

Kathleen Posa-Kearney MSN, RN, CCRN

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EDUCATION:

Loyola University Chicago, Chicago, IL
Graduate Nursing-Acute Care Adult Gerontology Clinical Nurse Specialist, August 2019
Lewis University, Romeoville, IL
Bachelor of Science, Nursing May 2012
Grand Valley State University, Allendale, MI
Bachelor of Health Science, May 2008

Continuing education through various employer and professional association courses and seminars. References upon request.

PROFESSIONAL EXPERIENCE

Acute Care Adult Gerontology Clinical Nurse Specialist/Graduate Student (dates)

- Rush University Medical Center, CICU/CVTICU, Chicago, IL (May-July 2019)
- Advocate Good Samaritan Hospital, CCU, Downers Grove, IL (January-April 2019)
- Advocate Lutheran General Hospital, Stroke Coordinator, Park Ridge, IL (August-December 2018)

Clinical and Leadership Experience

Patient Sphere

- CNS rounding, numerous consultations at the bedside on various clinical issues, comprehensive patient evaluations with differential diagnosis and nursing and medical plan of care for various patient populations including acute thrombolytic and hemorrhagic stroke, advanced heart failure, septic shock, trauma, surgical, ECMO and advanced pulmonary disease

Nursing Sphere

- Expert resource to nursing staff regarding critically ill patient status.
- Coaching new nurses about the initiation of VAN assessment scale for early stroke recognition
- Development of nursing education for RN removal of chest tubes
- Collaborative relationship with unit-based committees to assist in the advancement of nursing practice

System Sphere

- Application of evidence-based practice principles across multiple care areas
- Participation in quality improvement committees and expert interpretation of nurse sensitive indicators
- Assessment of environmental factors on patient care

Loyola University Medical Center, Maywood, IL

EXPERIENCE: Registered Nurse Level 4 Medical Intensive Care Unit & ICU
Registry: 7/2014-Present

Clinical Expertise:

- Provides care for critically ill patients with multi-system organ failure, respiratory failure, cardiology complications, renal and liver failure, post-surgical, ante-and post-partum emergencies, oncological complications and other emergencies
- Provides care to critically ill pre and post-operative lung, heart, liver and kidney transplant patients

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- Knowledge and application of ICU protocols including vasopressor titration, insulin drips, paralytic drips, hypothermia protocol, intra-aortic balloon pump management, pulmonary artery catheter management, maintenance and care for central and arterial lines
- Mechanical ventilation management, tracheostomy management
- Facilitate with bedside procedures such as: central line insertion, arterial line insertion, chest tube placement, IABP and pulmonary artery catheter bedside insertion
- ICU registry float nurse with experience caring for patients in the following ICUs; surgical/trauma, cardiac/heart transplant, cardiovascular/thoracic, burn, bone marrow transplant and neurology

Leadership Activities

- Nurse champion for multi-professional team development and implementation of the ABCDEF Bundle in MICU (November 2015-April 2018)
- Education of staff on the ABCDEF bundle
- Assisted in literature review and protocol development
- Presentation of FASTHUGS BASICS poster of NTI, 2015
- Participates as part of Rapid Response Team (while in the medical ICU): assesses patients with early signs and symptoms of sepsis or clinical deterioration outside of the ICU

Adventist Hinsdale Hospital, Hinsdale, IL (Kathie break this to clinical and leadership)
Registered Nurse Medicine/Surgical/Orthopedic/Telemetry Unit 8/2012-7/2014

Clinical Expertise

- Provides patient and family centered care to a variety of patient populations, including post-op patients
- Participated in interdisciplinary rounds to coordinate patient care
- Establish expertise in prioritization of tasks
- Monitor patient telemetry

Leadership Activities

- Chair of Peer Review Evaluation Board
- Member of Clinical Practice Council; hospital wide
- Secretary for unit based Shared Governance board
- Demonstrate leadership and teamwork qualities with team members to achieve the best patient outcomes

CERTIFICATES/ AFFILIATIONS

Registered Professional Nurse: Illinois 041402752 expires 5/31/2020
CCRN exam certified: March 2016
Current ACLS, BLS and CPR certified, 2019

PROFESSIONAL MEMBERSHIP

Sigma Theta Tau International Honor Society of Nursing, 2012
American Association of Critical Care Nurses Member, 2010
Society of Critical Care Medicine Member, 2018

VOLUNTEER ACTIVITIES

Volunteer Assistant Coach Lewis University Track and Field 2008-present
Tutor Lewis University Nursing students 2012-present
Mentor in the Lewis University BAC/BSN Mentoring Program, 2011-2013