Sarah Swanner

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MSN, RN, CNL

Atlanta, Georgia, United StatesHospital & Health Care

Previous positions

Registered Nurse, Labor and Delivery at Northwestern Memorial Hospital

Registered Nurse, Medically Complex Floor at Rehabilitation Institute of Chicago

Education

Rush University, Master of Science in Nursing, Nursing

Experience

Registered Nurse, Labor and Delivery

Northside Hospital

June 2014 – Present(5 years 5 months)Greater Atlanta Area

•Nominated and elected by coworkers to unit-based Shared Governance committee

•Initiated unit-based Journal Club focused on implementing evidence-based practices

•Applied current obstetrical research to provide evidence-based care for the laboring mother and the newborn

•Committed to on-going obstetrical and informatics nursing education through on- and off-unit continuing education classes

Registered Nurse, Labor and Delivery

Northwestern Memorial Hospital

December 2012 – May 2014(1 year 5 months)Greater Chicago Area

•Provided obstetrical nursing care, educated, and supported mothers and support persons during the labor, delivery, and immediate postpartum period

• Expanded nursing skills to include specialized lactation training

•Participated as an essential team member toward Northwestern Hospital's Baby Friendly Hospital and Magnet designation through utilization of bedside evidence-based practice

•Involved on unit-based policy and procedure committee

Registered Nurse, Medically Complex Floor

Rehabilitation Institute of Chicago

November 2011 – December 2012(1 year 1 month)Greater Chicago Area

• Planned and implemented patient-centered care for medically-complex patients, while continuously educating patients and families on health conditions and discharge teaching

• Led unit as the Magnet Committee Ambassador toward Magnet redesignation, evaluated areas the unit met Magnet standards and educated the staff on areas of improvement

• Applied for a DAISY grant to implement an improved computer-based pain assessment tool for cancer patients

Volunteer Nurse

Simpson Academy for Young Women

June 2011 – November 2011(5 months)Greater Chicago Area

• Educated teen mothers on the importance of breastfeeding in a group setting

Nanny

The Ellis Family

January 2009 – December 2009(11 months)

Provided childcare for a 9-month old (as of January 2009) boy, including planning his educational and social activities.

Recommendations (1)

Assistant Horticulturist, Waterfall Garden

Chicago Botanic Garden

February 2008 – December 2008(10 months)

Maintained native prairie and shade perennial gardens and managed seasonal workers and volunteers at a reputable botanic garden.

Graduate Research Assistant

The University of Georgia

August 2005 – December 2007(2 years 4 months)

Documented the historic and horticulturally significant trees of Georgia, using GPS and GIS technologies

Plant Records Intern

The Arnold Arboretum of Harvard University

May 2005 – August 2005(3 months)

Research Experience for Undergraduates (REU) Horticulture Intern

State Arboretum of Virginia/Blandy Experimental Farm

June 2004 – August 2004(2 months)

Education

Rush University

Master of Science in Nursing, Nursing

2010 – 2011

Rush University

I obtained a masters degree in nursing and, therefore, am educated in informatics, nursing theory, leadership, and evidence-based practice. During my role transition clinical rotation on a level 3 labor and delivery unit, I assessed pregnant mothers at hospital admission, throughout labor, and immediately postpartum; educated mother and support persons on labor support techniques, on labor and postpartum expectations, and helped the mother feel empowered about the birth; and monitored fetal heart tones and contractions and administered medications to mother and baby.

Activities and Societies

Rush University Student Nurses Association

President, March-August 2011

Vice President/Treasurer, August 2010-March 2011

Secretary, March-August 2010

Rush University Student Senate

December 2010-May 2011

College of Nursing Representative

College of Nursing Faculty Senate

January-August 2011

Student Representative

Rush-Presbyterian-St. Luke’s Alumni Association

January-August 2011

Student Representative

University Council

April-August 2011

College of Nursing Student Representative

The University of Georgia

Master of Science, Horticulture

2005 – 2007

The University of Georgia

Thesis: The Historic and Horticulturally Significant Trees of Georgia

The University of Georgia

Bachelor of Science in Agriculture, Horticulture

2000 – 2005

The University of Georgia

Languages

English

Skills & Expertise

Cpr Certified

Public Health

Nursing

Patient Safety

Interpersonal Skills

Hospitals

Inpatient

EMR

Healthcare

Epic

Holistic Health

Certifications

Georgia Registered Nurse License

, License #RN236769

November 2015 – January 2018

Neonatal Resuscitation Program

, License

May 2015 – May 2017

CPR certification

American Heart Association | American Stroke Association, License

May 2015 – May 2017

Breastfeeding Friendly Consortium

University of Virginia, License

July 2013

Certified Breastfeeding Counselor

CBI, License

November 2016

Clinical Nurse Leader

Commission on Nurse Certification, License

Clinical Nurse Leader (CNL)

American Association of Colleges of Nursing (AACN), License

2017 – 2022

Organizations

Association of Women's Health, Obstetric, and Neonatal Nurses

October 2010 – Present