

# Arpita Patel, MSN, FNP-C

822 Medford Dr, Carol Stream, IL 60188,

Email: [arpita\\_p321@yahoo.com](mailto:arpita_p321@yahoo.com)

Phone # 224 260 1972

## PROFESSIONAL EXPERIENCE:

### Family Nurse Practice Student:

- Kavya Medical Center, Hoffman Estate, IL
  - Examined patient, diagnosed and treated with acute conditions, prescribed treatment and monitored efficacy of treatment
  - Performed assessment and physical exams in collaboration with Primary Physician
  - Provided health education, screenings and preventive care, EMAR charting of physical findings
  - Ordered and interpreted results of diagnostic test, EKG and lab results
- OBGYN South Barrington, IL
  - Provide well women care including family planning, fertility care, prenatal and post-natal care, menopause care, STD's management
  - Performed pap and breast exams, assist in office procedure and laboratory tests
  - provide health care management, disease prevention and health promotion to women
- Children's Health Care, Ltd, Wheeling, IL
  - Assess, screen, evaluate and diagnose children from birth through young adult
  - Manage/prevention of pediatric acute illness and chronic health issues
  - Provided care including well child exams, immunizations, developmental screening teaching and counseling to children and family

### Registered Nurse:

- **Northwestern Medicine, Winfield, IL- Medical Surgical/Step down Staff Nurse** **01/2016- Present**
  - Performed patient admissions, discharge & patient education
  - Provided wound care, IV therapy, respiratory therapy, Tracheotomy care, Port care
  - Insertion of Foley catheter, NG tube, EKG interpretation, ETOH withdrawal, Post Op Care
  - Precepted New grad hires and New hire Nurses
  - Maintained proper charting and personal files for the patients
  - Collaborated with physicians, nurses, PCT's, interdisciplinary team and families
  - Delegated appropriately and supervised interventions to implement the plan of care
- **Lexington Health Care, Bloomingdale, IL - Post-Acute Manager** **03/2014- 01/2016**
  - Assumed 24 hours responsibility and accountability for patient care on Post-Acute Unit and ensured that desired outcomes have been achieved
  - Participated in the assessment, planning, implementation and evaluation of patient care
  - Handled the tasks of developing, maintaining and implementing in-service calendars and conducted nursing in services and new hire orientation
  - Directed appropriate team members to ensure care plans, team conferences, and rounds to take place to ensure delivery of individualized plan of care
  - Maintained nursing staff job by coaching, counseling, planning, monitoring, evaluating and disciplining employee
  - Handled the tasks of conducting staff meetings and participated in committee meetings
  - Promoted and restored patient's health with day to day management and collaborating with Nurse Practitioner's, Physicians and multidisciplinary professional staff in providing good quality care
  - Monitored, tracked and evaluated for infection, incidents and reviewed clinical records for completeness and accuracy
  - Assisted the Director of nursing with directing, organizing and supervising the nursing staff
- **Elmhurst Extended Care Center, Elmhurst, IL- RN/PM Charge Nurse** **11/2011-03/2014**
  - Patient care for about 25 on average patients for the Medicare Unit
  - Performed patient admissions, discharge & patient education

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- Performed physical assessment, plan, evaluation and administer medication
- Provided wound care/ treatments, IV therapy, respiratory therapy, G-tube
- Insertion of Foley catheter, NG tube, and Tracheotomy care
- Assisted in orientation of the newly hired RN/LPN staff
- Collaborated with physicians, nurses, CNA's, interdisciplinary team and families to facilitate and optimize patient care

## **EDUCATION:**

- Chamberlain College of Nursing, FNP, Downers Grove, IL August 2018
- Chamberlain College of Nursing, MSN, RN, Downers Grove, IL February 2016
- Chamberlain College of Nursing, BSN, RN, Addison, IL June 2011

## **CERTIFICATIONS/ LICENSES:**

- American Academy of Nurse Practitioners Certification (AANP)
- Illinois State RN License
- CPR- American Heart Association
- Certified Nursing Assistant
- Trilingual (English, Hindi & Gujarati)

## **PROFESSIONAL MEMBERSHIPS:**

- Member of Chamberlain College of Nursing Honor society
- Dean's List 2009—2010
- Member of Oncology Nursing Society
- Member of AANAC