

Shona Elsa Thomas

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OBJECTIVE

Experienced RN with specialty in cardiac care committed to providing safe and exceptional care. Works well with others under pressure and looking for career opportunities.

EDUCATION

- Chamberlain College of Nursing
Bachelor of Science in Nursing
Chicago, IL
April 2016

LICENSURE, CERTIFICATIONS & SKILLS

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|---|-----------------------|
| Registered Nurse – State of IL | Expiration: Aug 2020 |
| Advanced Cardiovascular Life Support | Expiration: July 2021 |
| Basic Life Support (CPR & AED) – American Heart Association | Expiration: Dec 2020 |
| Bilingual | English and Malayalam |

HEALTHCARE EXPERIENCE

Registered Nurse, Cardiac Telemetry- Lutheran General Hospital, Park Ridge, IL

September 2016- Present.

- Coordinate with different health care professionals in providing care for patients in a cardiac telemetry unit. Assess patients on cardiac telemetry.
- Monitor and assess patients post op bypass surgery, post op angiogram, pacemaker insertions and stent placement.
- Monitor and assess patients with heart failure/cardiovascular patients, renal patients, detox patients. Provides education to every patient.
- Administer medication with safety and experienced in administering and monitoring patients on cardiac drips.
- *Charge Nurse*- coordinate duties such as nursing assignments and provides service recovery. Act as a resource for nurses. Collaborate with management on doing audits such as central line audits, skin audits to improve quality of care provided.
- *Clinical Preceptor*- educate and guide new nurses. Encourage new nurses to use critical thinking and provide feedback. Prepare new nurses on skills and knowledge to successfully finish orientation.
- *CAUTI Prevention Champion*- collaborates with other nurses and physicians on preventing Catheter Associated Urinary Tract Infection. Educates nurses on criteria for Foley catheter insertions. Collaborates with physicians on discontinuation of Foley catheter if patients don't meet the criteria.