

# Katelyn J. DeVarenes

9610 Hillside Trail Cottage Grove, MN 55016  
Phone: (651) 341-1113 Email: katelynjdev@gmail.com

## SUMMARY OF QUALIFICATIONS:

- Motivated RN with strong critical thinking, clinical skills, professionalism, personal accountability, customer service skills, extensive education background, and patient centered care experience
- Positive team relationships and achievement of best patient outcomes through professional communication, quality compassionate-holistic care and mind-body-spirit patient centered care
- High level of evidence-based care through effective technology use, Epic software trained, patient centered care plans, nursing interventions, patient and family interaction, and preceptor experience
- Passion for blending holistic care and western medicine, community engagement, public health promotion, and building better experience through work and education

## EDUCATION:

Minnesota State University Mankato, Minnesota	<i>Bachelors of Science in Nursing</i> July 2018
Century College White Bear Lake, Minnesota	<i>Associates of Science in Nursing</i> May, 2017
West Texas A&M University Canyon, Texas	<i>Bachelors of Science in Biology</i> <i>Emphasis in Biochemistry</i> May, 2014

## WORK EXPERIENCE:

REGISTERED NURSE- ICU                      Woodwinds, Woodbury, MN      July 2017-  
Present

- Care for patients with many acute and chronic diagnoses including; sepsis, overdose, withdrawals, respiratory failure, CVA's, acute myocardial infarction, DKA, and pneumonia
- Establish nurse-patient relationships to achieve continuous hemodynamic monitoring, cardiac monitoring, intense medication management, ongoing critical thinking, technical support management
- Chosen as RN to acquire additional ICU training at U of M Cardiovascular ICU
- Preceptor for nursing students during clinical rotations, provide guidance, education and mentorship to students, use constructive feedback tools after each clinical rotation to aide in clinical progress for students

REGISTERED NURSE                      St. Joseph's Hospital, St. Paul, MN                      July 2017-  
July 2018

- Provide safe and optimal direct patient care through natural leadership and interdisciplinary teamwork collaboration on the Cardiac-Telemetry unit
- Establish nurse-patient relationships to achieve initial assessments, establish plan of care, monitor progress and provide ongoing care plan modification for best patient outcomes
- Act as a support system to the patient and family, motivate patients toward specific patient centered goals, actively participate in patient goals and department goals through employee engagement

SALES/ EVENTS REP      Running Room, St Paul, MN      Jan. 2015- April 2018

- Participate in running room sales, special promotions, and local running events
- Engage and educate customers on all products, promotions, and events
- Demonstrate high quality customer service and customer appreciation

NURSING ASSISTANT      Woodwinds Hospital, Woodbury, MN      May 2016-April 2017

- Actively participates in safe direct patient care in SAU and PACU at Woodwinds Hospital
- Provide direct patient care while maintaining knowledge of, and complying with up-to-date laws, regulations, policies, and standards of care
- Support positive patient outcomes while effectively communicating with healthcare team and patients

AVID TUTOR      School District 833, Woodbury, MN      Oct. 2014-Jan. 2016

- Take an active role in developing the academic and personal strengths of AVID students
- Serve as a role model and mentor to AVID students by being a lifelong learner, demonstrating appropriate academic and social behaviors
- Conduct lessons in the process of writing in all subject areas, study skills, and other aspects of college preparation

WRITER      Amarillo Globe News, Amarillo, TX      Jan. 2014-July 2014

- Developed and marketed online fitness blog concept to Amarillo Globe News
- Created original weekly fitness-based articles, conceptualized fitness content and stories for online segments and newspaper column
- Researched local businesses, interviewed athletes and fitness related businesses for promotions and news articles

LEGAL SECRETARY      Easterwood, Boyd & Simmons, Hereford, TX      March 2011-Sept. 2013

- Secretarial tasks including being the first line of communication for office; greeting clients, answering and returning phone calls, and facilitating the flow of the office
- Reading legal documents, editing paperwork and emails, transcribing notes for four attorneys within the office
- Managing the schedule for meetings, researching legal documents, creating spreadsheets, running documents to and from the courthouse

#### CERTIFICATIONS:

Registered Nurse June, 2017  
American Heart Association ACLS/ BLS

#### ACCOMPLISHMENTS AND INTERESTS

- Minnesota State University Bachelors of Science in Nursing Dean's List Fall 2017 and Spring 2018
- VBI recognition for facilitating a discount/VIP event at Running Room for HealthEast employees

- Healthiest Well-Being Champion Lead Spring 2019
- Completion of numerous 5k's, 10k's, half and full marathons
- Avid outdoor sports enthusiast