

# Kyla Gardner

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**EDUCATION**      **Upper Iowa University**      graduated  
August 2016

*Bachelor of Science in Nursing*

**Indian Hills Community College**  
graduated 2014

*Registered Nursing education*

**Des Moines Area Community College**  
2008-2012

*Associate of Art, Licensed Practical Nursing education*

**UnityPoint Nursing Residency**  
2014

**LICENSURE & CERTIFICATIONS**      **Registered Nursing Licensure**  
expires 12/15/19  
Des Moines Area Community College, license number 138430

**Certification & Achievements**

Basic Life Support for Health Care Workers, current through 4/21  
Mandatory Reporter Certification, current through 6/22  
Dependent Adult Abuse Training, current through 6/22  
Certified in EKG rhythm strip readings  
Currently studying for ACLS  
Floor representative for care coordination rounds  
Quality Committee member  
Daisy award nominee at Methodist West Hospital

**PROFESSIONAL EXPERIENCE**      **Methodist West Hospital**  
1/19-present

*West Des Moines, Iowa*  
*Registered Nurse*

I returned to Methodist West, 4<sup>th</sup> floor, to work a schedule that was better for my child care at the time. I held the same position on the same floor that is listed below.

**Iowa Methodist Medical Center**  
2/18-1/19

*Des Moines, Iowa*

*Endoscopy Registered Nurse*

*Assisting in procedural care, monitoring vital signs, cardiac rhythm, and overall patient condition, skilled in administering sedation. Also have been trained in admitting and discharging patient's after procedures are complete.*

## **Methodist West Hospital**

*2/17-2/18*

*West Des Moines, Iowa*

*Patient Care Facilitator*

*Assisted in safe discharge planning for all patients on 4<sup>th</sup> floor. This included communication with both the family and the patient to establish goals. Obtained walkers, navigated psychosocial needs, provided wound care, carried out solutions to mobility limitations, ensured all patients had the ability to obtain their medications to prevent avoidable readmissions. Worked this position while also working on 4<sup>th</sup> floor.*

## **Methodist West Hospital**

*8/14-2/18*

*West Des Moines, Iowa*

*Registered Nurse*

*Management of patients presenting with comorbidities on a medical/surgical floor.*

*Assess patients in acute care setting, specializing in spinal surgeries, sepsis, and respiratory abnormalities accompanied by comorbidities. Advocate for the patient through facilitating communication between all healthcare specialties. Perform wound care, administer medications, educate patient of all cares that are being performed. Within this position there is an emphasis on critical thinking and utilization of accurate nursing judgement to ensure patient safety.*

## **Fountain West Health Center**

*9/12-8/14*

*West Des Moines, Iowa*

*Licensed Practical Nurse*

*Assess patients in skilled, assisted, and long-term care setting, administer medications, perform treatments, obtain and treat blood glucose levels, daily charting, communication with case managers and physician as required, provide psychosocial support to resident and their families during times of hospice care.*

## **Manor Care**

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3/13-9/12

*West Des Moines, Iowa*

*Licensed Practical Nurse*

*Management of patients presenting with comorbidities.*

*Assess patients in skilled and long-term care setting,  
phlebotomy, administer medications, and carry out treatments,  
participate in direct communication with physician regarding  
patient status changes.*

## **Iowa Health Des Moines**

7/2008-3/2012

*Des Moines, Iowa*

*Certified Nursing Assistant*

*Assisting in rehabilitative services on medical/surgical floor*

*Obtain, record, and report vital signs, perform phlebotomy,  
assist in ADL's, perform phlebotomy and catheterizations,  
maintain close communication with RN, accurately chart using  
CareCast and Epic systems.*

**REFERENCES** Available upon request.