

REBECCA L. BOWERMAN

1300 Yale Place Apt 428 | Minneapolis, MN | 612.834.5626

RebeccaL.Bowerman@gmail.com

Minnesota Board of Nursing License # 243643-6

Education & Certification

St. Catherine University, St. Paul MN
RN-to-BSN Completion Program

Anticipated graduation: December 2019

St. Catherine University, Minneapolis MN
Associate Degree Program

Graduation Date: December 21st 2016

American Heart Association
CPR-BLS 11/2018- 11/2020
ACLS 12/2017-12/2019

Salon Professionals Academy, New Hope MN
Esthetician Licensure 2005 (currently inactive)

Current Employment

Regions Hospital, St. Paul MN

W3, Surgical ICU and Neuro Critical Care
Registered Nurse, Critical Care

October 2018- Present

- Monitor and provide care to patients on mechanical ventilators
- Start IVs, draw labs per orders, interpret lab results, and initiate electrolyte replacement protocols
- Accept assignment and responsibility of role assigned on code response team
- Titrate vasoactive medications, sedation, and paralytics per orders based on parameters
- Care for patients with complex neurological injury while using invasive and non-invasive monitoring devices
- Hemodynamically monitor patients and identify efficacy on interventions through frequent nursing assessments

South 11, Trauma Surgical Care Unit

March 2017-October 2018

Registered Nurse, Progressive Care

- Prioritize interventions specific to hemodynamic instability and acute care needs
- Monitor telemetry and identify needs for those with dysrhythmias and complex cardiac histories/diagnoses
- Manage a three to five patient assignment, admitting patients emergently from Life link, by direct admission, and through the emergency department at a trauma 1 level hospital
- Unit also includes patients with complex diagnoses who are non-operative care, pre-operative and post-operative under a variety of services, including: trauma, general surgery, gyn/onc, OBGYN, colorectal, acute care surgery, ENT, orthopedic, vascular, plastics, and general medicine

Work Experience

Regions Hospital, St. Paul MN

June 2015- February 2017

South 10, Neuroscience & Surgery Progressive Care Unit

Patient Care Assistant/Nursing Assistant

- Assist nursing staff and treatment teams with procedures as needed under the direction of an RN for patients acutely ill with neurological problems, spinal cord injuries and impairments, as well as for patients with surgical specialty needs such as urology, and ear, nose and throat procedures
- Maintain a high standard for quality of care of patients, while assisting with their individual needs to promote activities of daily living

The Laramar Group

February 2009- May 2013

Office Manager/Leasing Director/Leasing Specialist

- Directly supervised administrative, leasing, and office staff on day-to-day work flow
- Completed new hire processes on-boarding and bi-weekly payroll administration
- Updated and distributed weekly property and sales reports for owners and investors
- Forecasted yearly leasing budgets and rent rolls to maintain monthly variances