# Nava Moniriarani

### **Registered Nurse**

Cudahy, WI

-Email me on Indeed: http://www.indeed.com/r/Nava-Moniriarani/ded7d55cfe9eab29

RN

### #readytowork

Authorized to work in the US for any employer

# Work Experience

### **Registered Nurse**

Advocate Aurora Health May 2020 to Present

- Provides ongoing patient centered nursing care.
- Initiates and implements a nursing plan of care individualized to the needs of each patient.
- Recognizes significant changes in patient's condition, status and need for care. Provides ongoing assessment of patient and takes appropriate nursing actions when changes occur. Evaluates and implements changes of the plan of care as needed and collaborates with other health care team members to coordinate patient centered care.
- Communicates with physicians and other members of the health care team. Provides patient status updates to physicians on a regular basis. Documents, maintains and updates accurate patient records according to agency, state, and federal guidelines.
- Administers medications, under physician provider orders.
- Monitors the patient's medication needs and response to treatment. Adjusts medication as appropriate within scope of practice and utilizing protocols established by the physician.
- Assists the physician provider with procedures and or surgeries.
- Coordinates the discharge planning process by utilizing the interdisciplinary approach.

#### **Occupational Health RN**

Sensia Wellness - Cudahy, WI February 2020 to Present

Currently working with the Sensia medical team to assess patient health problems and needs, develop and implement nursing care plans, and provide ongoing case management.

#### Onsite Clinic

- Scalable Medical Clinics
- Customized Medical Staffing
- Minor Urgent Care Treatment
- Chronic Disease Management
- Wellness Consultation
- Clinic Utilization and ROI Reports
- Flu Vaccinations/clinics

### Occupational Medicine

- Work Injury Investigation, Treatment, and Management
- Post Offer Physical Examinations
- Drug Testing
- Onsite Audiograms, Vision Exams, and Respirator Clearance

### **Home Care Clinical Coordinator**

Horizon Home Care & Hospice - Milwaukee, WI August 2016 to Present

- Responsible for creating and maintaining clinical work schedules. Support and use all technology tools and resources to ensure proper business processes. Schedules staff to meet client care needs and minimize non billed overtime.
- Create clinical work schedules ensuring sufficient coverage with call-ins and absences.
- Anticipate needs for clinical staffing and attempt to avoid overtime expense or staff shortages
- Schedule clinical associates in accordance to FTE status, availability, and PTO requests
- Identify and communicate clinical staffing needs to department supervisor and manager. Record clinical attendance and visit reports daily
- Confirm completion of clinical competency checklists prior to new hires receiving post orientation schedules
- Communication with providers, hospital discharge planners, and insurance companies to ensure effective coverage of all homecare clients
- Serves as point of contact for client/customer relations
- Responsible for supplying clinicians with necessary healthcare supplies and ensuring the office has the appropriate level of inventory at all times.
- Ensure that clinicians are documenting correctly on a timely basis. Assures proper maintenance of clinical records in compliance with company policies
- Participates in holiday coverage rotation. BLS, CPR, CBRF certified.

#### LPN

Willow Crest Care Center - South Milwaukee, WI December 2019 to January 2020

The LPN's primary role is to evaluate, plan, and deliver nursing care in collaboration with the DON, in accordance with company policies and state regulations.

Essential Duties And Responsibilities

- Possesses knowledge of nursing principles (geriatrics, senior living, and long-term care), professional standards of nursing practice and ability to apply to resident specific circumstances
- Assume self-responsibility for all direct patient care activities as indicated by the DON
- Provide direct patient care according to the ISP and physician orders
- Provide appropriate information to assist the DON in the preparation and maintenance of an effective ISP
- · Administer prescribed medications to residents in accordance with physicians' orders
- · Demonstrate honesty and integrity in the care and use of resident and facility property
- Maintain a good rapport with families

- Report and investigate reportable or sentinel events for their root cause, including reviewing progress notes and incident reports and developing a plan to minimize the re occurrence of the event
- Complete follow-ups on:
- MD notification or change of condition
- Family notification of change of condition, labs, physician orders, etc.
- Accidents/incidents
- Skin alterations
- New admission chart review and clarifications
- Discharge chart review
- After follow-ups, update ISPs as warranted and perform physical evaluations related to change of condition
- Oversee the 24-hour report sheet. Make routine checks on any resident who is acutely ill or has any change in condition
- Communicate with all departments to ensure quality care of residents
- Maintain effective, positive working relationships
- Oversee the care provided by caregivers/CNAs, as well as ensuring their documentation is accurate and complete. Counsel and discipline caregivers/CNAs as necessary
- Maintain high professional standards and represent the facility well
- Attend and participate in weekly leadership meetings
- Provide education to care staff as necessary

### **Hospice/Homecare Coordinator**

Horizon Homecare and Hospice June 2015 to January 2020

- Coordinating communication with patient, family, caregiver and referral source to improving patient's transition to agency within facility or community, in accordance with Company policies and procedures
- · Competent organizational skills and ability to handle stressful/emotional situations and deadlines
- Verified insurance information, pharmacy claims, and billing information
- Developed IDT case conference notes for weekly meetings
- Managed Calendar/schedule while also handling very busy phone line
- Wrote, edited, and proof read documents to be sent to facilities, families, and Physicians.

#### **Biometric Screener**

Interra Health - Milwaukee, WI December 2014 to June 2015

- · Conducted biometric screens and immediate personal consultations at assigned clients
- Tests included finger-stick or venipunctures for Lipid and glucose levels, blood pressure, height, weight, % body fat, waist circumference, CO2 levels.

#### **Receptionist/Resident Aide**

Heritage Senior Living - West Allis, WI November 2013 to November 2014

- First Aid, Fire Safety, Medication Administration, Choking, Standard Precautions Certified; assisted with ADL's for all residents
- Assisted in employee scheduling, coordinated interviews and assisted in administrative schedule
- Organized emails and coordinated incoming and outgoing mail/faxes
- Filed and completed paperwork for residents and new hires; Conducted reference and background checks

• Monitored inventory level

# Student Assistant, Tutor, Soccer Coach

Alverno College

September 2010 to May 2014

- Provided excellent customer service, maintained the quality of indoor and outdoor athletic fields, handled food and money, conducted inventory, and assisted the video/tech staff.
- Taught Science and Math courses to undergraduate students
- Developed and taught soccer skills/strategies to children and teens

# Education

### **Associate in Nursing**

Milwaukee Area Technical College - Milwaukee, WI January 2018 to Present

# B.A. in Integrated Studies, Biology and Psychology focus

Alverno College - Milwaukee, WI 2010 to 2016

# **Nursing Licenses**

### PΝ

Expires: July 2021

State: WI

RN

RN

### Skills

- Excel (6 years)
- Word (6 years)
- Powerpoint (5 years)
- Scheduling (1 year)
- payroll (1 year)
- LPN
- RN
- Home Health
- Nursing Home
- Med Surg
- Home Care
- Staff Nurse

- CNA
- EMR Systems
- Medication Administration
- Hospice Care
- Occupational Health Experience
- Patient Care
- Calendar Management
- Vital Signs
- Tutoring
- Time Management
- Conflict Management
- Critical Care Experience
- Epic
- Employee Orientation
- Hospital Experience
- Public Speaking

#### **Awards**

# **Incoming Freshman Commencement Speaker**

May 2014

• Spoke at Incoming Freshman Inauguration 2014

# **Academic Scholarship**

September 2010

• Granted over \$20,000 in Academic Scholarships 2010-2014

# Recommended to be Graduation Speaker for 2014

May 2014

• Recommended by staff to be Speaker for Graduation 2014

### **Alverno Hall of Fame 2018**

October 2018

### **Academic Honors Matc LPN**

December 2018

# **Academic Honors RN program**

May 2020

# Certifications and Licenses

# Fire Safety

Present

#### First Aid

Present

#### **Medication Administration**

Present

## **BLS for Healthcare Providers (CPR and AED)**

November 2019 to November 2021

#### **CNA**

January 2009 to Present

Current Nursing student. Clinical rotation qualified for CNA license.

#### **ACLS Certification**

LPN

LPN

# Groups

# **Alverno College Women's Soccer Team**

September 2010 to May 2014

- 4-year Captain of collegiate Women's Soccer Team 2010-2013
- Broke school and Conference record for most points in a career, Alverno Soccer team 2010-2013

# Alverno College Women'v Volleyball Team

August 2013 to November 2013

• Assisted the Women's Volleyball for one Season

### Additional Information

- Current LPN graduate of MATC. BLS AND CNA current. CBRF certified. Experience in long term care, post op surgical patients, and stroke unit
- Converted and improved Clinical Coordinator position to paperless system for efficiency.
- Strong interpersonal skills, time management, and problem solving skills. Excellent ability to work and complete responsibilities under very minimal supervision
- Expertise in computer-based skills; MS Word, Excel, PowerPoint and Outlook and diverse computer programs
- · Ability to teach and orientate and train employees on new programs/procedures
- Experience in inventory control/ managing supply closet for clinicians.