Registered Nurse

 Personal Information

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| Name: | Carissa Tchida |
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| Email: | carissatchida4@gmail.com |
| Location: | US-MN-Saint Paul-55169 () |
| Last Modified: | 7/4/2019 5:23:37 AM |

 Work History

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| Company Name: | Medexpress Urgent Care | 01/01/2019 - Present |
| Job Title: |  | |
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| Company Name: | Coteau Des Prairies Hospital | 10/01/2018 - 01/01/2019 |
| Job Title: | Registered Nurse | |
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| Company Name: | Coteau Des Prairies Hospital | 10/01/2010 - 10/01/2018 |
| Job Title: | Licensed Practical Nurse | |
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| Company Name: | Tekakwitha Living Center | 10/01/2006 - 09/30/2010 |
| Job Title: | Certified Nursing Assistant | |
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 Education

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| School: | Rasmussen College | Graduation Date: |  |
| Major: |  | | |
| Degree: | Associate Degree | | |
| School: | Sisseton Wahpeton Community College | Graduation Date: |  |
| Major: |  | | |
| Degree: | None | | |

 Additional Skills And Qualifications

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| Recent Job Title: | null | Recent Wage: | 0 per |
| Security Clearance: | No |  |  |

 Desired Position

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| Desired Wage: | per | Desired Employment Type: |  |
| Desired Travel: |  | Desired commute: |  |
| Desired Relocation: | No | |  |

 Resume

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| Carissa Tchida 605-268-2788 carissatchida4@gmail.com Apple Valley, MN 55124    OBJECTIVEto obtain a position as a Registered Nurse  EDUCATION Associate of Science September 2018 Rasmussen College  Diploma of Practical Nursing May 2010 Sisseton Wahpeton Community College CERTIFICATIONS \* Minnesota RN licensure #2469664 \* Multi-state compact RN licensure #R051047 \* Multi-state compact LPN licensure #P010736 \* Basic Life Support Certified \* Neonatal Resuscitation Certified  SKILLS \* Diverse work experience in a critical access hospital \* Proficient in documenting with various electronic charting software such as Athena, Point Click Care, Epic, and Centriq \* Confident in delegation of tasks, implementation of policies, and management of conflicts in a professional manor \* Quickly and efficiently relay information to physicians regarding changes or updates in status \* Proven ability to think critically and prioritize job duties based on highest acuity \* Provide exceptional patient care \* Highly organized and efficient \* Excellent verbal and written communication skills \* Strong medical and work ethics \* Ability to work independently and as a team  WORK EXPERIENCE  Medexpress Urgent Care January 2019- present \* Asses, screen, triage, and perform treatments ordered for patients. \* Prepare and assist physician with dispensing prescribed medications. \* Oversee and coordinate the daily patient care flow, assisting and participating in all aspects of patient care for all patients within the center. \* Complete occupational health testing including such services as urine drug screens, breath alcohol testing, hair testing, and physicals. \* Complete patient referrals. \* Assist in maintaining all quality control.   Coteau Des Prairies Hospital Registered Nurse October 2018-January 2019 \* Emergency Room and Medical/Surgical experience  \* Admission assessments, care plans, mix medications, hang first dose of antibiotics, administer medications by IV push method and bolus, titrate drips, administer blood and blood products in the Emergency Room and Medical/Surgical. \* Observe, record, and report to physicians regarding the patient's condition, injury, the treatment provided, and reactions to drugs/treatment. \* Responsible for the delivery of total patient care through the nursing process of assessment, planning, intervention, and evaluation to provide individualized nursing care to patients. \* Responsible for assessing patient conditions, administering medications by multiple routes, dressing changes, monitoring of vital signs and providing patients with education. \* Work experience continued the same as LPN role only modified into the RN role and scope of practice.   Coteau Des Prairies Hospital October 2010-October 2018 Licensed Practical Nurse  \* Experience in the Emergency Room-Medical/Surgical- Operating Room \* Triage ER patients, assisted in the care of multiple traumas, cardiac arrests, stroke codes, and conscious sedations. \* Provided care to people across the lifespan with different conditions from infants, children, pregnant women, and the elderly. \* Independently maintained safe and effective care to patients with different acuity levels in a time-restricted and demanding environment \* Constantly communicated and collaborated with physicians, registered nurses, and other healthcare professionals. \* Competent in IV insertion, administration of IV fluids and medications including antibiotics and narcotics while carefully monitoring for side effects or any adverse reactions. \* Manage a full assignment on the med/surg unit, develop plan of care with registered nurses and participate in bedside report. \* Closely monitor acute patients for change in status, vital signs, intake and output, and neurological assessment. \* Delegate tasks to Patient Care Technicians as appropriate and monitor for completion \* Provide admission and discharge education by utilization of teach back method to ensure understanding \* Provide pain management by means of complimentary therapy as well as narcotic administration \* Trained as an assistant role in the operating room, maintained sterile field, provided instruments to the surgeon during procedures, and recovered patients in PACU.   Tekakwitha Living Center October 2006-September 2010 Certified Nursing Assistant \* Assisted multiple residents with activities of daily living \* Ensured resident privacy and comfort while providing baths and showers \* Established rapport with team members, residents, and families \* Displayed clinical skills while obtaining vital signs and assessing skin integrity \* Provided care to those with dementia on a locked neighborhood |