

Kari Saarloos, RN
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Professional Summary

Compassionate Registered Nurse with 15 plus dedicated years caring for cardiovascular patients in an inpatient and outpatient setting. Strong communication skills with the ability to explain procedures with empathy and compassion to help patients feel comfortable and at ease. Eager and motivated to learn and mentor new hires. Observant and meticulously detail oriented. Proficient in the use of electronic medical records and documentation.

Current Licenses and Certifications

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| • Registered Nurse License, State of Minnesota | 10/2003-Present |
| • Pediatric Advanced Life Support | 10/31/2017 |
| • Advanced Cardiac Life Support | 10/19/2017 |
| • Intermediate EKG Interpretation | 9/4/2008 |
| • Public Health Nurse | 6/8/2007 |

Skill Highlights

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| • Active Listener | • Meticulously organized |
| • Team Work | • Medication and IV management |
| • Proficient with Excellian/ EPIC Software | • Peripheral IV insertion |
| • Adaptability | • Resourceful |
| • Self Motivation | • Creative thinking |
| • Self Management | • Cardiovascular Diagnostic Procedures |

Professional Experience

Abbott Northwestern Hospital Minneapolis, MN

Registered Nurse, Cardiovascular Diagnostics

1/2008-Present

- Provide safe, competent care to patients in a fast paced environment needing various cardiovascular tests such as nuclear and treadmill stress tests, CT coronary angiograms, cardiac MRI's, venous radiofrequency ablations, and tilt table studies
- Administer moderate sedation for transesophageal echocardiograms and recover patients post procedure
- Administer echo contrast for echocardiograms
- Peripheral IV insertions
- Super User for Excellian, Status Board computer software, bedside barcoding, and After Visit Summary.
- Charge Nurse
- Mentor and preceptor for new hires
- Revised and implemented a safer CT coronary angiogram order set in April 2017
- Participated in a CT focus group for process improvement

Registered Nurse, Cardiac Care/ Telemetry Unit

5/2003-1/2008

- Provided safe, competent care to patients with chest pain, status post coronary artery bypass, congestive heart failure, heart rhythm abnormalities including administration of Tikosyn, status post thoracic surgeries, Left Ventricular Assist Devices, pulmonary embolisms, endocarditis, and diabetes
- Mentor for the 2005 summer nurse interns
- Preceptor for new nurse hires
- Specialty trained in Wound Vac
- Super User for the new Excellian computer software
- Trained in cardiac monitoring and rhythm interpretations

Student Nurse Intern in POCC/ PACU/ Phase II and OR

Summer 2002

- Worked alongside a preceptor preoperatively, postoperatively, and in the operating room for patients needing neurology and spine surgery.
- Participated in nursing board meetings

Unity Hospital Fridley, MN

Peri- Operative Aid in the Operating Room

6/2000- 5/2002

- Assisted nurses with laboratory and pathology tests
- Set up operating rooms for the following operation
- Terminally cleaned operating rooms while following infection control policies

Minnesota State University Mankato, MN

Assistant in Mankato Counseling Center

9/1999- 5/2000

- Assisted receptionists and counselors
- Answered clients questions

Education

Bachelor of Science in Nursing

Minnesota State University, Mankato Mankato, MN

Graduated 5/2003