

MICHELE R. LARSON, BSN, RN

**6182 South Robert Trail
Inver Grove Heights, MN 55077**

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PROFESSIONAL OBJECTIVE

Experienced, outgoing, energetic registered nurse bringing experience, care, and compassion to help improve the lives of patients.

SUMMARY OF QUALIFICATIONS

- Over 3+Years as an **EMERGENCY ROOM NURSE** with experience in:
 - **Trauma Center & ER, Acute, Critical, Rapid Response, Urgent Care, Geo-Psychiatric & Mental Health Patients**
 - **Hospital, Hospice, Nursing Home, Rehabilitation, Home Healthcare & Massage Therapy Services**
 - **Medical Terminology, Emergency Response & Crisis Intervention**
 - **Compassionate, Dignified & Responsible Care for Culturally-Diversified Patients**
 - **Ensuring Strict Adherence to HIPPA, OSHA & HazMat Regulations**

- Multilingual Team-Player with proficient **PATIENT/FAMILY RELATIONS, CUSTOMER SERVICE & ORGANIZATIONAL** skills: Troubleshooting, Problem Solving & Crisis Intervention; Projecting Positive Company Image; Preparing Accurate Documentation & Reports; Maintaining Inventory, Quality & Safety Controls; **Working Well Under Pressure of Multitasks, Workloads & High-Volume Fast-Paced & Stressful Environments; Fluent in English Language, Conversation French & Some Swedish.**

- Computer Skills: Meditech, Epic, Cerner, eWeb, Windows 10, Microsoft Word, Excel, PowerPoint, Outlook, One Note, Google Docs, Google Drive & Adobe Reader Software.

LICENSES / CERTIFICATIONS

- Registered Nurse License #R235654-5. State of Minnesota: Active
- Registered Nurse License #RN236735, State of Wisconsin: Active
- Registered Nurse License #82760, State of Nevada: Active
- PALS (4/20), ACLS (6/19), BLS (2/20) & TNCC (5/20) Certifications: Active
- Massage License #NVMT6483, State of Nevada: Inactive

- **Bondable:** *Background Clearance* (Cloquet Memorial & Essentia Health Hospitals)

EDUCATIONAL BACKGROUND

Grand Canyon University, Phoenix, AZ
Bachelor of Science Degree in Nursing (9/16)
Honors: Magna Cum Laude; 2 President's
List Awards

Cerro Coso Community College,
Mammoth Lakes, CA
Graduate: Vocational Nurse Program (2013)
Honors: Cum Laude

Kaplan College, Las Vegas, NV
Associate of Science in Nursing Degree (2015)
Honors: Summa Cum Laude; Class Valedictorian;
High Honors & Perfect Attendance
Recognitions; Letters of Recommendation

Lake Superior College, Duluth, MN
Physical Therapist Assistant Program

EDUCATIONAL BACKGROUND (Cont'd)

Lauterstein-Conway School of Massage,
Austin, TX
Graduate

Specialty Training:

- o **PESI Healthcare**, Las Vegas, NV: Critical Care Skills Boot Camp.
- o **ATrain Education**, Online Learning: Nevada-Bioterrorism & Weapons of Mass Destruction.
- o **Ed4Nurses/Pesi Healthcare**, Las Vegas, NV: Essential Assessment, Interpretation & Intervention Strategies; Advance Management of Complex & Critically Ill Patients.
- o **Desert View Hospital**, Pahrump, NV: Emergency Room Nursing Skills; Trauma Nurse Core Course; Crisis Intervention & Behavior Management Training; Medication Administration; Equipment Safety Check Training; Quality Controls; Pediatric Advanced Life Support (PALS), Emergency Room Nursing, NRP, ACLS, BLS, TNCC & CEN Certifications; Medicare/Medicaid, HIPPA, OSHA & HazMat Regulations; Air & Bloodborne Pathogens; Elderly Abuse Awareness Quality Patient Relations & Phone Skills; Anti-Terrorism; Time & Stress Management; Sexual Harassment Awareness; Americans with Disabilities & Family Medical Leave Acts.
- o **Maxim Staffing**, Las Vegas, NV: Geo-Psychiatric & Acute Urgent Care Unit Procedures.
- o **University Medical Center, Boulder City Hospital & Mammoth Hospital**, Las Vegas, NV & Mammoth Lakes, CA: Meditech, Cerner & eWeb Patient Charting Systems.

PROFESSIONAL EXPERIENCE

1/18- **ALLINA HEALTH/REGINA HOSPITAL-Hastings, Minnesota**

Job duties include working as part of a team with physicians, registered nurses, and other healthcare professionals to provide care, monitor health conditions, plan long-term care needs, administer medicine, use medical equipment, use critical thinking to quickly assess the needs of each patient, prioritize care based on its critical nature, work to stabilize a patient, treat the problem, and discharge the patient in a timely manner.

7/17 – **CLOQUET MEMORIAL HOSPITAL – Cloquet, Minnesota**
1/18 **REGISTERED NURSE**

Responsibilities for Non-Profit “4-Star” Rated Hospital with 25-Bed Emergency Unit and Level 4 Trauma Center includes: Utilizing emergency response, triage, patient assessment and CPR/AED and Code skills; Transporting, stabilizing patients and preparing for higher level of care as needed; Preparing patient charts utilizing Meditech Patient Charting System; Monitoring ventilations to include trauma patients; Inserting IVs and reading EKGs; Coordinating care with physicians, nurses and paramedics; Administering medication per doctor’s orders; Creating accurate Internal Shift Change Reports. Position requires ability to work as team with 20 other nurses and effectively network with other state trauma centers.

9/16 - **ESSENTIA HEALTH, ST. MARY’S MEDICAL CENTER, Emergency Department – Duluth, Minnesota**
7/17

REGISTERED NURSE

Performs duties same as above in support of 500-Bed 24-Hour Hospital’s Emergency Room with Level 2 Trauma Center and 90 nurses: Position requires critical thinking, attention to detail, organizational, calm demeanor, ability to work well under pressure, compassion and communication skills.

1997 - **DESERT VIEW HOSPITAL – Pahrump, Nevada**

2016 ***REGISTERED NURSE (7/15 – 7/16)***

Ensured professional trauma and nursing patient care for 16-Bed ***Emergency Room*** at

PROFESSIONAL EXPERIENCE

1997 – **DESERT VIEW HOSPITAL (Cont’d)**

2016) 24-Hour, Full Service Critical Access Hospital with duties same as above to include: Coordinating with paramedics for patient transport to other hospitals; Creating Patient Status and Internal Shift Change Reports.

Accomplishments:

- ✓ Chosen to serve as member of team that is currently creating New Hire Training Program.
- ✓ Received “Star Award” for Patient Service Excellence Recognition.

MAXIM STAFFING SOLUTIONS – Las Vegas, Nevada

STAFF NURSE (5/15 – 6/16)

Performed duties for various facilities as assigned to include Boulder City Hospital Geo-Psychiatric and Southwest Medical Associates Urgent Care Units. Utilized Cerner Patient Charting System at Boulder City Hospital.

CHISAL HOME HEALTH AGENCY – Las Vegas, Nevada

REGISTERED NURSE (4/15 – 6/16)

Ensures professional home healthcare for female cancer client to include oxygen and medication administration.

RED ROCK RESORT & SPA – Las Vegas, Nevada

MASSAGE THERAPIST, On-Call (10/13 – 6/16)

Utilized all massage modalities to service guests at extremely High-End Resort.

BOULDER CITY, MOUNTAIN VIEW, ST. ROSE-SIENNA, UNIVERSITY

**MEDICAL CENTER, ST. ROSE-SAN MARTING, NORTHERN INYO,
MAMMOTH& BISHOP CARE ENTER HOSPITALS & LIFE CARE & BISHOP
CARE CENTERS – Las Vegas, NV, Mammoth Lakes & Bishop, California
*INTERNSHIPS, Clinical Rounds (3/09 – 5/15)***

Provided support for Urgent Care, Long Term Care/Geo-Psychiatric, Rapid Response, Intensive Care, Med/Surg, Pediatrics, Maternal-Infant, ICU, Wound Care PACU, Pediatrics, Women's Health, Family Clinic, Urology, Radiology, Orthopedics, Physical Therapy, Infusion Therapy and Home Health Units, as well as Psychiatric and Skilled Nursing Facilities.

**ANNE FRINCKE – Mammoth Lakes, California
*LICENSED VOCATIONAL NURSE (10/11 – 7/13)***

Cared for female suffering from Parkinson's Disease and Dementia to include bathing, managing medication and cooking for client.

**PIONEER HOME HEALTH CARE – Bishop, California
*HOME HEALTH AIDE (10/11 – 6/12)***

Performed part-time duties for elderly female client with Parkinson's Disease and Dementia.

**DEATH RIDE TRAINING CAMPS – Lake Tahoe, California
*MASSAGE THERAPIST (6/09 – 6/12)***

Utilizing sports massage therapy skills for 10 professional land novice cyclists daily.

PROFESSIONAL EXPERIENCE (Cont'd)

(1997 – 2016) **MAMMOTH MOUNTAIN SKI AREA – Mammoth Lakes, California
*SKI INSTRUCTOR (11/11 – 4/12)***

Taught beginning children and teens in skiing techniques and skills.

**DOUBLE EAGLE RESORT & SPA, JW MARRIOTT RESORT & SPA & HEALING
TOUCH MASSAGE THERAPY – June Lake, California, Las Vegas, Nevada & Duluth,
Minnesota**

MASSAGE THERAPIST (6/97 – 5/11)

Utilized professional massage modality skills in support of various spas.

**BODY BY PILATES – Duluth, Minnesota
*OWNER & INSTRUCTOR (8/01 – 7/03)***

Established, owned and operated Pilates Studio including: Teaching Pilates Classes for private clientele with emphasis on developing core strength, flexibility and body awareness through integrated fitness, as well as healthy diets and eating; Also contracted **Pilates Instructor** by **Minnesota Power (ALLETE)** and **Minnesota Ballet** conducting group classes for employees, students and general public.

FLIGHT ATTENDANT EXPERIENCE

**AMERICAN AIRLINES – 5/86-10/97. DFW, BOS
*FLIGHT ATTENDANT***

Ensured exemplary passenger relations and assisting other crew members with customer safety, and comfort.

AFFILIATIONS

- o Emergency Nurses Association: Active 2-Year Member
- o National Certification Board of Therapeutic Massage & Bodywork: Past 12-Year Volunteer
- o Adopt-A-Rescue Pet, Las Vegas, NV: Past 3-Year Volunteer

NOTE:

- o **Willing to Travel & Relocate**