

Theresa Ross, RN, BSN

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◀ **Objective:** To secure RN position within a hospital setting. ▶

Career Profile

Patient-oriented, team-driven RN with over 10 years success in nursing Throughout career, delivered efficient, diverse patient care in critical care, emergency medicine, cardiac, orthopedics, complex neuro, medical, vascular, post-op, case management, telemetry, admission, discharge, and transfer of care.

Skill sets:

- Follow ACLS, CVA, MI, SAH and CSA protocols.
- Recognized skills in various procedures such as IV starts, airway management, conscious sedation, management of central lines, complex wound care, decontamination procedures, and administration and titration of vasoactive medications. Worked with Femoral Sheath pulls, interpreting rhythm strips, lab draws, and EKG's. Managed invasive lines and drips.
- Charge nurse duties of overseeing nursing staff and being a resource for questions.
- Proficient in Epic, Cerner, McKesson, and Microsoft Office.

Strengths:

- Communicate effectively with patients, physicians, nursing staff, and families.
- Excellence in critical thinking, decision making, multi-tasking and excelling in team work.
- Strong patient advocacy and conducting pre and post op patient education.

Licenses:

- Licensed RN – State of Minnesota, License # R191252-4.
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Nursing Experience

RN - Olmstead Medical Center – Rochester, MN (*Travel Nurse - Aureus Medical*) 2018 - 2019

- Provided immunizations, physicals, and health screenings for employees of MN Dot. Conducted Respiratory Fit Testing and Vision screenings. Assisted with training other staff.

RN - Charge Nurse - ER/MedSurg - Sanford Bagley Medical - Bagley, MN (*Travel nurse - Trustaff*)

- Oversaw nursing staff and hospital operations. Provided care to MedSurg and pediatric population in a critical access hospital. Assisted with patient stabilization and transfer.

Hennepin County Medical Center – Minneapolis, MN (*Level 1 Trauma Center*) 2016 - 2017

RN – ER Department

- Provided excellent adult and pediatric patient cares utilizing strong assessment and clinical skills.

Fairview Medical – Minneapolis, MN 2014 - 2016

RN – Charge Nurse - ER Department – Fairview Riverside Hospital

- Provided emergency care to adult medical and adult and pediatric psych patients.

RN Case Manager – Fairview Home Care and Hospice

- Performed patient assessment, patient charting, central line dressing changes, and wound care.

Abbott Northwestern Hospital – Minneapolis, MN 2006 - 2014

RN – Neuro ICU (2011 – 2014)

RN – Ortho Vascular Unit (2010 – 2011)

Cardiac Operations Technician – Telemetry (2008 – 2010)

CNA – Med Surg Renal, LPN – Charge Nurse, RN Intern – CVICU (2006 - 2008)

Volunteer Experience

Project Medishare – Hospital Bernard Mevs, Port-Au-Prince, Haiti (2013)

- Staffed the only PICU, IC, and Trauma ER in the nation as part of a medical relief Haiti mission.

MinnSARDA – Minnesota Search and Rescue Dog Association (2015 – 2017)

- K9 handler / team specializing in air scent to aid in rescue / recovery of missing persons.

Education and Training

College of St. Catherine – St. Paul, MN

Graduated 2009

BS Nursing – Dean's List, Student Nursing Association

Current certifications: BLS, ACLS, ENPC, TNCC, Disaster Health Service Response