

# SHAISTA KHATOON

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## SUMMARY

Ambitious registered nurse with five years of experience in the health care field with a passion for learning and growing professionally within a dynamic healthcare environment.

## EDUCATION

May, 2015 Bachelor of Science in Nursing, *North Park University*  
2010-2012 General Education Courses, *University of Illinois at Chicago*

## ACHIEVEMENTS

- Certified Nursing Assistant (CNA)
- BLS Certified through AHA
- ACLS Certified through AHA
- Stroke (NIHSS) Certified Nurse
- NRP (Neonatal Resuscitation Program) Certified
- Proficient with Healthcare software (EPIC)
- Arrhythmia Interpretation
- Speak Hindi, Urdu and English fluently

## WORK EXPERIENCE

03/2019 – Registered Nurse at Labor & Delivery, *NorthShore University Health System*  
06/2019

- Performed admitting assessments, monitored progress of laboring mothers, interpreted fetal heart monitor, and notified physician when appropriate for progress or problems.
- Assisted mothers with pain management techniques and prepare them for procedures such as epidural or emergency cesarean delivery.
- Manage care of high-risk patients.
- Assisted with vaginal and cesarean deliveries.
- Independently circulate and recover OR patients.
- Functioned as baby nurse.
- Performed immediate post-delivery and post-partum care

09/2016 – Registered Nurse at Cardiac Telemetry, *NorthShore University Health System*  
03/2019

- Demonstrated safe, ethical and knowledgeable adult health nursing practice on a cardiology/stroke/telemonitoring unit.
- Provided effective, and compassionate bed side nursing care for an average of 6 patient per day.
- Utilize the nursing process in planning, implementing, and evaluating the patient plan of care.
- Direct assigned unlicensed assistive personnel in delivering interdisciplinary patient care.

- Communicate and collaborate with the healthcare team to ensure optimal patient outcomes and continuity of care.
- Effectively performed role of charge nurse for an average of 6 days a month.
- Champion in pain auditing for the unit by ensuring nursing staff assessing patients' pain, treating, reassessing and documenting to a goal of 100%.
- Achieved service values awards for exceptional customer service.

11/2014 –  
02/2015

Certified Nursing Assistant (CNA), *Astoria Place*

- Provide empathetic and compassionate patient care by working under the supervision of a Register Nurse (RN) to increase patients' psycho, social, and spiritual well-being.
- Assisted the nursing team during the implementation of specific patient care plan by adding relevant documentation to the patients' electronic medical record.

06/2012 –  
01/2014

Certified Nursing Assistant (CNA), *Glen Crest Nursing & Rehabilitation Center*

- Provide extensive assistance to senior residents with Activities of Daily Living (ADL) which include feeding, bathing, toileting, dressing, transferring, and continence.
- Engages in hourly rounding and effective communication for patient updates to ensure patient safety.