care.
- Applied expertise in prompt patient condition assessment on patient arrival at the ER during initial phases of acute illness or trauma.
- Monitored ER patients, including alerting physicians or charge nurses to changes in patient status, communicating with patients and their family members in a variety of traumatic situations.
- Performed medical procedures, such as EKG, venipuncture, cardiac monitoring, taking vital signs, urinalysis, UCG testing, or administering medications..

Grove of Skokie nursing home

Nov 2019- July 2020 126 beds 1:28

- Supported an average caseload of 65 patients in the provision of preventative health care within a nursing home environment.
- Provided ongoing assistance to physicians and geriatric health care professionals from routine appointments to crisis management care.
- Maintained clear, concise, and accurate patient records. Tracked patient pain management plans, nutritional regimes, and changes in patient mental health behavior.
- Administered pain medication to patients suffering from a variety of different medical conditions. Tracked the administration of various medications for each patient and monitored other pain management treatment strategies.

Thorek Memorial Hospital (Chicago, IL)

Sep 2019- Mar 2021

Medical and psychiatry charge Nurse

- Works with unit leadership to identify and minimize barriers to providing coordinated care
- Provides leadership in the daily operations of a unit
- Maintains clinical expertise by providing direct patient care, a weight, temperature, blood pressure, pulse, and respiration.
- Provided primary patient care and treatments, such as dressing wounds, treating bedsores, giving enemas, douches, and performing gaiting as a charge nurse and serving as clinical resource

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Chicago Lakeshore Hospital (Chicago, IL)

Nov 2016- April 2020

psychiatric unit Charge Nurse , adult psychiatry charge Nurse & Detox Nurse

- Responsible for providing safe and therapeutic care to children ages 4 to 17 in a psychiatric inpatient setting, working with individuals that have severe mental health and behavioral difficulties
- Responsible for providing safe and therapeutic care for Adults in a psychiatric inpatient setting and detox unit.
- Oversee milieu activity, leading nursing and clinical staff in order to have structured treatment on daily basis.
- Specialized in non-violent crisis intervention through verbal and behavioral de-escalation techniques.
- Administered medication, maintaining medication management and provided PRN crisis intervention compliant with doctor's orders and hospital policy.
- Complete nursing documentation including assessments, medication administration, treatment plans, discharge summary, and follow-up care, etc.
- Conducted nursing groups, providing psychoeducation and health education to patients
- Built therapeutic rapport with patients and family, assisting in holistic care.
- Ensured HIPPAA compliance

University College Hospital (Ibadan, Nigeria)

Jun 2014-Oct 2016

Emergency Room Nurse

- Active medical team member in a fast-paced environment, providing emergency treatment and support in order to stabilize patients in crisis situations.
- Monitored patient conditions and assessed status by obtaining all vital signs and consistent observations.
- Provided direct patient care in preparing individuals for medical procedures, transferring patients, facilitating successful discharges.
- Educated patients in order to ensure stability upon discharge such as wound irrigation and dressing, medication management, etc.

Outreach Children Hospital (Lagos, Nigeria)

Aug 2010-May 2016

Medical / NICU Charge Nurse

- Worked as a team to provide primary care for neonatal and pediatric patients ages 0 to 18, in a medical setting.
- Completing a wide range of services including wellness visits, routine health exams, illness treatment, injuries and life-threatening conditions.
- Administered pharmacological and non-pharmacological medicines to patients, providing education in medication management.
- Responsible for primary care, case management, and medication management.
- Empathically interacted with patients and families, ensuring comfort and quality medical care.

EDUCATION

Walden University (Minneapolis, Minnesota)

- Masters in Nursing

March 2019 – Aug 2021

Grand Canyon University (Phoenix, AZ)

- Graduated with bachelor's degree in nursing
- 3.87/4.0 GPA

April 2017-July 2018

School of Post Basic Nursing (Ilorin, Kwara State)

- Diploma in Pediatric Nursing

Nov 2011 – Nov 2012

University of Ibadan (Ibadan, Nigeria)

Oct 2006 – May 2010

- Graduated with Associates Degree in Nursing

SKILLS/EXPERIENCE

- *Volunteer:* Anu Medical Outreach (2012), Kokumo Foundation (2014).
- *Technical:* Registered Nurse Illinois (2022), CPI certified (2022), BLS (CPR) American Heart Association (2022).
- *Additional:* Strong critical thinking, creative problem solving, great verbal and written communication skills, responsible, team oriented yet independent, enjoys a challenge, fast learner, works well with diversity, positive attitude, able to work at a fast pace and high stress environments, and reliable in meeting deadlines.