Michelle Martus RN, BSN

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Lifelong learner always looking to grow personally and professionally

Fort Mill, South Carolina, United StatesHospital & Health Care

Previous positions

After Hours Nurse at Hospice & Palliative Care Charlotte Region

Float Nurse at Hospice & Palliative Care Charlotte Region

Education

Excelsior College, Bachelor of Science (BS), Registered Nursing/Registered Nurse

Background

Summary

Highly effective nurse with strong critical thinking skills. Able to function independently and collaborate well with others as part of an interdisciplinary team. Strong physical assessment skills and the ability to prioritize care in any environment. Able to manage and control crisis situations. Passionate about patient and community education as it relates to health care. Strong belief in the nurse role as educator in a fast paced health care environment. Life-long learner constantly seeking to improve my practice and gain more knowledge in my field. Excellent interpersonal skills, able to quickly establish rapport and trust with patients and families.

Experience

Registered Nurse Medical Surgical (Med/Surg)

Novant Health

May 2019 – Present(7 months)Matthews, North Carolina

After Hours Nurse

Hospice & Palliative Care Charlotte Region

April 2018 – April 2019(1 year)Charlotte, North Carolina

• Respond to urgent needs of patients and caregivers as disease progresses

• Be flexible with sharp physical assessment skills and ability to quickly formulate a plan of action in a crisis situation

• Maintain a working knowledge of multiple terminal illnesses and the symptoms of progression

• Quickly assess physical, psycho social and spiritual needs and develop nursing diagnosis in order to facilitate care and maximize comfort at end of life

• Document all encounters in detail and report changes to the assigned team in a timely and efficient manner

• Supervise the work of LPNs in the field partnering to ensure quality care is delivered

• Mentor and train new staff in the field and serve as an ongoing resource after training is completed

• Collaborate with members of the team in order to deliver patient centered care

Float Nurse

Hospice & Palliative Care Charlotte Region

December 2016 – April 2018(1 year 4 months)Charlotte, North Carolina

Duties:

• Respond to urgent needs of patients and caregivers as disease progresses

• Quickly assess physical, psychosocial and spiritual needs and develop nursing diagnosis in order to facilitate care and maximize comfort at end of life

• Collaborated with multidisciplinary team in order to meet changing needs of patients and families

• Provide in-depth education and support to families during a time when things are changing rapidly and often without warning

• Serve as a resource to several teams serving 11 counties in 2 states during staffing shortages and urgent patient needs

• Be flexible with sharp physical assessment skills and ability to quickly formulate a plan of action in a crisis situation

• Utilize resources and team support appropriately to meet patient and caregiver needs

• Maintain a working knowledge of multiple terminal illnesses and the symptoms of progression

• Document all encounters in detail and report changes to the assigned team in a timely and efficient manner

Recommendations (1)

Case Manager RN

Community Home Care and Hospice

September 2015 – November 2016(1 year 2 months)Indian Trail, North Carolina

• Provide cost-effective and patient-centered care as a hospice nurse providing dignity and comfort to patients at the end of life as well as their families

• Serve as a member of a multidisciplinary team including physicians, social workers, chaplain, volunteer coordinator, bereavement coordinator, HHA, and nursing facility staff to ensure each case is managed appropriately and ensure that care is being provided according to the patients goals and wishes

• Document patient encounters in detail

• Educate patients and families about the hospice philosophy and the care and comfort hospice care can provide for those who are terminally ill.

• Develop working relationships with administrative and care staff at assisted living and skilled nursing facilities to manage patient care

• Formulate an individualized plan of care for each patient based on their condition in order to ensure their needs are met and coordinate with others to meet those needs

• Council clients and families on disease process and care for a variety of life-limiting conditions and the dying process.

Field nurse

BRIGHT STAR CARE LTD

November 2014 – September 2015(10 months)Charlotte, North Carolina Area

Provide skilled nursing care to clients in the home setting

Advocate for clients and coordinate care for best patient outcome

Educate clients and caregivers to provide care in home setting

Perform competency evaluations and staff supervision under the direction of the director of nursing

Master Scuba Diver Trainer

PADI

July 2012 – January 2015(2 years 6 months)Wahiwa, HI

• Owner of a small business catering to Scuba Diving with both tourist and local clientele

• Plan, organize and execute dive experiences, certification classes and guided dives as a contractor to local dive shops

• Work as an independent, self-motivated, and detail oriented instructor maintaining personal liability insurance coverage and teaching materials

• Maintain a current knowledge of dive theory, physics and technique and effectively teach new techniques and theories as they are added to the curriculum

Recommendations (1)

Education

Excelsior College

Bachelor of Science (BS), Registered Nursing/Registered Nurse

2017 – 2019

Excelsior College

Excelsior College

Associate of Science (A.S.), Nursing

2007 – 2010

Excelsior College

PADI

Certification, Master Scuba Diver Trainer

2013 – 2013

Skills & Expertise

Cpr Certified

Training

Leadership

Underwater Photography

Delegation

End-of-Life Care

Nursing

Time Management

Defibrillator

Hospice

BLS

Critical Thinking

Patient Safety

Nursing Education

Registered Nurses

Hospitals

Scuba Diving

ICU

IV

Compassion

Public Speaking

Acute Care

Telemetry

Interpersonal Communication Abilities

Care Planning

Quality Patient Care

Customer Service

Treatment

Highly detail oriented

Self-motivated Team Player

Management

AED

Nursing Care

Patient Education

First Aid

Direct Patient Care

EKG

Medical/Surgical

Team Building

Medication Administration

ACLS

Home Care

Healthcare

Computer Proficiency

Multi-tasking Skills

Critical Care

Patient Advocacy

Certifications

Registered Nurse

New York State, License

December 2010

Master Scuba Diver Trainer

PADI, License

February 2012

Registered Nurse

South Carolina, License

February 2014

Volunteer Experience & Causes

Causes Michelle cares about:

Health

Science and Technology

Social Services