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| Name: | Sonia Spells |
| Phone: | +1 (708) 828-4422 |
| Email: | sunnyspells5@gmail.com |
| Location: | US-IL-Chicago-60653 (USC) |
| Last Modified: | 10/23/2019 10:15:35 PM |

 Work History

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| Company Name: | HCR ManorCare Health Services-Oak lawn East | 02/18/2019 - 09/05/2019 |
| Job Title: | Triage Nurse | |
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| Company Name: | HCR ManorCare Health Services-Oak lawn East | 05/01/2013 - 06/25/2019 |
| Job Title: | Wound Care Nurse | |
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| Company Name: | Fresenius Kidney Care | 01/07/2018 - 11/19/2018 |
| Job Title: | Hemodialysis Charge Nurse | |
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| Company Name: | Fresenius Kidney Care | 11/09/2017 - 06/29/2018 |
| Job Title: | Hemodialysis RN In-Center | |
|  | | |
| Company Name: |  | 06/01/2010 - 08/31/2016 |
| Job Title: | Private Duty Caregiver and Case Manager | |
|  | | |
| Company Name: | All Things Medical Ltd | 01/01/2010 - 03/31/2014 |
| Job Title: | Office Manager | |
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| Company Name: | Manor Care Health Services | 01/01/2009 - 01/01/2010 |
| Job Title: | Director of Care Delivery | |
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| Company Name: | Saint James Hospital | 01/01/1999 - 12/31/2007 |
| Job Title: | Telemetry Charge/Staff Nurse | |
|  | | |
| Company Name: | Rehabilitation Institute of Chicago | 01/01/1997 - 12/31/2000 |
| Job Title: | Rehabilitative RN Flex Staff | |
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| Company Name: | Michael Reese Hospital | 01/01/1997 - 01/01/1999 |
| Job Title: | Medical-Surgical Charge/Staff Nurse | |
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 Education

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| --- | --- | --- | --- |
| School: | Triton College River Grove, Illinois | Graduation Date: |  |
| Major: |  | | |
| Degree: | None | | |
| School: |  | Graduation Date: |  |
| Major: |  | | |
| Degree: | None | | |
| School: |  | Graduation Date: |  |
| Major: |  | | |
| Degree: | None | | |

 Additional Skills And Qualifications

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| Recent Job Title: | Triage Nurse | Recent Wage: | 0 per |
| Security Clearance: | No |  |  |

 Desired Position

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| Desired Wage: | per | Desired Employment Type: |  |
| Desired Travel: |  | Desired commute: |  |
| Desired Relocation: | No | |  |

 Resume

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| --- |
| SONIA L SPELLS, MSN, RN 10344 S Wallace St. Chicago, IL 60628 312-273-3727, sunnyspells5@gmail.com PROFILE  Energetic results-oriented leader with highly effective communication and conflict resolution skills. Passionate about teaching, learning, nursing and my favorite patient population the elderly. EDUCATION  Completed RN Re-Entry Program 5/2017 Triton College River Grove, Illinois Eight-week classroom program which focused on extensive classroom training, current issues and trends in nursing, and methods of effective patient care with emphasis on nursing skills, and disease process. Eight-week clinical program at Elmhurst Hospital on the Medical-Surgical, CCU and PACU units, and the ED. Emphasis on skills, assessment, planning, implementation and safety based on PC model of care MSN, Nurse Executive and Innovative Leadership Concentration 2008 Governors State University University Park, Illinois Graduated with a 3.93 GPA Bachelor of Science in Nursing 1992 Chicago State University Chicago, Illinois CREDENTIALS/CERTIFICATION  Illinois RN License 5/31/2020 Cardiopulmonary Resuscitation 5/17/2021 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Wound Care Nurse 5/13/20-present HCR ManorCare Health Services-Oak lawn East Triage Nurse 2/18/19-5/9/2019 Advocate Medical Group, Chicago Hemodialysis Charge Nurse 7/1/18-11/19/2018 Fresenius Kidney Care, Prairie Managed operations of the unit to ensure the delivery of high-quality care and the smooth operation of the unit in a fiscal accountable way. Hemodialysis RN In-Center 9/11/17-6/29/2018 Fresenius Kidney Care, Blue Island As a nurse new to hemodialysis I excelled at learning cannulation, putting patients on the dialysis machine, monitoring and taking patients off. As a RN I used the nursing process to deliver high quality individualized care to our patients as well as supervise and monitor staff. Private Duty Caregiver and Case Manager 6/2010-8/2016 Around the clock nursing care for Alzheimer's/ heart failure patient. Coordinated and implemented all aspects of patient care. Office Manager 2010-03/2014 All Things Medical Ltd, Chicago, IL Co-started and managed all operations and administrations of our ATM home office  Set up practice management software and updates.  Performed medical billing and coding.  Prepared and submitted claims as well as entered and tracked payments  Managed medical records and request from outside sources.  Primary liaison for all outside parties. Director of Care Delivery 2009-2010 Manor Care Health Services, South Holland, IL Oversaw care management and resource utilization of the sub-acute 'Grand Heritage' nursing unit and the ' Arcadia' Alzheimer/dementia special care unit. Continually assessed, developed, and coordinated interventions to ensure patient and family satisfaction and outcomes that were consistent with the goals, mission, and values of the facility. Developed strong collaborative relationships with physicians, nurse practitioners, therapist, administrators and nursing leadership.  Partnered in the implementation of SBAR facility wide to decrease unplanned discharges.  Proposed new policy to decrease the occurrence of CHF exacerbation resulting in hospitalization.  Supervised, performed employee evaluations and disciplined staff in a fair supportive way that improved employee relations on my units.  Participated in continuous quality improvement through Manor Care Eagle Room Process and utilization of PDCA.  Developed a nursing report form to assist the nurse in the collection of complete and appropriate information from admitting facilities.  Prepared the units and staff for successful outcomes of Joint Commission Surveys.  Participated in 'on call' rotations to ensure appropriate staffing and provide clinical support for nurses as well as intervene on any facility wide issues that arrive. Telemetry Charge/Staff Nurse 1999-2007 Saint James Hospital, Olympia Fields Ensured the provision of quality patient care while the operations of the unit during my shift. Participated in hospital wide admissions placement, unit transfers, and discharges to ensure smooth efficient utilization of resources that facilitate smooth patient transitions while allowing for continuous quality patient care.  Ensured safe appropriate staffing and assignments.  Managed the needs, issues, and concerns of unit nurses and patients.  Actively monitored and intervened as necessary on acute medical issues of patients.  Nurse preceptor. Medical-Surgical Charge/Staff Nurse 1997-1999 Michael Reese Hospital, Chicago, IL  Interim Charge Nurse  Provided team nursing and assisted with direct patient care of patients with underlying CKD Rehabilitative RN Flex Staff 1997-2000 Rehabilitation Institute of Chicago, Chicago, IL Team leader and assisted with direct nursing care on all the units at RIC including Pediatrics. Each unit specialize in different medical conditions such as neurological disorder, brain injuries and Orthopedic injuries. Head Trauma Charge/Staff Nurse 1992-1995 Rehabilitation Institute of Chicago, Chicago, IL Responsible for providing primary nursing care to a select group of patients from admission to discharge. This included developing and updating the plan of care as well as being responsible for all teaching and education to patients and their families and setting up outside resources and equipment in the preparation for discharge.  Team/MOD leader  Delegated and assigned staff duties  Participated in interdisciplinary conferences with physicians and therapists to provide comprehensive and individualized approach to patient care management Nurse Extern Michael Reese Hospital, Chicago, IL AFFILIATIONS  Sigma Theta Tau International, Honor Society 2008-current American Nursing Association/Illinois Nurses Association 2008-current American Nephrology Nurses Association 2017-current PROJECTS/PRESENTATIONS  Masters Project 2008 HIGH COST FOR POOR QUALITY: Management's efforts to comply with CMS reimbursement regulations regarding Hospital-Acquired, Vascular Catheter Associated Infections. Presentation CMS reimbursement Changes: Putting the Spotlight on Central Venous Catheter-Associated Bloodstream Infections-Nursing Staff at Saint James Hospital |