Kirsten Skov

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Labor and Delivery Nurse at The Medical Center of Aurora/Centennial Medical Plaza

Fayetteville, Georgia, United StatesHospital & Health Care

Previous positions

Registered Nurse at Baptist Medical Center

Camp Nurse at Chick-fil-A: WinShape Camps

Education

Samford University, Bachelor of Science in Nursing, Registered Nursing/Registered Nurse

Summary

Conscientious, dependable nursing professional with a passion for patient care and healthcare education ▪ Intelligent, with a strong work ethic, able to learn and adapt to change efficiently and effectively ▪ Ability to manage multiple priorities with great attention to detail ▪ Cooperative team leader with a strong sense of integrity

Experience

Labor and Delivery Nurse

The Medical Center of Aurora/Centennial Medical Plaza

October 2018 – Present(1 year 2 months)

Labor and Delivery Staff Nurse

Northside Hospital

March 2016 – Present(3 years 9 months)Greater Atlanta Area

Labor/Delivery/Recovery Unit (L&D) – Staff Nurse/Team Leader/Preceptor

▪ Provide total patient care in a high acuity unit with approximately 1,200 deliveries per month

▪ Proficient in low and high risk antepartum, intrapartum and immediate postpartum care of the laboring mother

▪ Competent as circulating and PACU RN for C-section deliveries

▪ Extensive experience caring for high-risk diagnosis of postpartum hemorrhage, preeclampsia, gestational diabetes, uterine rupture, placental abruption, intrauterine fetal demise, etc.

▪ Care for patients requiring fetal assessment and fetal monitoring equipment

▪ Experience with neonatal resuscitation

▪ Pain management of the laboring patient including epidural administration and patient controlled analgesia

▪ Provide patient and family education on pain management, labor and newborn care

▪ Relief Team Leader managing a pod of 6 labor patients/9 high-risk antepartum/postpartum patients and 3-4 RNs

▪ Acted as preceptor to new staff

▪ Proficient in McKesson and WatchChild charting systems

▪ Assisted on the committee for The Joint Commission Accreditation Survey Readiness

Registered Nurse

Baptist Medical Center

September 2015 – December 2015(3 months)Jacksonville Beach, Florida

Proficient in computer charting (Cerner), Patient Admission and Discharge, Medication administration, Patient assessment, Cardiac monitoring, Participated and contributed to The Joint Commission Accreditation Survey

Camp Nurse

Chick-fil-A: WinShape Camps

July 2015 – July 2015Young Harris, GA

Provided nursing care to youth ages 5 - 13 at overnight camp.

Director of Volunteers

Chick-fil-A: WinShape Camps

May 2014 – August 2014(3 months)

Managed 30-70 teenage and adult volunteers each week and coordinated camp activities for 9 different camping locations.

Village Leader

Chick-fil-A: WinShape Camps

May 2013 – August 2013(3 months)

Supervisor of counselor staff and camp counselor to youth ages 5 - 12 for 9 different camping locations.

Team Time Leader

Chick-fil-A: WinShape Camps

May 2012 – August 2012(3 months)

Camp counselor to youth ages 5 - 12 for 9 different camping locations.

Education

Samford University

Bachelor of Science in Nursing, Registered Nursing/Registered Nurse

2011 – 2015

Samford University

Activities and Societies

Samford Association of Student Nurses Member, Samford University Ministries Step Sing Participant, Samford Community Involvement Committee Member, East Lake United Methodist Church Tutoring Program, WinShape Camps Campus Representative

Starr's Mill High School

High School

2008 – 2011

Languages

English

Native or bilingual proficiency

Spanish

Limited working proficiency

Skills & Expertise

Leadership

Strategic Planning

Project Management

Hospitals

Microsoft Excel

Public Speaking

Clinical Research

Customer Service

PowerPoint

Research

Management

Teaching

Team Building

Healthcare

Microsoft Word

Certifications

Basic Life Support

American Heart Association | American Stroke Association, License

October 2014 – March 2020

Registered Professional Nurse eNLC

Georgia State Board of Nursing, License RN255024

August 2015

Advanced Cardiac Life Support Certified

American Heart Association | American Stroke Association, License

February 2018

Neonatal Resuscitation Program

American Academy of Pediatrics, License

April 2016 – March 2020

Organizations

Alpha Lambda Delta Honor Society

Present

Volunteer Experience & Causes

Tutor

East Lake United Methodist Step Up Program

September 2012 – May 2013(8 months)Education

Each Wednesday during the school year, I volunteered with an after school tutoring program for kids living in an underprivileged area of Birmingham. I helped the kids with homework, led educational activities and supervised recreational time.

Mentor

Good News Club

September 2016 – May 2018(1 year 8 months)Children

I served at an after school program for children at the Boy's and Girls Club at Bellwood in Atlanta, GA. I taught Bible lessons, led small group discussion and led game time.

Causes Kirsten cares about:

Children

Education

Health

Human Rights

Social Services