

KELLEN J. KING

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Email:

Registered Nurse

A compassionate highly dedicated medical professional credited with substantial hands-on experience in the field of healthcare. Strong expertise in providing quality bedside care with 7+ years of med/surg/tele/stepdown/ICU and float pool RN experience ensuring high standards of culturally competent care for a wide variety of patients with diverse needs. Strong critical thinking and analytical skills. Committed to providing all patients with exceptional care and support to improve quality of life. International experience as a combat medic in Iraq.

Areas of Expertise

- Telemetry interpretation and Tx
- Cardiac Nursing/Sheaths/ACLS
- Strong clinical judgment
- Champion of patient education
- Treatment plan development
- Critical Care Nursing
- Cardiac/Insulin/Heparin drips
- Precepting/mentoring new hires
- Thorough physical assessments
- NG/chest tubes/catheters/IV's
- EMS/Combat medic services
- Palliative care nursing

Professional Experience

METHODIST HOSPITAL, ST. LOUIS PARK, MN
JULY 2018 – PRESENT
Med/Surg ICU RN

- Provided exceptional bedside care, treatment, and clinical documentation for patients with multiple critical diagnoses and complex medical needs on a busy intensive care unit.
- Became proficient at Pressor medication management, Central/Art lines, Chest Tubes, Ventilators-Intubation/Extubation, Tracheostomies, dressing changes and other aspects of critical care nursing care.
- Mastered my assessment skills and utilized complex new Intensive Care technologies and treatments.
- Actively participated with interdisciplinary teams and Intensivists in the development and implementation of individual treatment plans.

MERCY HOSPITAL, COON RAPIDS, MN
OCTOBER 2017-JUNE 2018
CARDIAC STEP DOWN RN

- Gained invaluable nursing experience mastering care for pre/post Cath Lab and EP Lab patients including sheath pulls, artery site management, pacemaker insertion site management, post ablation, post PVI, and pre-TAVR / CABG patients.
- IV medication and drip management including: Cardizem, Amiodarone, Lasix, Bumex, Insulin, Heparin, Intergrillin, Lidocaine, Adenosine, Metoprolol Tartrate, Labetalol, Atroptine, Epinepherine, Sodium Bicarb, Potassium Chloride, Digoxin, Magnesium Sulfate, Vasotec, Hydralazine, etc.
- Prioritized and implemented interventions based on patient acuity, available resources, plan of care, and patient/family needs.
- Thoroughly documented patients plan of care using identified nursing diagnoses, expected outcomes, and selected nursing interventions.

MAXIM HEALTHCARE

AUGUST 2016-AUGUST 2017

MAYO CLINIC CANNON FALLS HOSPITAL**CONTRACT RN - MED/SURG/TELE**

- Extensive care of patients with conditions such as: chest pains, arrhythmias,, MI, CVA, wounds and post surgical.
- Performed various tasks involving constant cardiac monitoring including medication titration monitoring.
- Administered blood and blood product transfusions and monitored patients for adverse reactions.
- Recorded, assessed and observed patient progress, reactions and symptoms.

FAVORITE**HEALTHCARE****STAFFING**

OCTOBER 2015-JULY 2016

ST. JOSEPH'S HOSPITAL**CONTRACT RN - FLOAT POOL**

- Provided primary care to complex cardiac, med/surg/tele, neurological, ortho, renal and bari patients.
- Broad experience with focus on open heart and cardiac-cath Pts. while assuring best possible outcomes.
- Educated patients and families on disease process and management, medications, pre/post cardiac interventions and discharges.

KELLEN J. KING, PAGE 2

FAIRVIEW RIDGES HOSPITAL, BURNSVILLE, MN

DECEMBER 2011 - SEPTEMBER 2015

MED/SURG/TELE- RN

- Acute med/surg/telemetry nursing experience on a challenging fast-paced unit maintaining responsibility for complex patients with interdisciplinary teams to provide exceptional bedside care.
- Supervised initiation of cardiac drips and assessed patients' needs and expected nursing outcomes.
- Maintained responsibility for the assessment, planning, delivery, and evaluation of nursing care for a diverse patient population.
- Provided leadership to new employees as a preceptor by providing training in the usage of IV's, Catheters, NG tubes; Cardiac/Insulin/Heparin drip training; BiPAP/CPAP; Chest tubes; dressing changes and telemetry interpretation.

FAIRVIEW RIDGES HOSPITAL, BURNSVILLE, MN

JUNE 2008 - DECEMBER 2011

TELEMETRY MONITOR TECHNICIAN

- Perform continuous and accurate observation and interpretation of cardiac rhythms.
- Accurately recognize life threatening arrhythmias and immediately notify RN and charge nurse.
- Demonstrate appropriate and accurate documentation and communication of monitored recordings.
- Provide proper maintenance and inventory of all equipment facilitating optimal working conditions.

MINNESOTA ARMY NATIONAL GUARD, COTTAGE GROVE, MN/IRAQ

DECEMBER2002-DECEMBER 2011

HEALTHCARE SPECIALIST/COMBAT MEDIC/TEAM SERGEANT

- Performed emergency field care for wounded soldiers on the battlefield while maintaining composure and professionalism in the face of chaos.
- Delegated tasks to qualified combat life savers by showing leadership and confidence in team.

- Took lead in triage and evacuation of wounded on the battlefield.

BALAD HOSPITAL, BALAD, IRAQ

MAY

2007 - JULY 2007

EMERGENCY STAFF TECHNICIAN

- Provided care for patients suffering from massive trauma, internal bleeding, acute myocardial infarction, respiratory failure, and chemical exposure.
 - Prepared patients for surgical and radiological procedures and maintained intravenous therapy.
 - Administered Foley catheters, N.G. tubes, soft splints, pressure dressings, sutures and blood draws.
 - Unloaded and loaded patients into helicopters, and transported them from ER to OR/ICU.
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Education

AS-Nursing, North Hennepin Community College, Brooklyn Park, MN (2009-2011)
AA, North Hennepin Community College, Brooklyn Park, MN (2007-2009)

Military Education

Combat Healthcare Cadaver course; AHA BLS Instructor courses - Dec 2008
Warrior Leadership Course - July 2007
Tactical Combat Casualty Care Course - December 2005
Pre-Hospital Trauma Life Support (PHTLS) - December 2005
Trauma AIMS Class (1 week) - December 2005
Certified Emergency Medical Technician - August 2003

Certifications

MN Nursing License #203539-0
Certified Emergency Medical Technician (CEMT)
ACLS-American Heart Association
BLS- American Heart Association