# MICHAEL GRIMES

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#### **OBJECTIVE**

Continue to master the multi-faceted discipline of nursing through education and clinical experience.

WHY ME? Years of experience in the customer service and wellness industry, and a combined experience of 1.5 years as an ER nurse has proven I am highly adept at helping people and teaching them to help themselves. I tend to have a great relationship with those who I work with, work for, and those who work for me. I am smart, curious, and an excellent communicator, especially with those in physical or psychological distress. I thrive and adapt quickly in new situations and environments with new people. Finally, my size and strength, coupled with my amiable, tolerant, and compassionate nature makes me an asset in acute hospital settings.

### **EDUCATION/CERTIFICATIONS**

Malcolm X College, City Colleges of Chicago, ADN May 2017 BLS certified July 2017 ACLS certified Oct 2017 PALS certified Dec 2017 TNCC Dec 2018 Registered Nurse License Active: 041454395 BSN in progress – Purdue University Dec 2019

### SKILLS:

EMERGENCY DEPT: Respiratory distress/arrest, cardiac arrest, cardiac emergencies, IV therapy, pain management, substance abuse, wound management, blood transfusions, procedural sedation, end-of-life care, CVA care, sepsis management, abdominal pain management, metabolic emergencies, toxicologic emergencies, STI's, bites and stings.

REHAB: Picc lines, G-tubes, IV fluids, dialysis, trachs, ostomies , wound drains/wound vacs, complex wound management, IV blood medications, transfusions. nutrition/hydration, sleep/restfulness, bowel and bladder management, pain management, skin integrity, efficient swallow, discharge carryover techniques, knowledge deficits, psychosocial readiness, needs, interventions, collaboration with nursing, occupational therapist, physical therapist,

speech language pathology, case management, Physiatrists, MDs, and medical specialists

## WORK EXPERIENCE

Advocate Trinity – Full-Time – Emergency Department 2017-present Westlake Hospital – Registry – Emergency Department 2017-present PERSONAL TRAINER – OWNER 2003-2017 Tapas Barcelona - MANAGER OF RESTAURANT 2000-2003