# Leah B Chapman, RN BSN CCRN

7149 Coachwood Rd, Woodbury, MN 55125 (651) 270-1040 \*leahburke717@gmail.com

#### **EDUCATION**

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Winona State University - Rochester, MN Adult-Gerontology Acute Care Doctor of Nursing Practice (in process)	5/2020
St Catherine University - St Paul, MN Graduate Certificate in Organizational Leadership	6/2014
St Catherine University - St Paul, MN  Bachelor of Science in Nursing, Cum Laude	6/2007
St Catherine University - Minneapolis, MN	

#### PROFESSIONAL EXPERIENCE

#### UNIVERSITY OF MINNESOTA MEDICAL CENTER, FAIRVIEW

1/2004 - present

#### **Nurse Unit Lead, Medical Intensive Care Unit**

Associates Degree in Nursing

2/2013 - 11/2016

12/2013

- Oversight, planning and implementation of nursing care with patient centered focus.
- Promote culture of excellence, interdisciplinary collaboration, enhancing patient outcomes, staff engagement.
- Supervise nursing personnel, maximize productivity and patient safety, monitor resources.
- Institute process change incorporating evidence-based solutions.

# Charge Nurse/Staff Nurse, Medical Intensive Care Unit 1/2004 - 2/2013 & 11/2016 - present

- Tertiary nursing at an urban, academic transplant center with expertise in complex acute medical issues and comorbidities. Support patients and families facing acute crisis and endof-life.
- Patient population: acute and chronic liver and renal diseases; acute and chronic pulmonary diseases such as ARDS, IPF, cystic fibrosis, ILD; hematology/oncology including bone marrow transplantation; drug overdose; septic shock; and others.
- Member of "Code Blue" response team.

# **Staff Nurse, Special Pathogens Team**

10/2014 - 8/2018

- Coordinate/implement clinical management and infection control practices for disease of concern.
- Knowledge of risk factors, presentation, mode of transmission, infection prevention measures required for containment.
- Proficient in infection prevention procedures and adherence to national recommendations.
- Culturally sensitive education/support to family members and general community regarding illness and stigmas.

#### Staff Nurse, Telemedicine Intensive Care Unit

12/2012 - 6/2017

- Provide telemedicine care to patients at multiple ICUs across the Fairview System utilizing technology to remotely collect, observe and analyze data.
- Direct observation and collaboration via videoconferencing, surveillance for adverse physiological trends, assurance of prophylactic strategies, and medical chart review.

# **PROFESSIONAL INVOLVEMENT**

Society of Critical Care Medicine American Association of Critical Care Nurses Sigma Theta Tau International Honor Society of Nursing 2015 - present 2010 - present 2004 - 2007 & 2016 - present

# **PUBLICATIONS**

**Chapman LB**, Linke CA, Browne, WT, et al: Early mobilization in the intensive care unit: A collaborative, integrated approach. (Abstract) Crit Care Med: 2019;47(1), B11-B87.

**Chapman, LB**, Kopp, KE, Petty, MG, et al: Structured Patient Care Rounds in the Intensive Care Unit. Submitted for publication to Crit Care Med February 2019

Linke CA, **Chapman LB**, Berger L, et al: Early mobilization in the intensive care unit: A collaborative, integrated approach. Manuscript submitted for publication to Crit Care Med January 2019

# **PRESENTATIONS**

Poster presentation; Structured Patient Care Rounds in the Intensive Care Unit; Midwest Nursing Research Society; Kansas City, MO; March 2019

Presenter; Early mobilization in the intensive care unit: A collaborative, integrated approach; 48<sup>th</sup> Critical Care Congress; San Diego, CA; February 2019

Poster presentation; Early mobilization in the intensive care unit: A collaborative, integrated approach; Society of Critical Care Medicine Quality and Patient Safety Summit; San Diego, CA; February 2019

Poster presentation; Structured Patient Care Rounds in the Intensive Care Unit; American Association of Critical Care Nurses, Twin Cities Chapter, Fall Symposium; November 2018

Panelist; PAD Update: Reducing Pain, Agitation and Delirium in the ICU; Care Across the Continuum: A Trauma and Critical Care Conference; Minneapolis, MN; September 2015

#### CERTIFICATION AND LICENSURE

Registered Nurse, State of Minnesota

CCRN Certified, American Association of Critical Care Nurses

Basic Life Support (BLS)

Advance Cardiac Life Support (ACLS)

2004 - present
2004 - present
2004 - present

## CLINICAL SCHOLARSHIP

# Structured Interdisciplinary Rounding in the ICU

9/2017-present

- Goal: Use current evidence to develop and implement a structured interdisciplinary rounding format for the adult ICUs at an urban, academic medical center to increase collaboration, decrease omission of bundle items, and increase understanding of daily goals of care.
- Results: Project was successfully implemented beginning May 2018. Observed 94%
  adoption rate 12 weeks after implementation period. Significant increase in levels of
  collaboration and appropriate consideration of bundle items. Currently in dissemination
  phase.

#### **ICU Liberation Bundle Implementation**

9/2015-11/2018

 Goal: Work with a multidisciplinary team to develop and implement an evidenced-based early mobility protocol in three adult intensive care units to promote consistent practice

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- with respect to patient mobility.
- Results: Successful development and implementation of Early Mobility Protocol. Reduction in time to ambulation and increase in probability of ambulation. Overall increase in ambulation of 8.5%. Largest increase seen in patients 65 years and older. In process of expansion to all ICUs in health system.

## **Nursing and Paraprofessional Self Scheduling**

5/2014 - 9/2014

- Goal: Develop a process staff to create their ideal schedule, keeping in mind requirements for unit staffing
- Results: Significant improvements in staff satisfaction and attendance. Decreased use of float pool and agency nurses and administrative time spent on day to day scheduling concerns.

# **Daily Family Phone Call**

9/2013 - 11/2013

- Goal: Implement a daily morning phone call to a designated member of each ICU patient's family providing an update and tentative plan of care with the goal of enhancing communication between ICU team and patient's families, increasing patient/family satisfaction and involvement.
- Results: A daily phone call remains part of practice. Surveys of patients and families were conducted for 3 consecutive months after starting the practice, all with 87% and greater satisfaction ratings.

# **COMMUNITY SERVICE**

# The Open Door Pantry

8/2018 - present

- Assist clients with intake, scheduling, and food selection.
- Sort/stock produce and other donations.
- Creation of food safety resource sheet for non-English speaking populations.

#### The Bridge for Youth, Minneapolis, MN

2/2010 - 6/2011

- Health assessment intake for at risk homeless and displaced youth.
- Counseling of youth on healthy behaviors and health promotion activities such as sexual health, high risk behaviors, and substance abuse.
- Advise shelter staff on potential needs of the client and recommended follow-up/appointments.