Registered Nurse

 Personal Information

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| Name: |   Carissa Tchida |
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| Location: |   US-MN-Saint Paul-55169 () |
| Last Modified: |   7/4/2019 5:23:37 AM |

 Work History

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| Company Name: |   Medexpress Urgent Care | 01/01/2019 - Present |
| Job Title: |    |
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| Company Name: |   Coteau Des Prairies Hospital | 10/01/2018 - 01/01/2019 |
| Job Title: |   Registered Nurse |
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| Company Name: |   Coteau Des Prairies Hospital | 10/01/2010 - 10/01/2018 |
| Job Title: |   Licensed Practical Nurse |
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| Company Name: |   Tekakwitha Living Center | 10/01/2006 - 09/30/2010 |
| Job Title: |   Certified Nursing Assistant |
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 Education

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| School: |   Rasmussen College | Graduation Date: |  |
| Major: |    |
| Degree: |   Associate Degree |
| School: |   Sisseton Wahpeton Community College | Graduation Date: |  |
| Major: |    |
| Degree: |   None |

 Additional Skills And Qualifications

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| Recent Job Title: |    null | Recent Wage: | 0 per  |
| Security Clearance: |   No |  |  |

 Desired Position

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| Desired Wage: |    per  | Desired Employment Type: |  |
| Desired Travel: |    |   Desired commute: |  |
| Desired Relocation: | No |  |

 Resume

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| Carissa Tchida605-268-2788carissatchida4@gmail.comApple Valley, MN 55124OBJECTIVEto obtain a position as a Registered NurseEDUCATIONAssociate of Science September 2018Rasmussen CollegeDiploma of Practical Nursing May 2010Sisseton Wahpeton Community CollegeCERTIFICATIONS\* Minnesota RN licensure #2469664\* Multi-state compact RN licensure #R051047\* Multi-state compact LPN licensure #P010736\* Basic Life Support Certified\* Neonatal Resuscitation CertifiedSKILLS\* Diverse work experience in a critical access hospital\* Proficient in documenting with various electronic charting software such as Athena, PointClick Care, Epic, and Centriq\* Confident in delegation of tasks, implementation of policies, and management of conflicts in aprofessional manor\* Quickly and efficiently relay information to physicians regarding changes or updates in status\* Proven ability to think critically and prioritize job duties based on highest acuity\* Provide exceptional patient care\* Highly organized and efficient\* Excellent verbal and written communication skills\* Strong medical and work ethics\* Ability to work independently and as a teamWORK EXPERIENCEMedexpress Urgent Care January 2019- present\* Asses, screen, triage, and perform treatments ordered for patients.\* Prepare and assist physician with dispensing prescribed medications.\* Oversee and coordinate the daily patient care flow, assisting and participating in all aspectsof patient care for all patients within the center.\* Complete occupational health testing including such services as urine drug screens, breathalcohol testing, hair testing, and physicals.\* Complete patient referrals.\* Assist in maintaining all quality control.Coteau Des Prairies HospitalRegistered Nurse October 2018-January 2019\* Emergency Room and Medical/Surgical experience\* Admission assessments, care plans, mix medications, hang first dose of antibiotics, administermedications by IV push method and bolus, titrate drips, administer blood and blood products inthe Emergency Room and Medical/Surgical.\* Observe, record, and report to physicians regarding the patient's condition, injury, thetreatment provided, and reactions to drugs/treatment.\* Responsible for the delivery of total patient care through the nursing process of assessment,planning, intervention, and evaluation to provide individualized nursing care to patients.\* Responsible for assessing patient conditions, administering medications by multiple routes,dressing changes, monitoring of vital signs and providing patients with education.\* Work experience continued the same as LPN role only modified into the RN role and scope ofpractice.Coteau Des Prairies Hospital October 2010-October 2018Licensed Practical Nurse\* Experience in the Emergency Room-Medical/Surgical- Operating Room\* Triage ER patients, assisted in the care of multiple traumas, cardiac arrests, stroke codes,and conscious sedations.\* Provided care to people across the lifespan with different conditions from infants, children,pregnant women, and the elderly.\* Independently maintained safe and effective care to patients with different acuity levels in atime-restricted and demanding environment\* Constantly communicated and collaborated with physicians, registered nurses, and otherhealthcare professionals.\* Competent in IV insertion, administration of IV fluids and medications including antibioticsand narcotics while carefully monitoring for side effects or any adverse reactions.\* Manage a full assignment on the med/surg unit, develop plan of care with registered nurses andparticipate in bedside report.\* Closely monitor acute patients for change in status, vital signs, intake and output, andneurological assessment.\* Delegate tasks to Patient Care Technicians as appropriate and monitor for completion\* Provide admission and discharge education by utilization of teach back method to ensureunderstanding\* Provide pain management by means of complimentary therapy as well as narcotic administration\* Trained as an assistant role in the operating room, maintained sterile field, providedinstruments to the surgeon during procedures, and recovered patients in PACU.Tekakwitha Living Center October 2006-September 2010Certified Nursing Assistant\* Assisted multiple residents with activities of daily living\* Ensured resident privacy and comfort while providing baths and showers\* Established rapport with team members, residents, and families\* Displayed clinical skills while obtaining vital signs and assessing skin integrity\* Provided care to those with dementia on a locked neighborhood |