

# Sophie Pietrick

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## WORK EXPERIENCE

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### Registered Nurse, BAN

Fairview-University of Minnesota Medical Center, Minneapolis, MN: Cardiovascular ICU

October 2017-Present

- Development of competency in caring for patients with LVADs, RVADs, BIVADs, impellas, intra-aortic balloon pumps, continuous renal replacement therapy (CRRT), and extracorporeal membrane oxygenation (ECMO)
- Frequent provision of post-operative care for patients with LVAD placements, AAA repairs, valve replacements and repairs, coronary artery bypasses, and heart and lung transplants
- Frequent titration of vasoactive medications, sedation, analgesics, and paralytics
- Further development of competency in management of basic ICU therapies such as ventilators, pulmonary artery catheters, and arterial lines

### Registered Nurse, BAN

Fairview-University of Minnesota Medical Center, Minneapolis, MN: Stabilization Unit

July 2018-Present

- Provision of care for post-surgical patients who require more intensive airway monitoring and pain management, in addition to normal post-operative cares
- Further experience with ventilator management, arterial line monitoring, and vasoactive medication titration

### Registered Nurse, BAN

Fairview-University of Minnesota Medical Center, Minneapolis, MN: Special Pathogens Unit

July 2017-Present

- Member of a response team developed to care for patients who present with dangerous, highly-contagious diseases such as Ebola, Measles, and MERS, among others
- Attendance of monthly drills where the team practices caring for these types of patients, and using the proper personal protective equipment and decontamination techniques
- Team members are placed on-call for chosen shifts, and expected to report immediately if there is a patient who presents anywhere in the Twin Cities with a disease such as the ones mentioned above

### Registered Nurse, BAN

Fairview-University of Minnesota Medical Center, Minneapolis, MN: Critical Care Flex Team

September 2016-October 2017

- Trained in Cardiovascular, Neuro/Surgical/Trauma, and Medical ICUs
- Developed competency in caring for patients with a wide range of critical conditions, with a variety of devices such as pulmonary artery catheters, ventilators, arterial lines, and ventriculostomies
- Frequent titration of vasoactive medications, sedation, analgesics, and paralytics

### Registered Nurse, BAN

Regions Hospital, St. Paul, MN: Cardiac Medicine/Telemetry/Renal Unit

August 2014—September 2016

- Trained in progressive care, with development of ability to quickly recognize patient decompensation, and perform appropriate interventions
- Developed proficiency in caring for patients with a wide range of cardiac and other general medical conditions
- Skilled in caring for post-angiogram and other post-procedural patients

### Registered Nurse, BAN

Minnesota Masonic Home, Bloomington, MN: Transitional Care Unit

December 2013—July 2014

- Developed skills in guiding patient care through discharge, emphasizing health promotion strategies
- Gained skills in managing large patient loads while developing proficiency in basic nursing skills

## **EDUCATION**

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**Bachelor of Arts—Nursing**  
St. Olaf College, Northfield, MN

September 2009—May 2013

- Graduated with Cum Laude Honors with a GPA of 3.73
- Member of Sigma Theta Tau International Honor Society of Nursing, Four-time Dean's List Award Recipient, Four-time Honor's Day Award Recipient, Recipient of the Katherine Olsen Ericksen Endowed Scholarship for Nursing, Four-time Recipient of Academic All-Conference Awards in cross-country and track & field

## **INTERNATIONAL VOLUNTEER WORK EXPERIENCE**

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**Registered Nurse**  
Rurrenabaque jungle region of Boliva

May 2016, 2 weeks

- Worked with the non-profit organization Project Helping Hands, providing primary care to villagers who lack regular access to health care facilities and providers
- Cared for patients of all ages, personally diagnosing and prescribing medications and treatments
- Participated in a health education seminar, with a specific focus on wound care
- Improved Spanish-speaking skills, specifically in medical terminology

**Registered Nurse**  
Bernard Mevs Hospital, Port-au-Prince, Haiti

October 2015, 1 week

- Worked with the non-profit organization Project Medishare to care for patients in the emergency department and pediatric unit of the nation's only trauma and critical care center

## **CERTIFICATIONS**

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- AACN Critical Care Registered Nurse certification