**Sara Starr, MSN, FNP- BC, APNP**

601 Lances Circle Cell: (715) - 581 - 1379

Hatley, W I 54440 Sara.Starr@aspirus.org

**Profile**

Skilled and highly trained healthcare professional with proven experience providing high quality evidence based patient care, within a dynamic and highly pressured environment, seeking a position to advance professional development. I bring a loyal, compassionate attitude, the ability to collaborate as a team member, with 4 years of Nurse Practitioner experience within a developing Neurology program.

**Areas of Expertise**

* Possess an outstanding blend of organization, prioritization, leadership, and interpersonal skills.
* Perform all assessments with a patient-centered focus while seeking opportunities for improvement of processes and treatments
* Mentor and leader through a collaborative and integrated approach
* Proficient use of EPIC, EMR, and PACS, with a strong clinical judgment
* Qualified lab result evaluator
* Sound and ethical independent decision-making ability consistent with medical protocols
* Critical thinking and ability to multitask with multiple critical patients, while advocating for patient rights

**Professional Experience**

Inpatient Neurology/Advanced Practice Nurse Prescriber

*Aspirus Wausau Hospital*  2017 – Present

* Proficient with inpatient neurology rounds, managing critical neurological processes and disease, such as ischemic/hemorrhage stroke, myasthenia gravis, Guillain – barre syndrome, myositis, seizures, etc.
* Played a key role in Code Stroke patients presenting to the emergency room with acute neurological deficits, guiding management and decision making, along with patient and family engagement.
* Collaborated with a diverse group of Physician and Advanced Practice providers throughout multiple interdisciplinary entities, along with active Precepting Role for Nurse Practitioner Students.
* Assisted with the transitional role of patients from the inpatient setting and outpatient setting, actively following test results and collaborating with the outpatient team.
* Participated in Neurology Journal club and actively engaged in continued education, growing knowledge for advancing educational practices and current stroke trials.
* Recent engagement with outpatient Stroke Clinic follow up, providing outpatient follow up to patients previously seen as inpatient to discuss stroke mechanism, risk factor and prevention.

Medical Surgical/Trauma/Neuro Intensive Care unit/Registered Nurse

*Aspirus Wausau Hospital* 2013 – 2017

* Developed proficient assessment skills and critical thinking to provide patients and their families high quality care during complex health situations.
* Worked with patients who required complex assessment, high intensity therapies, and interventions, while collaborating with physicians.
* Developed a strong collaboration with physicians and interdisciplinary members of the healthcare team.

 Post-surgical care Unit/Registered Nurse

 *Aspirus Wausau Hospital*  2008 – 2013

* As a new nurse the focus was for development of nursing skill sets and assessment, while managing a diverse group of patients recovering postoperatively.
* Developed proficiency with documentation and collaboration with physicians and other members of the health care team.
* Advanced knowledge of medication use and administration, while recognizing diagnostic studies and laboratory analysis.

Long term Care/Licensed Practical Nurse

*Homme Home of Wittenberg* 2006 –2008

* Engagement with a diverse group of patients consistent with cognitive impairments and physical limitations, which needed a high-level nursing care.
* Collaborated with registered nurses to meet the needs of 15 to 35 residents, while developing proficient knowledge in medication administration, tube feedings, catheter care, and wound care.

**Education**

Masters of Family Nurse Practitioner, Chamberlain College of Nursing 2017

Bachelors of Nursing, Chamberlain College of Nursing 2015

Associates Degree Nursing (Certificate in Psychology), North Central Technical College 2008

Licensed Practical Nurse, North Central Technical College 2006

**Certifications**

* Advanced Cardiac Life Support Current
* NIHSS Current
* Basic Life Support Current

**Honors & Awards**

* Nurse of Excellence 2010
* Daisy Award Recipient 2017

**Interests & Hobbies**

* Family is a main part of life; Married to my husband Todd for 13 years and we have three amazing, beautiful children Malayna (10), Koltyn (9), Braydon (7).
* Enjoy outdoors activities swimming, walks, four wheeling, snowmobiling, and fishing.
* If there is any free time, I enjoy sewing, reading, shooting pool and crocheting.